



Pabulum

Perth Waldorf School

14 Gwilliam Drive,

Bibra Lake WA 6163

Telephone: 9417 3638

Email: adminpws@pws.wa.edu.au

Website: www.pws.wa.edu.au

TERM 2 CALENDAR

MAY

| | |
|-----------------|--|
| Thur 16 | Class 2 Teacher Parent Meeting |
| Fri 17 | Class 10 Play 'Rats Tales' - 10:40am and 6:30pm |
| Tue 21 | Class 3 Teacher Parent Meeting |
| Tue 21 | Class 3 Eurythmy Performance - 12:00pm in the Hall |
| Tue 21 - Fri 24 | Class 5 Camp to Rottnest |
| Wed 22 | Kindy 4 Teacher Parent Meeting - 7:00pm |
| Wed 22 | Class 7 Kulbardi Teacher Parent Meeting |
| Mon 27 | Class 8B Assembly |
| Mon 27 | Class 7s Excursion |
| Fri 31 | Primary and Early Childhood PUPIL FREE DAY |

JUNE

| | |
|---------------|------------------------------|
| Mon 3 | PUBLIC HOLIDAY (WA DAY) |
| Tue 4 | SCHOOL TOUR |
| Tue 4 - Fri 7 | Class 8B Camp to Dwellingup |
| Thur 6 | High School Journey |
| Thur 6 | Class 6 Eurythmy Performance |
| Mon 17 | Class 10 Assembly |
| Thur 20 | WINTER FESTIVAL |
| Fri 21 | High School PUPIL FREE DAY |
| Fri 28 | LAST DAY OF TERM 2 |

THIS WEEK

Class 10 Play



'Rats Tales'



Friday, 17th May, 10:40am and 6:30pm
In the Hall.

STUDENT ABSENCES:

Please let the office know by 8:30am.

Text: 0429 680 969, Phone: 9417 3638,

Email: absence@pws.wa.edu.au,

PABULUM INFORMATION:

- Pabulum contributions need to be emailed to pabulum@pws.wa.edu.au by 2:15pm Thursdays.
- To view Pabulum as a PDF, go to www.pws.wa.edu.au
- To receive the link via email, please send a request to adminpws@pws.wa.edu.au

Term 2, Week 3

Tuesday, 14th May, 2019

Parent Forum and Feedback Brunch

A reminder that the School Council is hosting a Parent Forum and Feedback Brunch this Saturday morning 18th May in Seekers Place from 8.45 to 12.30pm. This is a unique opportunity to come together and share your thoughts on questions such as 'What lights your fire?' and 'What exciting ideas do you have for the future at PWS?'.

There will be brunch served for the parents and a crèche facility is available. To RSVP or book the crèche, please contact Lei Baker at lbaker@pws.wa.edu.au.

Steiner Teacher Training

On Friday evenings, and some Saturday mornings, for the next two years our school is hosting 36 adults interested and keen to develop their understanding of Waldorf pedagogy. It is a wonderful addition to the school's education program. Having so many people committed to such a lengthy course in Steiner Teacher Training brings additional strength, purpose and positivity to our school. Perth Waldorf School is increasingly becoming a beacon of growth and transformation for both children and adults in our broadening community.

There are three or four teachers and staff from each of the four metropolitan Steiner-Waldorf schools in the group and our contribution to their development as Steiner teachers is something that we can be proud of. Our contribution to the strength of those schools is reciprocated when their primary students join our students in class 7 and further into high school. Already our intake of new students each year includes fewer and fewer children who have not had a full Waldorf primary education. While we do welcome students from outside Waldorf education the predominance of Waldorf students gives greater strength to our pedagogy both in the classrooms and the parent body as a whole.

The Course has 3 main aims:

1. To gain an understanding of the Anthroposophical world view, especially in relation to the developing human being.
2. To learn and practice Waldorf pedagogy based on the Anthroposophical world view.
3. To develop oneself through artistic and meditative practices given by Rudolf Steiner.



Fortunately we have a large number of experienced tutors from all the metropolitan Waldorf schools and the Anthroposophical Society who are willing to share their knowledge and wisdom in the course. Many have completed a full cycle of primary classes from class 1 to class 6 and a number have been teaching in Waldorf schools for over 15 years. It's a delight to see so many years of specialised knowledge and experience being passed on to the next generation of teachers. It will ensure high quality Steiner/Waldorf teaching continues into the future here in Western Australia.

Mark Phillips, High School Faculty Coordinator

IN THE LIGHT OF A CHILD

*My will is filled with fire and might;
As days grow shorter, it burns bright!*

I face the world; I have no fear.

And many things become more clear.

*For though there's much that I don't understand yet,
I seek for light.*

Michael Hedley Burton

FROM FINANCE

SCHOOL FEES ARE NOW OVER DUE - Term 2 Due Date: Friday, 10th May, 2019.

| CREDIT CARD/ONLINE PAYMENT | ELECTRONIC FUNDS TRANSFER | CHEQUE AND CASH |
|--|--|---|
| <p>Payments by Credit Card can be made by visiting the Bpoint website: https://www.bpoint.com.au</p> <p>Biller Code: 147 2133 Reference: Family Code</p> <p>Phone payments can also be made by calling Reception on 9417 3638 during Office Hours.</p> <p>We accept VISA and MASTERCARD.</p> | <p>Payments by Electronic Funds Transfer (EFT) can be made to the school's banking details as follows:</p> <p>Account Name: Perth Waldorf School BSB: 066 000 Account Number: 1205 1015 Commonwealth Bank Perth</p> <p>Reference: Family Code</p> | <p>Payments by cheque can be made payable to Perth Waldorf School. Please have a copy of your statement attached when mailing your cheque.</p> <p>Postal Address: PO Box 1247, Bibra Lake WA 6965</p> <p>Cheques and Cash Payments can also be made during office hours at the School Reception.</p> <p>EFTPOS terminal also available.</p> |

A late payment fee will apply to all accounts not paid by the due date. This does not apply if you have a payment plan arrangement in place.

