

Perth Waldorf School

14 Gwilliam Drive, Bibra Lake WA 6163

Telephone: 9417 3638 Email: adminpws@pws.wa.edu.au Website: www.pws.wa.edu.au

TERM 4 CALENDAR

NOVEMBER

Tue 12	Class 3 Teacher Parent Meeting
Fri 15	Early Childhood and Primary PUPIL FREE DAY
Sun 17 - Fri 22	Class 10 Surveying Camp
Mon 18 - Fri 22	Class 9A Camp
Tue 19	Advent Market
Tue 19	Kindy 4 Teacher Parent Night - 6:00pm
Wed 20	Class 8A Play - 10:40am and 6:30pm.
Tue 26	Class 4 Teacher Parent Meeting
Tue 26	Kindy 5/6 Teacher Parent Night - Advent Pastels Workshop at 6:00pm *Bookings Essential.
Wed 27	Kindy 5/6 Teacher Parent Morning - Advent Pastels Workshop at 9:00am *Bookings Essential.
Wed 27 - Thur 28	Class 5 Play
Fri 29	Class 12 Play at Subiaco Arts Centre - 7:00pm
Sat 30	Class 12 Play at Subiaco Arts Centre - 1:30pm and 7:00pm

DECEMBER

Mon 2	High School PUPIL FREE DAY
Tue 3	Class 12 Graduation
Wed 4	Class 7 2020 Orientation Day - 8:35am start
Tue 10	Class 7 Graduation Assembly - 8:45am
Thur 12 - Fri 13	High School Art Exhibition
Tue 17	Kindergarten Crowning - 9:15am in the Hall (K6 Parents Invited)
Tue 17	LAST DAY OF TERM 4 (half day)

Term +, Week 5

Tuesday, 12th November, 2019

Music and Arts

Steiner Education places a strong emphasis on teaching through the arts. You could say the artistic process enlivens all subjects. As you will be able to recall from your own experience we immediately connect with what we are striving to understand when a creative response is called for. For example, in looking at our relationship to nature, when we sculpt, paint, draw, move or sing as a response to the inquiry, we better engage with what we are trying to understand.

It is no accident that most Steiner based courses and professional development opportunities for adults as well will have a creative aspect. The Primary teacher training course run at Perth Waldorf School this year has been developing artists as well as teachers. The Steiner teacher strives to be an artist with the children.

One of the core arts that children encounter at Perth Waldorf School from Playgroup right through their schooling is music. According to Rudolf Steiner, the human being is a musical being, and the making of music is essential in experiencing what it is to be fully human. Music in the Steiner curriculum awakens and nurtures the deep inner life of children.

As well as our class teachers and class assistants, we have specialist music teachers and tutors who do a wonderful job of helping each child "find their musical voice". Starting next week there will be a number of music concerts. Everyone is welcome to attend. Especially if you're new to our school or your children will be moving into the upper primary grades soon. Feel the energy and passion that emerges through a love of music. Much to enjoy on these dates: 22nd, 29th Nov and 13th December, plus a day of music on the 11th Dec. See inside for more details.

Transition to High School

From Class 1-6 we have single stream classes and then double stream from Class 7-11 (as of 2020 there will be a double stream in Class 12 as well). At Perth Waldorf School, in Class 7, we welcome a large number of new students mainly from West Coast and Silver Tree Steiner Schools as well as other schools. Trish Crook has been working with these students for a number of years as one of the Class 7 Transition to High School teachers. Her work is vital in both welcoming and forming a cohesive group of students from a range of different experiences. In this *Pabulum* you will see the inner work through art that she does with the students as part of this transition experience. Turning 13 is an enormous time of change for us all. Thank you to both Kevin and Trish for holding the Class 7 classes so thoughtfully and responding so well to their stage of development.

Class 6 Play

The Class 6 play was highlighted in last week's *Pabulum*. People are still talking about the special qualities it brought out in the children. Thank you to Val for her work with the class and finding within the strength to help the children shine! As a senior teacher, Val has much experience and wisdom to share with other staff and we appreciate having her in our school.

Market in the Plaza

Next Tuesday is the Advent Market in the Plaza. Thanks to the P&F for running this excellent fundraiser. It's an opportunity to find unique and lovingly made Christmas gifts.

Bruce Lee - School Administrator

STUDENT ABSENCES:

Please let the office know by 8:30am. Text: 0429 680 969, Phone: 9417 3638, Email: absence@pws.wa.edu.au.

PABULUM INFORMATION:

- Pabulum contributions need to be emailed to pabulum@pws.wa.edu.au by 2:15pm Thursdays.
- To view Pabulum as a PDF, go to www.pws.wa.edu.au
- To receive the link via email, please send a request to adminpws@pws.wa.edu.au

IN THE LIGHT OF A CHILD

Aris'n in full splendour In power and might, My Angel is speaking In weaving of light:

"Remember your homeland. From heaven you came. To lose its remembrance Would make you feel shame. "In light you were living Before your life's birth. Now take of the gifts From the garden, the earth.

