Welcome to the Spring term. Beautiful weather on the first day of term and this Friday it’s heating up to 30 degrees. It will be great to be outside horse riding with Class 4 or preparing with the Class 9 students for their Margaret River caving and climbing camp next week.

We are very fortunate to have so much to look forward to this term when we experience Advent and then celebrate Christmas. The Class 12 Project Presentations, the High School Art Exhibition, the Class 5 Greek Olympics and the whole school Open Day are signature events beyond which there are end of year main lessons and many, many opportunities for learning and development. We are extremely grateful to our teachers and the assistants for their endless enthusiasm and hard work. In this Pabulum, we welcome a range of new staff who we hope will add depth and beauty to our lives. We’re fortunate they’ve made our school a part of their life’s wanderings.

Special moment: The positive vibe when singing along with the High School students at assembly this week: “Let it be. There will come an answer. Let it be.”

It’s great to be back at the school and see the strength that lies within our community. It’s pretty awesome. People have remarked what we all know, deep down, is true. That is, in every experience, especially the challenges, there is the opportunity to learn and grow. The thoughts we choose to have about every experience, every interaction will determine whether for us it is positive or negative, fruitful or destructive. Let’s look with gratitude and wonderment at what comes to us this term. As the verse below says, “Good Fruit It Must Bring Forth Before My Life Is Ended”.

Hint: Take out a calendar and mark on that calendar which Class 12 Presentations you will attend in Week Three. It’s nigh impossible not to feel uplifted when you see 18 year olds speak with authenticity and enthusiasm. Make it a date!

Bruce Lee
School Administrator

Pabulum contributions need to be emailed to pabulum@pws.wa.edu.au by 2:15pm Thursdays.

To view Pabulum as a colour PDF, go to www.pws.wa.edu.au

To receive the link via email, please send a request to pws@pws.wa.edu.au

IN THE LIGHT OF A CHILD
ANGELS DOWN TO ME ARE BENDING;
ALWAYS WITH ME, THEY ARE EVER CARING, TENDING,
AND AROUND ME, WOVEN OUT OF LOVE, THEIR FLOWING MANTEL THEY ARE LENDING.
I AM THEIR CHILD, FROM OUT THEIR HOUSE OF LIGHT MY SOUL HAS WENDEd.
BORN OF SUN, MY SEED UPON THE EARTH DESCENDED.
GOOD FRUIT IT MUST BRING FORTH BEFORE MY LIFE IS ENDED.

- MICHAEL HEDLEY BURTON
**FINANCE**

**SCHOOL FEES ARE NOW DUE** - Term 4 Due Date: 20th October, 2017.

<table>
<thead>
<tr>
<th>CREDIT CARD</th>
<th>ELECTRONIC FUNDS TRANSFER</th>
<th>CHEQUE AND CASH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Payments by Credit Card can be made by visiting the Bpoint website: <a href="https://www.bpoint.com.au">https://www.bpoint.com.au</a></td>
<td>Payments by Electronic Funds Transfer (EFT) can be made to the school’s banking details as follows:</td>
<td>Payments by cheque can be made payable to Perth Waldorf School. Please have a copy of your statement attached when mailing your cheque.</td>
</tr>
<tr>
<td>Biller Code: 147 2133</td>
<td>Account Name: Perth Waldorf School</td>
<td>Postal Address:</td>
</tr>
<tr>
<td>Reference: Family Code</td>
<td>BSB: 066 000</td>
<td>PO Box 1247</td>
</tr>
<tr>
<td>Phone payments can also be made by calling Reception on 9417 3638 during Office Hours.</td>
<td>Account Number: 1205 1015</td>
<td>Bibra Lake WA 6965</td>
</tr>
<tr>
<td>We accept VISA and MASTERCARD.</td>
<td>Commonwealth Bank Perth</td>
<td>Cheques and Cash Payments can also be made during office hours at the School Reception.</td>
</tr>
<tr>
<td></td>
<td>Reference: Family Code</td>
<td></td>
</tr>
</tbody>
</table>

A late payment fee will apply to all accounts not paid by the due date. This does not apply if you have a payment plan arrangement in place.

**TERM 4 STATEMENTS**

We are moving towards emailing fee statements in 2018 and phasing out posting statements. In preparation for this we may have both posted and emailed your Term 4 statements. If you have any queries please contact Tracey O’Neil in the Finance Department on 9417 3638 or account@pws.wa.edu.au. Thank you.

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**We Now Accept Credit Card Payments Online (BPOINT)**

**Bpoint**: On your invoices that you have received, the BPoint payment method is be displayed at the bottom with a website link for you to visit and process your payment online. You can use a credit card to make a payment (Visa or Mastercard).

You do not need to register for Bpoint, you simply visit the link [www.bpoint.com.au](http://www.bpoint.com.au) click on ‘Pay My Bill Now’ and use the biller code 1472133. You will need to enter your family code (located on the top right of your invoice), your name and details such as ‘Fees’.