TERM TWO FEES

Term Two fees invoices have now been emailed out to families with a due date of 10th May. If you have not received your invoice please email account@pws.wa.edu.au or see reception.

To assist with timely delivery of your invoices, please add our email address account@pws.wa.edu.au to your safe sender list. If you need assistance with this, please contact reception. Thank you.

UN-REFERENCED PAYMENT

The Finance Department has received a payment without a Family Code with the following details:
Monday, 29th April, 2019 - \$205.00

If you believe this payment was made by you, please contact the Finance Dept on **9417 3738** or email account@pws.wa.edu.au.

GENERAL NEWS

SCHOOL TOUR

Our School Tour will be on **Tuesday, 4th June, 9:00am-10:00am.**

Come along to view our Classrooms and explore our school's grounds. This is a wonderful opportunity to get to better understand our school's ethos and meet some of our wonderful families and staff. A light morning tea will be provided with discussions after the tour.

If you are wanting to attend please contact reception (**9417 3638**) to book a place.
We hope to see you there!

THANK YOU MIDLAND PHOTOGRAPHY!

A special THANK YOU to Tom and his team from Midland Photography for doing such an amazing job, as always, with our school's photo day last week and the Kindy photos this week. We appreciate the work you do with our school each year.

Thank you also to all the teachers and staff who helped to make the day run as smoothly as possible, and took time out of their day/class to part take in the photos. It's always lovely to see students with their best smile

A WINTER FESTIVAL REQUEST

As days grow shorter and nights grow colder, we begin to move into the mood of quiet, inner contemplation leading towards the Winter Solstice and planning is happening throughout the school towards our Winter Festival.

A big part of the Festival is the Winter spiral, created each year with earth, flowers, candles and glass jars. It takes many glass jars to create the Spiral and so I am sending out a request for any Mexican salsa jars you may have in your clean jar collection that you could donate to a good cause. If you could remove the labels before bringing them in I would be truly grateful.

With thanks,

Sarah Boyle - Festival Coordinator



Dear PWS Parents

Perth Waldorf School Council invites you to a

PARENT FORUM and FEEDBACK BRUNCH

Let's discuss –

What's working well for your family at PWS?

What lights your fire, and what exciting ideas do you have
for the future at PWS?

Date: Saturday 18th May 2019
Time: 8.45am – 12.30pm
Venue: Seekers Place
Catering: A substantial brunch will be served mid-morning

Child care facilities will be available

Please RSVP and provide dietary requirements to
Lei Baker at lbaker@pws.wa.edu.au

**THIS
WEEK!**

Notice of Annual General Meeting and Call for Nominations

The Annual General Meeting of the Perth Waldorf School Association Incorporate is to be held on **Monday, 10th June 7:00pm** in the **Williams Hall** at the Perth Waldorf School.

Nomination forms are available from the school office, on the school website and one is attached to the back of last week's Pabulum.

Members who wish to submit a nomination form are requested to submit the completed form to the Secretary by post or email by **4:00 pm on Thursday 30th May, 2019**.

Nomination forms can be emailed to Lei Baker, lbaker@pws.wa.edu.au or posted to:
The School Council Secretary, PO Box 1247, BIBRA LAKE, WA 6965.
and should be clearly marked '**Council nomination**'.

See the Nomination Form and Code of Conduct near the back of last week's Pabulum.

* Copies of these documents will be available at the AGM, at the school office, and on the school website (www.pws.wa.edu.au) one week before the AGM by clicking on School Information, AGM 2019.

CROSSING GUARD TRAINING

Last week some of our staff received traffic warden training at the school, so in the absence of Ruth, our wonderful lollipop lady, we can ensure that the children have a safe path on their way to school.

Special thank you to Michael Cox for coming in to train our staff, to the staff who participated and to Lei Baker for organising the training session. Thank you also to Diane Lovette, Ashley Baker and Sean Mawdsley for relieving Ruth for the two weeks she was away.



THE FAMILY PARTICIPATION SCHEME

Parents please be aware that all Family Participation Schemes (FPS) for Semester 1 are due back at the end of this Term (**Friday, 28th June**). If you have not got a FPS form one is attached to the back of this Pabulum, and some are available outside the Front Office.

If you want more information on how the FPS works and how to participate you may collect this information from the Front Office.

EARLY CHILDHOOD



“ One of Rainbow Room’s favourite outside game at the moment is Scarecrow.”



FROM THE COORDINATOR

Leana Stendell, mother of Elsie in Cedar House and Amelia in Playgroup, is gravely ill in hospital. She and her family are in our thoughts and prayers this week. Her beauty as a human being always shines clearly. This and her love of life is the way we are picturing her, in the trust that our wishes will help carry her through her current situation.

If you would like to know more about how to support Leana and family, you may wish to:

- Check the notice board on the Cedar House veranda for current needs.
- Join members of the school community in a regular meditation by lighting a candle in your home for Leana and her family each night at 8:00pm. You can send her healing energy and light or say a prayer for protection and for her recovery.
- Make a financial contribution to assist her family through this time. Already there has been a wonderful response to this initiative. Go to au.gofundme.com Search for “Love for Leana Bibra Lake”.