"Each day growing stonger, Let Love be your guide. Your body the Temple Where God may abide."

Michael Hedley Burton

FROMFINANCE

SCHOOL FEES ARE NOW OVER DUE - Term 4 Due Date: Friday, 25th October, 2019.

CREDIT CARD/ONLINE PAYMENT	ELECTRONIC FUNDS TRANSFER	CHEQUE AND CASH
Payments by Credit Card can be made	Payments by Electronic Funds Transfer	Payments by cheque can be made
by visiting the Bpoint website:	(EFT) can be made to the school's banking	payable to Perth Waldorf School.
https://www.bpoint.com.au	details as follows:	Please have a copy of your statement
		attached when mailing your cheque.
Biller Code: 147 2133	Account Name: Perth Waldorf School	
Reference: Family Code	BSB: 066 000	Postal Address:
	Account Number: 1205 1015	PO Box 1247, Bibra Lake WA 6965
Phone payments can also be made by	Commonwealth Bank Perth	
calling Reception on 9417 3638 during		Cheques and Cash Payments can also
Office Hours.	Reference: Family Code	be made during office hours at the
		School Reception.
We accept VISA and MASTERCARD.		
		EFTPOS terminal also available.

A late payment fee will apply to all accounts not paid by the due date. This does not apply if you have a payment plan arrangement in place.

UNREFERENCED PAYMENT

Our Finance Dept. has received an unknown payment for school fees with the following details: 24th October, 2019 - \$1855

If you think this transaction was made by you please contact the Finance Department on **9417 3638** or by emailing **account@pws.wa.edu.au**.

TERM 4 FEES

Term 4 fees are now over due. Fees were due to be paid on Friday, 25th October, 2019.

A late payment fee will apply to all accounts not paid by the due date. This does not apply if you have a payment plan arrangement in place.

Please contact Leisa Clarke in the finance department if you have any issues or inquiries - **9417 3638** or account@pws.wa.edu.au.

GENERAL NEWS

Connect Learning WA Before and After School Care

The service is available for children aged from 6-12

PUPIL FREE DAY - Connect Learning is now taking bookings for Friday, 15th Novemebr (Early Childhood and Primary Pupil Free Day). Get in quick as spaces are filling fast!

Casual bookings are available all year round if you ever need last minute care. Feel free to pop in for a chat with Nicola (in the Extra Lesson Room before and after school).

Before School Care 6:30am to 8:25am
After School Care 2:00pm to 6:00pm
Vacation Care 6:30am to 6:00pm
Early Finish Thursdays
Pupil Free Days 6:30am to 6:00pm

If you are interested in your child attending please contact Nicola. **0420 667 904 / Perthwaldorf@connectlearningafterschool.com.au**



FROM COMMUNITY SUPPORT



Thank You Class 12 Parents

Thank you dear parents of Class 12 students 2019 for your support this year and throughout the time you have been involved with Perth Waldorf School. Whether it is baking cakes for Plays, helping with costumes, gardening, providing flowers, or helping in some way, your support has been invaluable and greatly appreciated.

A special mention needs to be made to Marion Wolter, who has provided her artistic skills over the years and countless flower arrangements. Her specialty is working with wool felt and her creations are unique and beautiful. She has made gnomes, King Winter, Spring Fairy, etc for classroom nature tables and large pieces for Winter Festivals. For the Class 12 Presentations Marion, with limited time, was able to organise a stunning floral display for the Hall, as well as creating arrangements for the plaza. Thank you Marion, we appreciate all you have done and wish you well.

Community Support Team - on behalf on PWS.

EARLY CHILDHOOD

FROM THE COORDINATOR

In preparation for Advent, we will be offering a very special artistic workshop for Cygnet and Swan parents. Artist Lesley Cotter will lead you through a very easy technique with softly coloured pastels to make your own picture expressing the Madonna and child. The picture that she helps you create serves as a way to open into the pure gesture of the mother and child. It is a universal expression of the arriving soul being nurtured by the enfolding parent. The meditative mood of this time together is a wonderful balm for the busy time that has come to typify the lead-up to Christmas. Do join us.

6.00pm, Tuesday 26th November or 9.00am Wednesday 27th November.

Participants are limited at 15 for each workshop.

Bookings essential - please contact Reception to put your name on the list.

Jennifer Byrne - Early Childhood Coordinator



PRIMARY SCHOOL



Caught napping! Four tawny frogmouth owls were spotted in the adventure playground yesterday - all snuggled up on a branch unperturbed by the gathering crowd.

DOT PAINTING IN CLASS 7 WARDONG

Relationships Painting in Circles and Dots

After a semester, all paintings were finally completed and ready for presentation.