The way our parent body comes together to bring healing power into action is awesome in the true sense of that word. Gratitude for each other is palpable. Thanks.

Jennifer Byrne - Early Childhood Coordinator

PRIMARY SCHOOL

FROM THE COORDINATOR

Reconciliation week is 27th May - 3rd June. Class 7 will again be attending the events at the City Council and they will 'walk the land' back from the ceremony to school. This has become a proud annual event for the Class 7's.



We are seeking interested parents, students and community member who are be interested in joining with us in establishing our PWS Reconciliation Action Plan group. None of us are experts but as a community we can certainly make a difference.

Send me an email lpayne@pws.wa.edu.au or call me on **9417 3638**. We will soon set a date for our RAP meeting so if you would like to be a part of this exciting venture please make contact . . . I'm reaching out to you.

Lisa Payne - Primary School Coordinator

CLASS 7 WARDONG SAILING CAMP

Every Class 7 is different!

Despite having experienced this particular camp many times there will always be surprises. Our location was as beautiful as ever, a group of simple buildings in a little cove. The weather, to our surprise, brought sunshine and heat, which ensured comfort. It meant long daily sailings and ease of movement...especially toilet visits after midnight. It meant wet suits were DRY in the morning!!!! Clear skies displayed starry heavens at night time and sunrise was a red spectacle over water every morning!

But it was in the sailing that the truly unexpected arose. The ability and competence in managing a GP14, in Southern choppy waters is no mean feat. The Wardong Class Sevens were rigging and derigging on their own by the second day. On water they were 'Tacking' and 'Jibing' with eager engagement, adapting to the contrary Albany weather, sunny on the way out of the Bay and suddenly wild and 'woolly' on the return journey. This allowed Class 7 to have a long sail every day of our camp, out on the water for 3-4 hours at a stretch. Our instructors from Princess Royal Sailing Club, Paul, Chris and Max were pleased to see their efforts bear fruit so quickly. The high temperatures mid-week allowed a swim at a remote beach, which we had to ourselves.



(continued over next page...)



On our last day we sailed to Albany town and moored in the small harbour beach. While excited and exuberant to be swimming there, the earlier forecast of a thunderstorm became apparent with dark clouds filling the skies above us. With a certain amount of restrained panic on the adult's part, the sails were hoisted quickly in all the six boats and tentatively the first yacht ventured out beyond the sheltered harbour wall into choppy dark unexpected sizeable waves. As if the GP14 had turned on an engine, the main sheet and Jib took the wind and it seemed to fly at speed over the waters to home. The wind of 23 knots drove boats off in various directions demanding the children tack several times and in their efforts to avoid capsizing, many were leaning over the side delighted with the thrill of wet hair and faces in their effort to balance the boat. One boat capsized many times but the resilient crew kept returning it upright and then resuming on their merry way.

All eventually made it back to safe harbour.

Our daily programme was constantly in a state of flux. Plans to visit the special places in Albany had often to be cancelled due to extremely hungry children and it was necessary to return to Rotary Youth Camp for a lengthy afternoon feed. Christie Lee was our parent in the kitchen and the children often returned to banana smoothies and plates of sandwiches, feasts, just a couple of hours before dinner. Bags of fresh dates were a special favourite and contributed to very energetic sailing.

The Sevens loved having time and space to create their own games and simply spending time together every late afternoon. Some could be found down at the water, skimming stones or racing at top speed around the perimeter of the block, throwing sticks for 'Paddy', the Maltese Shitsu, a fluffy, cuddly, white pup who adored the attention of every child. A regular mantra heard in the afternoon breeze was 'here's Paddy!' as the little fella came bounding down the hill, brimming with excitement and eager for a play.

The camp was challenging (for a class teacher) in the sorting out of numerous social and emotional issues amongst the children. Many hours of listening sitting out in the garden with brave teenagers, confronting past hurts and personal challenges within themselves and with each other. However, resolution resulted in a spurt of new confidence and a happier state of mind the following morning which, of course, impacted in better sailing.

Special thanks to the wonderful parents who made it a successful camp: John Steele, our resilient and insightful driver, Christie-Lee Powers who fed us all for the week with her ingenious recipes, Leanne Daly who turned her hand to anything that was required, Melody, my side kick, Rebecca Familton who helped out with the sailing, to all class 7 parents for food prepared and to Lisa Payne for camp preparation.

Many thanks to our excellent and thorough instructors, Chris, Paul and Max in Albany. Go Raibh Mile Maith Agat (many thanks in Irish) to Mary, our care taker, from Sligo in Ireland, who welcomed us to the camp and ensured we had all we needed.

Indeed a job well done!

Trish Crook - Class 7 Wardong Teacher.



SUN DYEING WITH CLASS 2

Last week Class 2 made beautifully decorated calico bags for a Mother's Day gift. The children collected lots of interesting shaped leaves, fronds, nuts, sticks and grasses from their gardens and from the floor of our beautiful school bush block. Using the collected objects to create patterns on the calico bag, the glowing colours of Sun dyes and the blessing of Father Sun to set the dyes, the children diligently worked to create a lovely bag for Mothers Day with the final result so exciting and beautiful. Well done Class 2!



Lisa Bastian (Class 2 Teacher and Sarah Boyle (Drama Assistant)

Connect Learning WA Before and After School Care

Connect Learning are available for casual bookings all year round if you ever need last minute care. Feel free to pop in for a chat with Nicola (in the Craft/German Room before and after school).