It appeared to be more of a struggle this year with Wardong students striving to express their thoughts and feelings in colour. For some, in the final weeks, it meant 'dotting' through main lesson in an effort to finish.

One student found it impossible to portray her ideas through this medium so she chose to do portraits of those in her life instead.

Every student was expected to address certain areas in their 'speech' when presenting:

- their personal experience
- choose aspects of their painting to explain and discuss
- * their opinion in relation to the relevance of this painting for this age
- * recitation of their poem, composed and based on one aspect of their picture.

A comment, repeated by a few, that was particularly poignant, reflected the growing maturity of these teenagers as they prepare for high school: It was important to contemplate life at this age, to think about relationships and whether some need to be let go of as they have outgrown them or do not contribute in a healthy way to one's present life.

Others commented that it gave them a new appreciation for their family and friends and that in contemplating previous connections encouraged them to seek these people out once more.

It was a wonderful morning when finally it was time to set up the paintings and the children proudly showed off the finished piece to their parents. For some it was a little daunting but they still managed to speak about their work. For others, the nerves did not interfere with their speech and they spoke with confidence.

Well done Class 7 on your wonderful achievement.









Trish Crook - Class 7 Wardong Teacher



Concert Season!

Perth Waldorf School invites everyone to attend the following end-of-year concerts:

Friday 22nd November, 2:15pm Seekers Place: Class 5 Orchestra and Choir
Friday 29th November, 12:00 noon: Class 7 Pre-Tour Concert
Friday, 6th December: Class 7 on tour, 10:45am at West Coast Steiner School, 1:45pm at Silver Tree Steiner School.
Wednesday 11th December: Instrument Concerts- solos and small groups

10:00am: class 4; 11:15am class 5; 12:00 noon class 6; 1:30pm and 2:15pm Class 7.

The previously advertised Class 6 Concert will now be held at their Graduation Night (7th December).



PRIMARY CRAFT









HIGH SCHOOL

ASSISTANCE NEEDED

Guten tag and g'day to all,

My name is Jo Doernberg and I am the PWS High School German teacher. For my rich task assessments in my classes 8 and 9 I am looking for members of the German language speaking PWS community to support me. A rich task means that the students have to be able to conduct a prepared conversation in a real life situation in the German language (eg. a hotel check in, a doctor's visit or part-time job interview). The volunteers I am looking for would be available during class times and have the ability to speak fluent or good German.

I hope that this initiative gains enough support to build it into a strong German PWS community, through which further events such as German food festivals or cultural events can be organised. I am more than happy for any suggestions or ideas!

Please email jodoernberg@pws.wa.edu.au if you think you can help.

Thank you und Auf Wiedersehen!

Jo Doernberg - High School German Teacher

CLASS 9B CAMP

Class 9B's Peak Adventure in Margaret River





Last weeks Class 9B camp to Margaret River was an Awesome Adventure! This was a week with everything...clear blue skies, baking sunshine and pounding waves at the base of Willyabrup's sea cliffs during our rock climbing and abseiling. Howling wind and steady rain keeping Boranup's forest floor damp as we explored it's pathways and abseiled into Bride's cave. Stars, freezing nights, welcome fires, spot light and sardines. But most memorable of all, surfing clean waves, wind blowing off shore sunshine and a small, but very exciting hail storm!







Whether it was climbing to the top of a 30m sea cliff, abseiling into an ancient limestone cave, catching waves in the midst of a hail storm or simply putting on a harness to explore a cliff's edge, this camp offered all students the opportunity to find the boundary to their comfort zone and a safe environment to take another step into the unknown. In doing so, many students experienced a "flow state" and the thrill of Peak Adventure, where their level of competence was perfectly matched by the activities level of difficulty. Not only were these experiences a lot of fun, but they also enabled students to overcome challenges previously thought impossible!





(continued over next page...)

The class themselves are a bunch of legends, with so much good will and positivity that even doing the dishes and polishing the BBQ's each night was heaps of fun! It was an inspiration to see this vibrant mix of individuals bond together to support one another through the challenges of the week and to share so openly of their experiences and how these moments of empowerment can be transferred into other aspects of their lives. I would also like to acknowledge the awesome contributions from my co-leaders Will, Krystal and Jack and the excellent instructors from Margaret River Surf School and Outdoor Discoveries.



Paddy Hocking - High School Outdoor Education Teacher

CLASS 12 PROJECTS

Thank you to everyone who attended the Class 12 Project Presentations in Week 3. Your attendance and support plays an important role in carrying the week long event towards success and is very much appreciated especially by the Class 12 students themselves as well as by their families and the school staff.

Class 12 have now moved on from Class 12 Project focus to the Class 12 Play. This is the final endeavour of their school journey at Perth Waldorf School. Last week they handed in their Project Journal which is the final assessment component of the Project. We wish the 12s much luck and love as they work hard until the end of the month to bring to us the great play 'As You Like It' for our enjoyment. It is always such an honour for our community, as well as a highlight and delight, to see Class 12 perform their last ever play of their school career.

As always there are many people to acknowledge and thank who have ensured that the Class 12 Project flows perfectly through the year.

Presentation Gratitude

Thank you to all those who were integral to creating a wonderful Class 12 Project Presentation week. Thank you to the Marking Panel; Donna Kerr, Jennifer Turpin and Brett Kranz-Little who worked long days and evenings with great focus and diligence. Thank you to Sarah Boyle the 'all things technical and logistical extraordinaire' who, as aways, played a vital role in preparations for the week, took care of lighting, props and technical needs. Thank you also to Peter Grayling for the use of his wonderful sound equipment and for his time and expertise as our sound technician and to Ethan Bates, a Class 12 student, who was technical assistant and a very much a grounded support.

Thank you to Community Support - to Simone Finlay, Jana Kucerova, Renae Fassom, and Jodi Bassett-Scarfe who were busy at work behind the scenes publicising the event, making the hall and plaza beautiful, taking care of the Marking Panel and a myriad of other details (and there are many!) You are all a much appreciated team!

A big thank you to Class 12 parent Marion Wolter for generously providing beautiful flowers for the Presentations.

Thank you to Wim Mathys, Class 12 Parent, for a wonderful speech from a parents perspective.

Thank you also to Angela Separovich for generously organising and providing the end of Presentation week celebrations in your home.

For the school canteen, Presentation week is a very busy time that stretches resources and energy so a BIG shout out to you to Megan, Maria and Grace for keeping guests and students fed and especially for the nourishment you provide to the Presentation team. Thank you also to Class 11 who provided delicious cakes during the breaks in the evening Presentations. We hope that you have raised some good funds towards your Class 12 ball!

Thank you to the Speech Supervisor Team who helped students prepare speeches and rehearse during school hours, holiday time and on weekends. Thank you to Sharon Symes, Sue Walwork, Sarah Boyle, Donna Kerr and Kelly Geyer. Thank you for great work in speech preparation and for holding the students and the event with such integrity, care and inspiration!

Finally thank you to the 'glue', those staff who held the event together by being speakers or MC's. Great thanks to Mark Philips, our High School Coordinator, to Sue Walwork, Anthony Macleod and to Kelly Geyer. The deepest heartfelt gratitude to Kelly Geyer who stepped in last minute to nurture and nourish the whole event.

AND THANK YOU TO OUR CLASS 12s for their striving and for sharing themselves with our community so openly and with such courage.

And there is more....

Project Gratitude

Many people work all year to support the Class 12 Project, many of whom are in the background unseen and unacknowledged and yet are so very vital to the whole process.

First and foremost thank you to Kelly Kranz-Little, the Class 12 Guardian. Thank you, Kelly, for your support and care for the Class 12s (and for the past 5 years), thank you for your extraordinary organisational skills and eye for detail. It has been a pleasure working with you. Thank you also to Karen Peradon, the Class 12 Assistant Guardian. Thank you for your love and care of the 12's through their High School journey.

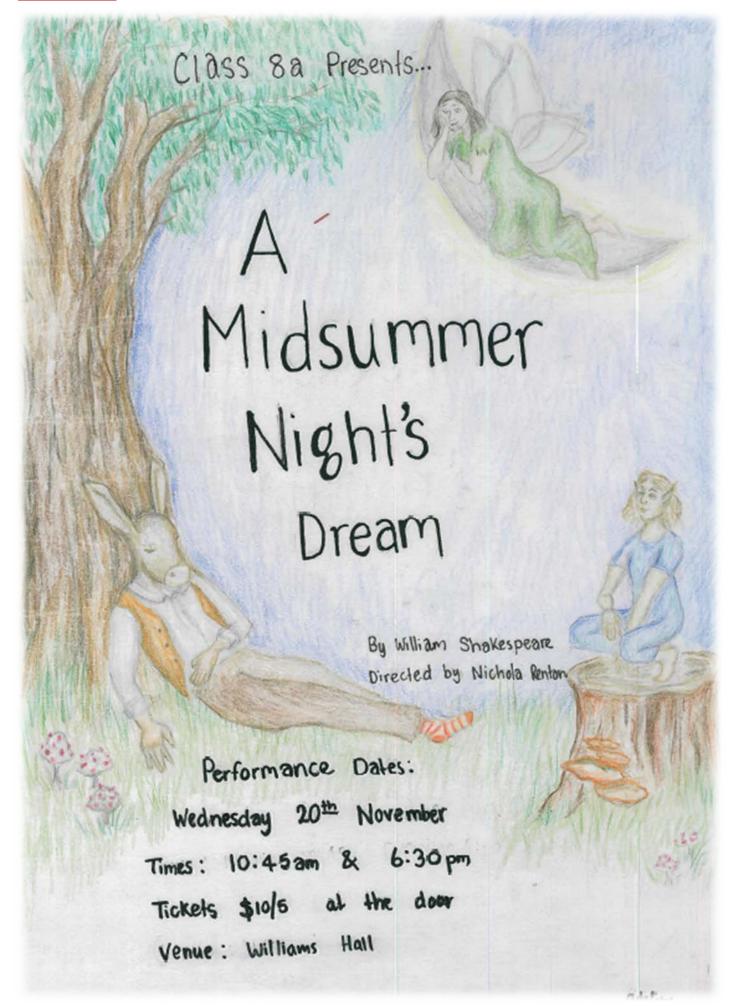
Thank you to Project Supervisors who are members of the school teaching staff that walk along side a student motivating and supporting them academically and emotionally throughout the year with regular meetings in their own time. Thank you to Project Mentors, members of the school community who mentor and encourage students along the way with expertise and a watchful, caring eye.