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|-------------------------------|-------------------------|
| Before School Care | 6:30am to 8:25am |
| After School Care | 2:00pm to 6:00pm |
| Vacation Care | 6:30am to 6:00pm |
| Early Finish Thursdays | 2:30pm to 6:00pm |
| Pupil Free Days | 6:30am to 6:00pm |

If you are interested in your child attending please email Beccy on info@connectlearningwa.com.au

The service is only available to Primary aged children.

PRIMARY CRAFT







HIGH SCHOOL

CONGRATULATIONS

The Valsecchi Brothers Continue to go from strength to strength in their chosen sport of Lacrosse.

Congratulations to Rhys (Class 10 student) and Zeth Valsecchi (Class 9 student) whom both competed in in the Australian National Championships Lacrosse (Under 15's Mens) in Victoria in Oct 2018. Their team played outstandingly; they were crowned National Champions. Rhys had a great write up prior to tournament, also was awarded a match Most Valuable Player.

Rhys has gone on to compete in the Western Australian State U18 Team at Easter, where he had a solid performance. Rhys continues his amazing yet challenging journey in the Australian Team U19 squad, if successful Rhys will travel to Ireland to compete in 2020.

This is a massive undertaking by a young man. It requires a heavy training regime of 6 days a week for 18 months, which indeed requires huge personal sacrifices and immense personal dedication which proudly Rhys continues to manage.

Zeth will be travelling to Gold Coast to compete in the SportsAccord tournament to play a demonstration games of Lacrosse as part of Lacrosse Olympics campaign.

Defensive Player to Watch: Rhys Valsecchi.
Valsecchi has become a defensive rock for his club, Phoenix, this year in both U15's and U17's. Valsecchi has developed a reputation for stopping the best offensive players in the 17's competition week in, week out. Valsecchi rarely gets beaten 1-on1 through playing spectacularly fundamental defense.



CLASS 9 SCULPTURE

The Class 9s have been busy learning to create functional mugs and bowls, from pinch pots, textured slab mugs and even budding up on the pottery wheels for a challenging bit of fun. We finished with a little picnic celebrating the completion of all of the amazing dining and drinking creations.



Creating the ultimate drink and dining ware.



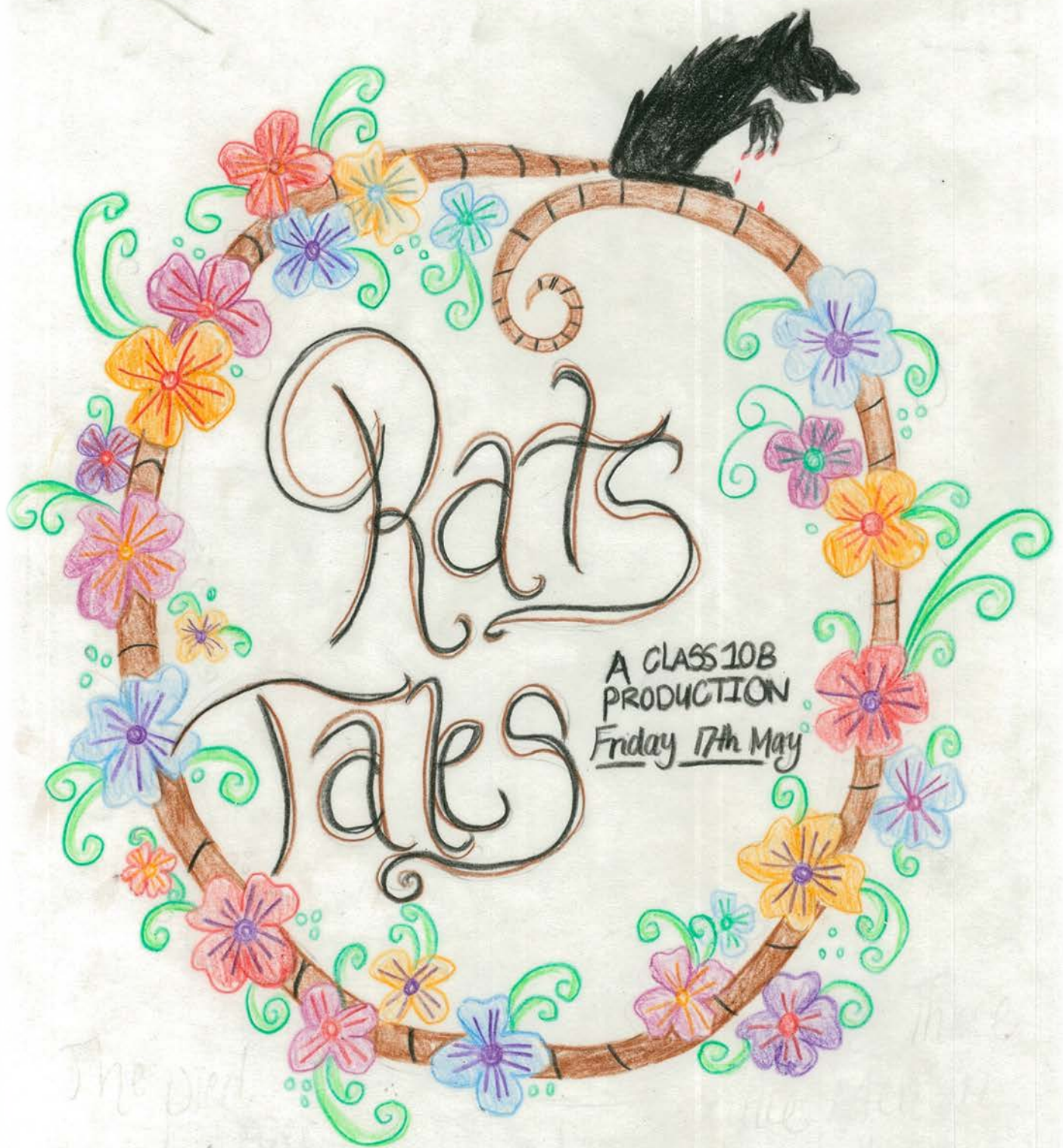
The one handed challenge.