Great thanks to the Marking Panels! Thank you to the Essay/Report Marking Panel, Sue Walwork, Cathy Dale and Nin Rousset. Thank you also to the Practical Marking Panel, Anthony Macleod, Lisa Payne and Joy Foster. It has been a joy working with you all. Good luck and many thanks to the Journal Marking Panel, Kelly Kranz-Little, Karen Peradon and Sharon Symes who are reading away and assessing as I write and will be for the next few weeks. Good luck to the Presentation team in their final moderation work.

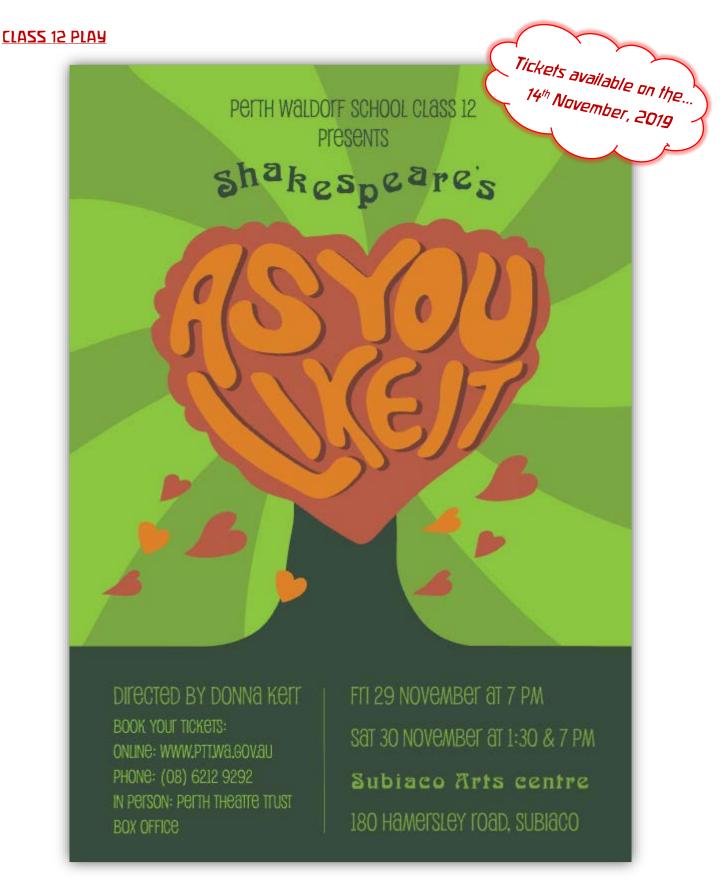
Thank you to Kelly Geyer who has proved to be an invaluable Class 12 Project Assistant this year on so many levels. Thank you for being an inspiring, intuitive mentor to students as well as stepping in to become a fabulous Presentation MC!!

Finally, there are those who work very behind the scenes but without whom the Projects could not function or would not exist. These are the unsung heroes of Administration staff. Thank you to our High School Coordinators Annabelle Kellenberger for her organisational prowess and Mark Phillips, for wise guidance and for stepping in when needed during Presentation week. Last but certainly not least, thank you to Bruce Lee, who supports the Projects so wholeheartedly, with such enthusiasm and generosity.

Thank you Class 12 for educating and inspiring us with your Class 12 Projects and for your huge hearts. We send you onwards and upwards now with bright, warm blessings. We also extend our love and gratitude to your parents for trusting in Steiner Education and Perth Waldorf School.







After a successful week of project presentations class 12 have begun production of their Class 12 play; Shakespeare's As You Like It.

They have cast the play themselves and, after a cloud of 1930's-1960's-1970's-contemporary setting discussions, have made the bold decision to set the play in the 1960's.

Actors have begun reading through and blocking the play and production tasks are underway.

Some students are composing and playing music while others are planning the layout and construction of the set. Concepts for costumes are being researched and a poster has been created.

Tickets will be available from the 14th November, 2019.

CLASS 12 PLAY PRODUCTION SNEAK PEAK



P&F



Tuesday 19th Nov

9 am - 1 pm

Craft, precious stones, felted wool and wooden toys, felt fairies, decorations, henna painting and more.

Canteen and Carriage open

COMMUNITY CLASSES

Groups/Classes

Participating in any of these activities goes towards Family Participation Hours.

These groups for parents are run or led by teachers or parents. Members of the school community are encouraged to join any of the groups and enjoy the experience of personal growth and learning in this beautiful environment - a great inspiration for our children!

Mondays, 9:00am-10:15am

Parents and Friends Study Group with Anne Williams (in the Library, no children please)

0424 771 217.

Mondays, 10:30am-12:00pm

Biodynamic Group with Heidi Halter.

(fortnightly) Tuesdays, 9:00am

Craft Group with Pixie Stott (outside the Canteen).

Tuesdays, 2:15pm-3:00pm

Eurythmy with Kristina Hamilton (in Williams Hall).

conversation, concern, query or just to listen.

Wednesdays 9:00am Thursdays, 9:00am-9:45am Adult Singing join Claire Williamson and discover your inner voice (in the Music Office) Listening Circle with Bruce Lee - the Administrator (in the Library). Come in for a

Saturdays, 1:00pm-4:00pm

Waldorf Wood Workers with Christian Geyer (meet in Plaza) 0409 267 178.



SCHOOL NOTICES



School notices are strictly for members of the school only and may consist of: lost and found items, items for sale (student/school related), and classes / lessons within the school, etc. Please try to restrict your notice to three lines (this is free of charge). School notices will appear in this section for two weeks. If you would like the ad to appear for longer, please contact the Pabulum on 9417 3638 each week. Thank you.

<u>SEEKING HOUSE SITTING OPPORTUNITY</u> - Responsible Steiner Family (Yallingup Steiner School) seek house sitting opportunity near PWS to bridge our move up while we wait for the next available Class 7 space (we will be home schooling in the meantime). For my 2 girls (12 and 17) and me. My daughter loves looking after all pets! Please contact Sharon (**0478 600 450**).

The Complete Leader

Leading with wisdom, compassion and integrity

A comprehensive foundation course in leadership for heads of school, administrators, college members, faculty heads, teachers, board members and parents

Steiner schools and other initiatives for cultural renewal are faced with key leadership challenges in our time. Amongst these are the following:

- How to create the organisational environment and 'social architecture' for the creative human spirit to flourish and for people to make meaningful and fulfilling contributions to the organisation;
- How to create an energised and purposeful workplace based on communal support and ongoing renewal;
- How to establish an effective leadership form and style, whether principal-led or based on collegial selfmanagement;
- How to develop future leaders.

The Complete Leader program is a journey of discovery and growth, with the focus on leadership as it relates to self-development, interpersonal skills, team development, and organisation development. Through a range of engaging activities and interactive exercises the program demystifies leadership and enables participants to build a repertoire of transformational leadership insights and skills. A comprehensive Workbook will be provided.

Program structure and outline

The program will be run over one year, comprising four 3-day workshops, one per quarter. Participants will be expected to commit to attending all four workshops. Key topics that will be addressed include:

- New, enlivened leadership perspectives
- o The planetary model
- Group dynamics and interpersonal skills
- o Creative cooperation in a team
- Building the social fabric of the organisation
- Inter-group collaboration
- Understanding organisation culture

- o Organisation diagnosis and development
- o Power and ethics in organisations
- Leading change strategic, operational and cultural
- Freedom and trust: The Mandate Organisation
- Personal development: The inner path of the leader

Program facilitator



David Liknaitzky has 30 years' experience as an independent organisation development consultant, based on an anthroposophical foundation. He runs *spiritatwork*, a consultancy that empowers leaders to think creatively and strategically about leadership and organisation development, and to build ethical and collaborative workplaces. David has had a long-standing involvement with the Steiner school movement in Australia and other parts of the world.

David has a Master of Arts in Professional and Applied Ethics and is currently completing a PhD at the University of Melbourne, focusing on leadership based on individual freedom and interpersonal trust. He is a Professional Support Panel Member of *Steiner Education Australia*.