Enjoying testing out the creations.



Danica and Karen on the pottery wheels creating a bowl together one handed.



At William hall

10:40pm & 6:30pm

Adapted by Carol Ann Duffy

&
Phillip Wilson

CLASS 12 PROJECTS

My name is Idaani and my question for my Class 12 Project is “How does substance abuse, and addiction affect an individual and those around them?”

I chose this topic because I have an interest in psychology and I see the impact of substance abuse and addiction in our community. I notice that our society portrays a negative image of those individuals and families affected.

For my practical I will be conducting interviews with people who have experienced substance abuse or have been affected by others who have experienced addiction. I will also take photos of aspects of their lives and collate all of this information into a book. My motivation for this work is to explore people’s personal stories to gain connection and insight into their experiences and explore to the negative stigma that surrounds this issue.

I am seeking more people to interview who have a story to share about substance abuse or addiction. If you would be interested and willing to share your story with me for my project please contact me at idaaniariyaratne@gmail.com. All information and stories shared with me will be kept anonymous in my work.

Thank you!

IDAANI ARIYARATNE



Hi, I’m Kathryn, one of the Class 12 students. I’m thrilled to have the opportunity of working on an individualised project this year. The question I will be exploring is “What are the psychological impacts people with disabilities experience when subjected to discrimination?” Here’s a bit of back story around why I chose this topic. Previously, I attended one of the top private girl’s schools in WA. Why did I leave in year 11? You might ask. I left because I was bullied, practically every day, for having a disability. In my project I am researching the psychology of discrimination in the context of having a disability myself. The project year is giving me the opportunity of ‘personal therapy’, to understand what was going on in my brain when I was being bullied and discriminated against. Another reason I chose to do my project on the psychological impacts discrimination has on people with disabilities, is because throughout my life, I’ve been limited because of societies perception towards disabilities, which impacted my own perception of myself. I began to believe that I was incapable of success for so long because my old school emphasised all the things in life that I would never achieve because of my disability, for instance being told things like

‘you’ll never get into Murdoch University’ or ‘maybe have a more ‘realistic goal’ than becoming a Veterinary Scientist’ (a lifelong dream). What I needed was to receive praise for all the things I was achieving at the time. Therefore, when given the opportunity to do a project on a topic of my choice I did not hesitate to voice my concerns on this subject. Using my personal experiences of having a disability and being subjected to harsh discrimination, I’ll be making a short film that will represent loneliness, depression, anxiety and suicidal thoughts to represent the authentic psychological struggles that people with disabilities experience when subjected to discrimination.

After my previous school experiences I became introverted and the only place I felt safe was in my own home. Then I came to PWS. PWS was the only place I did not experience being bullied to tears by my peers. Moving to PWS has opened my eyes to my own potential, and for the first time in my life teachers have supported me and my dreams, rather than treating me as a burden. My peers actually treat me with respect. The aim of my project is to expose the psychological consequences of discrimination. This topic is not light. So sit back. I am going to display what society has never been able to understand. I’m going to unmask a mind manipulated by discrimination.

KARTHYN LAMPACHER

P & F

'THE CARRIAGE' SCHOOL SHOP

OPENING TIMES: Tuesday and Thursday from 8:15am-9:15am, and Wednesday from 2:30pm-3:30pm.

We stock all your school stationery supplies, uniforms and bags.

We also have a large range of craft supplies, jewellery, knitted items, cleaning products, salt lamps, essential oil holders, amber teething necklaces, wooden toys and books.

WOOLWORTHS EARN AND LEARN

It's that time again!! Woolworths Earn and Learn is back at Perth Waldorf School.

Woolworths Earn and Learn helps kids across Australia to get new equipment for their schools for subjects like science, technology, maths, arts, etc.

Collect stickers for every \$10 you spend at Woolworths, between now and the 25th June, and then bring your stickers to school to put in our collection boxes located outside the Front Office and the Carriage.

If you would like more information on how Woolworths Earn and Learn you can go to the link below:

<https://www.woolworths.com.au/shop/discover/earn-and-learn>

Every sticker helps! Thank you.



P&F FUNDRAISER

Gilbert's Fresh Market located in Hilton on South Street runs the "Support our Schools" Program. If you are shopping there, you can sign up in the store and receive a loyalty card. This card is scanned each time the customer shops at Gilbert's and 1% of the total shop is donated to the nominated school. Last year we received \$359.

Thank you!

MAINTENANCE & GARDENING



We are a waste wise school!

*We recycle what we use,
separate things and you should too!*

*Glass, paper, plastic and tin,
go in your RECYCLING BIN!*

*We must start now, we can't wait,
quick or it will be too late!*



Please do not walk through the car-park when coming and leaving school. Be sure to use our marked paths and avoid walking on any vegetation.

COMMUNITY CLASSES

Groups/Classes

Participating in any of these activities goes towards Family Participation Hours.