Registering for the program in 2020

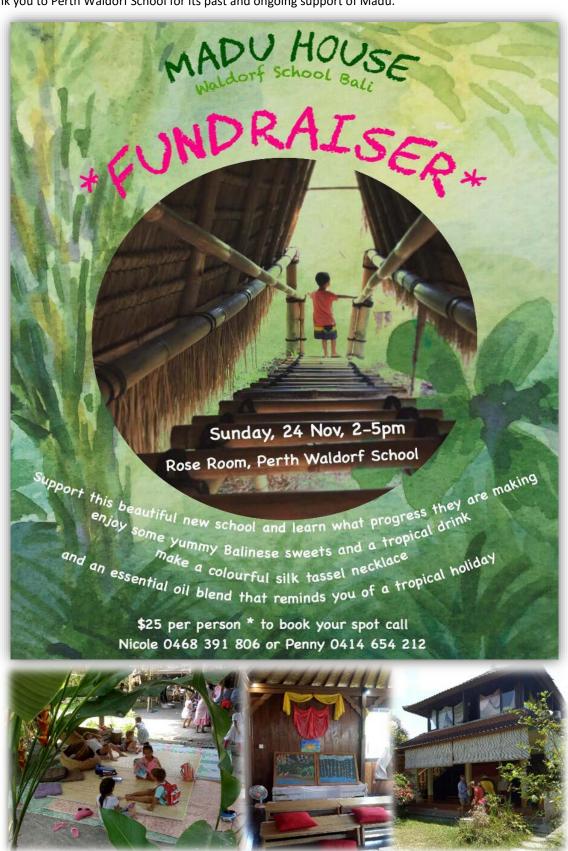
Venue	1 st workshop	2 nd workshop	3 rd workshop	4 th workshop
Melbourne – Sophia	20 — 22 January	7 - 9 April	1 - 3 July	28 -30 September
Mundi Steiner				
School, Abbotsford				

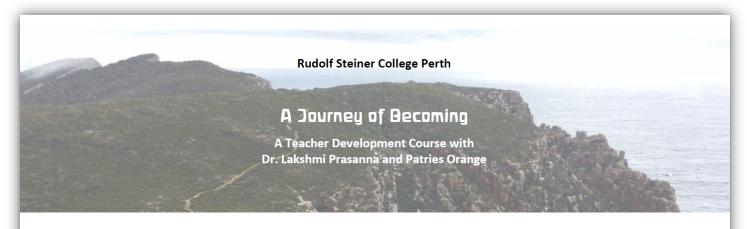
Cost of the program per person: \$2000 + GST \$200 = \$2200 total. Teas will be provided; Self-funded lunches at local eateries. A deposit of 20% (\$440) is required to secure a place; The balance to be paid 3-weeks prior to the first workshop.

Madu House Waldorf School, Ubud

Several members of our school community visited Madu House last month. Madu House is Bali's first Waldorf School situated idyllically in rice fields near Ubud. The staff and parents have created a beautiful natural environment for the children to play and learn with homemade bamboo pavilions and playground equipment in the garden. All teachers are local and teach in English with a good dose of local rhymes and songs. The school is really beginning to flourish with Kindy 4, 5 and 6, Class 1 and a Class 2 ready to go in 2020 and is in a very exciting stage of leasing land and building the first classrooms.

Please join us in the Rose Room on Sunday, 25th November from 2:00pm-5:00pm to support this beautiful initiative and find out more! Thank you to Perth Waldorf School for its past and ongoing support of Madu.





Modules One, Two and Three January 23rd-26th, 2020.

This course is for all those who are working as teachers, who are already part of a teacher training course, and anyone who is looking to deepen their understanding of anthroposophy through education.

The course includes:

- · eurythmy to discover ourselves, each other and the child anew.
- · nature observation, practicing our ability to observe the other and ourselves.
- working deeply in an explorative way with the first lecture of the lecture cycle 'Study of Man' to discover some of the treasures in this unique approach to education.
- conversation, artistic work.
- lectures at the end of our afternoon program bringing human physiology and embryology to help us understand the
 relationship between the development of the child and the curriculum Rudolf Steiner developed out of spiritual science.

The process relies on the individual and group work we develop between us.

"Teacher Professional Development with Lakshmi and Patries is just extraordinary!

All our fires burn brightly after each Module." Amy Berridge

Cost: \$485 Deposit \$200 by 15th of November

For more information or to book contact Jenny Hill <u>jennyhill@iinet.net.au</u> / 0432 735 744

COMMUNITYNOTICES

Community Notices are for members of the school's community only and may consist of; business adverts, producers, services, items for sale (non-school related), etc. keeping in mind that they need to be consistent within our schools' ethos. Please try to restrict your notice to three lines (this is free of charge). All Community Notices will appear in this section for two weeks only. If you would like a 14 page advert, a \$10 fee is required and will only appear in Week 2 and Week 8.

<u>HOUSE FOR SALE</u> - House for sale in Bibra Lake - 2.2kms from school. 4 bed, 2 bath, locked garage. Needs some TLC. \$450,000 but all offers considered. If you would like to view the property, please contact Catherine on **0412 921 196**.

<u>HOUSE RENTAL REQUIRED</u> - WS family looking for a home to rent long term, minimum 3 bedrooms. Please call **0404 108 047**. <u>WOODEN VINTAGE DESK</u>- 8 drawers. Some scratches to top surface but in good condition otherwise. Going for free. Phone Nicole on **0437 559 105**.