These groups for parents are run or led by teachers or parents. Members of the school community are encouraged to join any of the groups and enjoy the experience of personal growth and learning in this beautiful environment - a great inspiration for our children!

| | |
|---|--|
| Mondays, 9:00am-10:15am | Parents and Friends Study Group with Anne Williams (in the Library, no children please) 0424 771 217 . |
| Mondays, 10:30am-12:00pm (fortnightly) 13/05 | Biodynamic Group with Heidi Halter (see below for details). |
| Tuesdays, 9:00am | Craft Group with Pixie Stott (outside the Canteen). |
| Tuesdays, 2:15pm-3:00pm | Eurythmy with Kristina Hamilton (in Williams Hall). |
| Wednesdays 9:00am | Adult Singing Come and join Claire Williamson and discover your inner voice (in the Music Office) |
| Thursdays, 9:00am-9:45am | Listening Circle with Bruce Lee - the Administrator (in the Library). Come in for a conversation, concern, query or just to listen. |
| Saturdays, 1:00pm-4:00pm | Waldorf Wood Workers with Christian Geyer (meet in Plaza) 0409 267 178 . |



SIMPLE SOOTHING SOULFUL SONGS

an 8 week choir
with Paul Lawrence

Wednesday May 8 - June 26
7pm - 8:15pm Williams Hall, Perth Waldorf School
All voices welcome. No experience necessary

\$80 for 8 week commitment
please register with Paul on 0447 692 654
or plawrence@pws.wa.edu.au



SCHOOL NOTICES



School notices are strictly for members of the school only and may consist of: lost and found items, items for sale (student/school related), and classes / lessons within the school, etc. Please restrict your notice to three lines (this is free of charge). School notices will appear in this section for two weeks. If you would like the ad to appear for longer, please contact the Pabulum on 9417 3638 each week. Thank you.

Rudolf Steiner College Perth **A Journey of Becoming**

Dr. Lakshmi Prasanna and Patries Orange

Module One in the Teacher Development Course - This course is for all those who are working as teachers, who are already part of a teacher training course, and anyone who is looking to deepen their understanding of anthroposophy through education.

The course includes:

- eurythmy to discover ourselves, each other and the child anew.
- nature observation to practise our ability to observe the other and ourselves within the activity.
- working deeply in an explorative way with the first lecture of the lecture cycle 'Study of Man' to discover some of the treasures in this unique approach to education.
- conversation, artistic work.
- lectures at the end of our afternoon program bringing human physiology and embryology to help us understand the relationship between the development of the child and the curriculum Rudolf Steiner developed out of spiritual science.

The process relies on the individual and group work we develop between us.

When Monday July 15th to Friday 19th, 8:30am-4:00pm
Where Perth Waldorf School, Gwilliam Drive, Bibra Lake
Fee \$630

For more information or to book contact Jenny Hill
jennyhill@iinet.net.au 0432 735 744



Rudolf Steiner College Perth

Lyre Making Workshop

Tutors Judy Gray and Titus Witsenberg
When 4 Saturdays. 9 - 12
October 19th and 26th
November 9th and 16th
Where Perth Waldorf School, Gwilliam Drive, Bibra Lake
Cost \$350
Information Titus Witsenberg
Booking Jenny Hill jennyhill@iinet.net.au

<http://www.rudolfsteinercollege.com.au>

Dear friends,

In the past 25 years, lyre making workshops have been held for parents of children about to start the journey of lyre playing with their class teacher. Rudolph Steiner College Perth would now like to make this available for any parent or friend who would like to have lyre playing in their home. For those interested, we highlight some of the benefits of playing the lyre for both adults and children.

As parents, we used the lyre at home for our young children. Apart from playing while we were singing, we would use it to console our children/babies if they had a bad dream for example or were simply upset. I found the sound of the lyre so special, so healing and noticed the harmonising and soothing effect it had on them. Later they too learned to play the lyre.

As a class teacher, in addition to the above, I also found that lyre playing in the classroom improved listening skills to the point that it helped those who could not sing on pitch.

It is for these reasons that Rudolph Steiner College Perth would like to organise a lyre making workshop run by Judy Gray at the Perth Waldorf School for those who would like to bring the magic of the lyre into their homes. This workshop could be possible in October/November this year.

We need to know the number of participants in order to organise the buying of the wood, strings, tuning pins etc. A small preparation group then has to cut and shape the wood in order that you can make the lyre in 4 half-Saturdays tutored by Judy Gray, with some rasping, sanding and oiling to be done at home. The cost would be in the neighbourhood of \$350. Places are limited to a maximum of 15 and minimum 12.

For more information contact me, Titus Witsenburg, 9310-3657
For booking contact Jenny Hill jennyhill@iinet.net.au

To secure a place in this workshop please book by the 25th of May in order for us to source the materials.



COMMUNITY NOTICES



Community Notices are for members of the school's community only and may consist of; business adverts, producers, services, items for sale (non-school related), etc. keeping in mind that they need to be consistent within our schools' ethos. Please restrict your notice to three lines (this is free of charge). All Community Notices will appear in this section for two weeks only. If you would like a ¼ page advert, a \$10 fee is required and will only appear in Week 2 and Week 8.

THE MISTS OF AVALON - Ancient Celtic Myths, an evening of storytelling and music at The Sound Temple, Sawyer's Valley. Friday, 10th of May, 7-10pm. Featuring PWS parents Jaya Penelope and Melissa Min. Contribution; \$80, (includes organic tea and medieval feast.) For more info and bookings: thesoundtemple.com.au/events/, or call **0475 555 444**.

"IN THIS BODY ARE GARDENS" - a weekly **Creative Writing Circle** for women who write or want to, with poet/storyteller Jaya Penelope. Thursdays during school term, 10-12:30. Contribution \$15/\$10 or \$120 for the whole term, casual attendance welcome. Freo area, address given upon booking. Enquiries; Jaya; **0411 983 549** or mistressmadrigal@yahoo.com.au.

SACRED STORY CIRCLE - an evening of storytelling, community and soulful conversation with storyteller/poet Jaya Penelope. Friday, 17th May, 7:15, address given upon booking, Fremantle area. Contribution \$40/\$30 (includes chai and light supper) enquiries: Jaya: **0411 983 549** or mistressmadrigal@yahoo.com.au.

ACCOMODATION NEEDED - Tina, Zyggi, Xzavier and Rowdy Bristol (ex PWS, now living in Arizona) are coming to town early July for about 10 days and looking for a house sit. Please contact Paul Lawrence at school or on **0447 692 654**.

MASSAGE & BODYWORK - Working Anthroposophically, Agnes' hands will dance on your body to soothe, nourish, release, rejuvenate and integrate. 75 mins / 90 mins or more. **0405 095 088** @touch.alchemy.with.heart



Common Threads Woven Through Community Welcomes Anne Williams

Sensing Stitch with Anne Williams – Sunday 26th May 2019 9.30am



Hand stitching offers transformative and artistic expression in a busy and often frantic world.

Join **Anne Williams** as we work with needle and thread in a mode of personal enquiry. We will work with themes that focus on the nature of the human being, personal insight into self and the qualities that make each of us individual beings in the world. We'll explore and gain deeper insight into the nature of ourselves through the gentle art of hand stitching.



As one of the initial groups that started the first Waldorf/Rudolf Steiner School in WA, Anne developed the craft curriculum and taught at the Perth Waldorf School for many years. Since then she has taught children, adults and community workshops.

Anne has turned her focus to exhibiting her works, with a solo exhibition at Mundaring Arts Centre and she also participates in many group exhibitions. She has been part of Common Threads Woven Through Community since its inception in 2018 and is currently Artist in Focus at Midland Junction Arts Centre until 8 June 2019. Join us for **Sensing Stitch with Anne Williams on Sunday 26th May 2019 at 9.30am** as we weave something truly remarkable together.

www.thesoundtemple.com.au

Biography Work with Dale Irving



Rudolf Steiner spoke of the “occult hygiene” in methodically surveying our lives. The idea is that if we become more aware of our patterns and life choices we will develop greater consciousness.

Bernard Lievegoed and Gudrun Burkhard were forerunners in the process of life charting which is the basis of the approach I have been trained in through a course run over three years at the Sydney Rudolf Steiner College under the leadership of Karl-Heinz Finke, an international biography consultation trainer.

Biography Work assists us in understanding life phases and is helpful in exploring the differences between generations in families, workplaces and schools. It also has the capacity to investigate how destiny, karma and reincarnation might be at work in our lives.

Over the two modules I offer through the Rudolf Steiner College Perth we become familiar with the septennial phases and through the use of the chart begin to notice patterns and rhythms in the events and incidents. We then start to put larger questions to ourselves about how and why we might choose our particular paths.

It is fascinating to look a little more objectively at our lives through the charting and in listening to others in respectful conversation. Writing, drawing, gesture work and movement all support the new discoveries and the revisiting of stories.

I first presented Biography work in Perth at the RSC Foundation Course run by Jennifer and Horst Kornberger in 2015. Since 2017 I have provided day workshops and evening classes for the public and through the RSC Perth. I am also a member of the Word Sisters who write, devise and perform original work influenced by the philosophy of Rudolf Steiner and our biographies. From 1975 to 2017 I was a secondary Drama and Arts educator in the WA Education Department.

Workshops encourage sharing and our developing picture of what it means to be human.

MODULE 1: LIFE MAPPING

Life is itself a path of initiation which becomes more meaningful when it is lived in full consciousness, in a way that can be achieved through working on one's biography. (Burkhard, G. Biographical Work: the Anthroposophical Basis.2007).

Biography Work through Life Mapping provides a way of remembering life phases (septennials or 7 year phases) and uses artistic exercises to illuminate these memories. After the two Saturday sessions each participant will have a chart of main life events as a basis for further development. Conversation, creative writing, drawing and movement allow the workshops to be interactive, engaging and heartening.

Bring lunch and enjoy good conversation in the break. Tea and coffee will be provided.

Where Silver Tree Steiner School. 695 Roland Road, Parkerville
When Saturday 27th July and Saturday 3rd August, 10:00am-3:00pm
Fee \$100 Concession \$80

MODULE 2: FREEDOM OR FATE

The personal chart can become a precious lifetime possession. By yearly updating we can sustain our awakening recognition of destiny in motion. Through this inner process we gain a more mature, tolerant and compassionate in-look on destiny, both ours and others. (Bryant, W. A. A Journey through Time, 2006).

Biography Work through Destiny Learning allows a way to look at life patterns, rhythms, mirroring, destiny moments in a holistic way using the chart as the guide that expands and deepens over time. Karma and reincarnation will be part of the exploration as will the Double. This module allows for a deeper exploration of your life story. Active listening, helping conversations, writing and gesture work will provide ways to be heard and to listen and share our becoming human.

Bring lunch and enjoy good conversation in the break. Tea and coffee will be provided.

Module 2 at PWS has been cancelled for I have travel commitments for family matters.

Where Silver Tree Steiner School. 695 Rowland Road, Parkerville
When Saturday 17th and 24th August, 10:00am-3:00pm
Fee \$100 Concession \$80
Information and Booking Dale Irving docirvo7@bigpond.com 0400959050

POSITIONS VACANT



RAPHAEL HOUSE
RUDOLF STEINER SCHOOL

Raphael House Steiner School (New Zealand)

Invites applications for a...

Class 2 Teacher (full time, from 22nd July 2019)

Applications close 5:00pm Monday, 27th May, 2019.