RENTAL AVAILABLE - Christmas Holiday rental in Dunsborough (private home) available 18th-31st Dec, from \$600 p/w phone **0411 795 589** for me details.

<u>TAOIST ENERGY MOVING MEDITATION CLASS</u> - Cultivating internal energy for wellness, resilience and coherence. Monday 18th Nov and Monday 2nd Dec, from 9:00am to 10:00am @ Bibra Lake reserve park on the green opposite Adventure World car park. Please e-mail **tcraies@yahoo.com.au** for more info and to attend.

<u>HENNA BODY ART</u> - as found at our Open Day with Mamatree available every Sunday morning at the Freo Farmers Market. Also available for private appt and events. Please contact Kiah for more info on **0448 206 262** or check out her social media **@mamatree__ Facebook.com/mamatree5**

EBB & FLOW | Undercurrent Choir

THIS WEEKEND



Tickets are selling fast for this weekend's performance of Ebb and Flow, an experimental choral work directed by Paul Lawrence. We have just added a fourth performance.

You will be invited to wander amongst a living sound sculpture of heavenly voices, healing, harmonizing, and pulling you into celestial and subtle subterranean realms of pure music.

Several members of our school staff and parent community are performing in this project.

Performances are on 15th, 16th and 17th November 2019 at 7:00pm, and 4:00pm on the 17th. At PS ART SPACE - 22 Pakenham Street, Fremantle, WA 6160

Tickets are \$10. Available at https://www.fremantlebiennale.com.au/program/undercurrent_choir/





Mon, Tues, Wed and Fri, 8:10am-2:00pm. Thurs 8:10am-1:30pm Canteen Open times:

After school - Tues and Wed 3:00pm-3:15pm and Thurs 2:10pm-2:30pm.

Menu for Term 4

All Primary school students must order before school for morning tea and lunch.

Daily specials	(coloured <u>must</u> be ordered)	:

_			
Monday -	Vegetable chilli served with rice	, corn chips, natural	voghurt and cheese. (GF)

(vegan available) \$5.50

Tuesday -Chicken and vegetable pie, vegetable pie, chicken korma pie,

> \$5.00 or chunky beef and vegetable pie.

Wednesday -Sushi hand rolls (GF and egg free): Tuna and cucumber or

> avocado and mixed vegetables (vegan). \$4.00 \$4.00 Miso Soup.

\$4.50 Wraps: Egg and salad, cheese and salad or ham and salad. \$6.00 Toasted chicken, spinach, sundried tomato and cheese wrap.

Toasted spinach, sundried tomato and cheese wrap. \$5.00

Friday -Beef burger with salad (GF available) or

> tempeh burger with salad (vegan) (GF available). \$6.00

Available everyday (items with a ★ must be ordered):

Savoury:

Thursday -

Rice paper rolls – tempeh, bean noodles and vegetables (GF and vegan).	\$5.50
Salad bowls	\$4.50

*add boiled egg or cooked chicken extra \$1.00

and boiled epp of cooked efficient extra 41.00	
★ Gluten free beef pie.	\$5.50
A 0 C	4

★Beef sausage in wholemeal bread. \$2.50 Spinach and ricotta rolls. \$4.50

★Gluten free Cheese and tomato toasties. \$2.50 \$3.00 ★Toasted ham, cheese and tomato sandwiches. \$3.50 **★Gluten free \$4.50**

★Pizza - vegetable or meat. \$3.00 Boiled egg (GF). \$1.00

Popcorn (GF) (vegan).

50c

Sweet:

Cakes (assorted variety).	from	\$2.00
Bliss balls (GF) (raw)		\$2.50
Cookies.	from	\$1.00
Dried fruit and nut pack (GF) (vegan).		\$1.00
Fresh fruit.	from	50c
Icy Poles (primary only after school)		\$1 E0

Drinks:

Carton water.	\$2.00
Overwie Kambusha (bish sehaal amb)	ć4.00

Organic Kombucha (high school only). Flavoured chocolate or mango Bannister Downs pouches (primary only after school). \$2.50

\$2.50 / Lg \$4.00 Slushies (primary only after school). Sm

Organic Juices. \$2.50 / Lg \$3.50 Sm Coconut water. Sm \$2.50 / Lg \$4.00

Plain Milk. Sm \$1.50 / Lg \$2.50

Hot Chocolate. Sm \$3.00 / Mug \$3.50 / Take away \$4.50 Coffee. Mug \$3.50 / Take away \$4.50 Long Black. Mug \$3.00 / Take away \$4.00

Tea. Mug \$2.00 / Take away \$3.00 Herbal Tea. Mug \$2.50 / Take away \$3.50

*Almond or coconut milk extra \$1.00.