We are seeking an experienced and highly creative teacher who is able to foster a love of learning in children and create a positive and healthy social dynamic within the class. Our ideal applicant will be strong both academically and artistically, have a high level of expertise in meeting the needs of a diverse range of learners and have excellent classroom management skills. They will be passionate about and have a deep understanding of Steiner education. They will begin with a Class 5 (Year 6) class in 2019. NZ teacher registration is required.

Kindergarten Centre Manager (24 hours per week/4 days per week, permanent from 22nd July 2019)

Applications close at 5:00pm Tuesday, 4th June, 2019.

We are seeking an experienced ECE qualified teacher/Centre Manager, with Steiner experience, to lead, inspire and be inspired by our amazing team of professional teachers. Our ideal applicant will have experience and expertise in Steiner education and outstanding organizational and communication skills. The position will provide leadership and strategic direction to the kindergarten teaching team to bring a sense of unity and will be responsible for mentoring the teachers, managing staffing, enrolments, budgets, communication with families, relief teaching, supporting the teachers in their daily rhythm, centre administration and general kindergarten management. NZ teacher registration is required.

Raphael House Rudolf Steiner School is situated on the western hills of Lower Hutt, near Wellington, the capital city of New Zealand. There are wonderful views of the valley and Wellington Harbour from the school buildings, which are nestled on a ridge amidst beautiful native forest.

Our thriving school is innovative and progressive in its teaching and learning programmes. We also enjoy a rich cultural and festival life supported by enthusiastic and committed teachers and parents.

The school was established in 1979 and now has a roll of around 400 students, from Kindergarten through to Class 12 (Year 13). As a state integrated school we receive funding for teachers' salaries from the government. The property is owned by a Trust and the building development has been funded through parent donations.

Job Descriptions and Application Forms are downloadable from our website www.raphaelhouse.school.nz (Vacancies can be found under the ABOUT tab).

Please email your application, including a covering letter and Curriculum Vitae,
to: vacancies@raphaelhouse.school.nz

PIXIE STOTT CANTEEN

Canteen Open times:

Mon and Fri, 8:10am-2:00pm.

Tues and Wed 8:10am-2:00pm. After school 3:00pm-3:15pm.

Thurs 8:10am-1:30pm. After school 2:10pm-2:30pm.

Menu for Term 2

All Primary school students must order before school for morning tea and lunch.

Daily specials (must be ordered):

| | | |
|--------------------|---|--------|
| Monday - | Pasta with hearty vegetable sauce (vegan available) | \$5.00 |
| | Pasta with beef bolognaise sauce | \$5.00 |
| Tuesday - | Chicken and vegetable pie, vegetable pie, chicken korma pie, or chunky beef and vegetable pie. | \$5.00 |
| Wednesday - | Vegetable chilli served with rice, corn chips, natural yoghurt and cheese (GF) (vegan available). | \$5.00 |
| Thursday - | Vegetarian Fried Rice (GF) (vegan available) add egg 50c add ham 50c | \$4.50 |
| Friday - | Beef burger with salad (GF available) or tempeh burger with salad (vegan)(GF available). | \$6.00 |

Available everyday (items with a ★ must be ordered):

Savoury:

Soup (all soups are gluten free without croutons).

★Toasted chicken, spinach, sundried tomato and cheese wrap.

Half \$4.00 / Whole \$6.00

★Toasted spinach, sundried tomato and cheese wrap.

Half \$3.50 / Whole \$5.00

★Beef sausage in wholemeal bread.

\$2.50

Spinach and ricotta rolls.

\$4.50

Cheese and tomato toasties.

\$2.50 ★Gluten free \$3.00

★Ham, cheese and tomato toasted sandwiches.

\$3.50 ★Gluten free \$4.50

★Pizza - vegetable or meat.

\$3.00

Boiled egg.

\$1.00

Popcorn (GF) (**vegan**).

50c

Sweet:

Cakes (assorted variety).

Bliss balls.

\$3.00

Cookies.

from \$1.00

Dried fruit and nut pack (GF) (**vegan**).

\$1.00

Fresh fruit.

from 50c

Icy Poles (**primary only after school**).

\$1.50

Drinks:

Kombucha (**high school only**)

\$4.00

Flavoured Bannister Downs pouches (**primary only after school**).

\$2.50

Slushies' (**primary only after school**).

Sm \$2.50 / Lg \$4.00

Juices.

Sm \$2.50 / Lg \$3.50

Coconut water.

Sm \$2.50 / Lg \$4.00

Fresh coconuts (when available).

\$4.50

Plain Milk.

Sm \$1.50 / Lg \$2.50

Hot Chocolate.

Sm \$3.00 / Mug \$3.50 / Take away \$4.50

Coffee.

Mug \$3.50 / Take away \$4.50

Long Black.

Mug \$3.00 / Take away \$4.00

Tea.

Mug \$2.00 / Take away \$3.00

Herbal Tea.

Mug \$2.50 / Take away \$3.50

*Almond or coconut milk extra \$1.00.

Bring your own take away cup for 50c discount!

P.W.S. Family Participation Scheme 2019

Semester 1 Form – Due Friday 28th June

Semester 2 Form – Due Tuesday 17th December

Record of Hours Claimed

Your name(s): _____ Date: _____

Family Account Name (See Invoice): _____ Name of Eldest Child: _____ Class: _____

Contact phone #: _____ Semester 1 / 2 (please circle) Email address: _____

| Date | Summary of Participation | Hours |
|---------------------|--------------------------|-------|
| | | |
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| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| Total hours claimed | | |

Please return this form to the School Admin Office or email to: adminpws@pws.wa.edu.au by the due date.