Once your payment has been processed, Bpoint will issue you with a payment confirmation that you can email to yourself or print or take a screen shot for your records.

Payments will process overnight and will appear in the schools bank account within 24 hours of making a payment. The school will receive a daily report detailing those who have made a payment. Please note at this stage there is no surcharge or additional fees to use a credit card.

For those families on a payment plan, Bpoint can be set up to deduct a set amount weekly, fortnightly or monthly from your credit card. Please contact account@pws.wa.edu.au if you would like to arrange this.

**Electronic Funds Transfer**: You can pay directly into the school’s bank account from your own account using online banking. Details are:

- Account Name: Perth Waldorf School
- BSB: 066 000, Account Number: 120 510 15

Please use your family code (located on the top right of your invoice) as your reference.

You may still pay by cheque, cash, or credit card over the phone if you wish however Bpoint or Electronic Funds Transfer are the preferred methods.

If you have any queries regarding Bpoint or Electronic Funds Transfer, please contact Tracey O’Neil on 9417 3638 or account@pws.wa.edu.au
This Term we welcome back our much loved Bruce Lee, who will be stepping back into the role of our School Administrator.

Bruce came to PWS 5 years ago, after a couple of years of being the Administrator at Silver Tree Steiner School. At the time of Bruce’s arrival, our School was without an Administrator and in urgent need of strong, effective and careful leadership. The achievements of our School during Bruce’s tenure were a testament to his dedication and care towards the students, staff and broader community.

Bruce stepped out of the Administrator’s role at the end of last year for a positive break. We are overjoyed and blessed to have him back, and we wish him a smooth and stimulating transition!

**LETTER FROM BRUCE...**

Dear Parents and Guardians,

It is a privilege to be returning to the role of Administrator. After a positive and fruitful break in which I did some study in family mediation and work in child protection, I am pleased to be back at PWS. Thank you to Mark Phillips for ably stepping in as Acting Administrator and we acknowledge the work of Jean Michel prior to his resignation in August. My aim is to enhance the strength of our school by ensuring certainty and clarity exists in all areas.

Steiner Education provides an exciting opportunity for each of us to support our children’s unfolding development. This is done through a well structured curriculum that engages children in authentic and meaningful learning. The teaching is done by professional and loving teachers. As a parent of a 19 year old graduate who went from Playgroup to Class 12 and is now out in the world, I can confirm it is a wonderful journey to witness. As a school community let us work with purpose to ensure that what lives in each child is brought forward to shine into the world.

The Administrator’s role is to oversee the day-to-day running of the school and ensure the school’s position in relation to government and funding bodies is secure and healthy. For example, last year when the school experienced a comprehensive government audit and was re-registered until 2022, we were continuing to secure our ongoing growth and development.

As parents, you can expect wise decision making, diligent stewardship of the school’s resources and finances and most importantly, professional service from staff who offer care and respect for your children. The school encourages parents and guardians to be involved in the school community and to develop awareness of Steiner Education. If you have concerns or questions please don’t hesitate to come with an inquisitive spirit and speak up. A Listening Circle will continue to be available each week on Fridays at 9am. See the Pabulum for up-to-date information and events.

PWS has a bright and exciting future. We have higher enrolments than ever before, our facilities continue to expand (new wood work building coming soon!) and our teachers continue to surpass expectations. Perth Waldorf School is one of the largest and most successful Steiner schools in Australia and our place in the W.A. education landscape continues to gain kudos each time our graduates step out into the adult world of work and study.

Thank you for your support of the school. I look forward to reacquainting myself with you and your children as we enter Spring term.

Yours sincerely,

Bruce Lee
School Administrator
THANK YOU!

On behalf of the School, we would like to give a big THANK YOU to Mark Phillips who stepped into the role as our Acting Administrator during the recruitment period to find a new administrator. Mark beautifully supported the Community and our Office Staff during many recent issues. Mark consistently reminded us to cherish our individual values and to show tolerance and respect to others who may share different opinions, and in doing so, strengthen our Community. We are truly grateful to have had Mark as our Acting Administrator, and will miss having him around the Office.

WELCOME NEW STAFF

We would like to acknowledge all the new staff members who have started with us this Term, and current staff who have had a change of position within the School.

Firstly we would like to welcome Wendy Cole-Baker, who was previously assisting down in our Kindy 5/6 Rose Room. Wendy will now be replacing Nicole as our new Class 2 Teacher/Guardian. We also welcome Marianna Lobik who will be our new Primary P.E. Teacher.

In High School we have many new staff including: Junko Suzuki - Class 9 Teacher Assistant, Sunitha Venkateshwaran - High School Maths, Paul Walker - Chemistry, Science and I.T. Relief Teacher, Michael O'Connell - Relief Sculpture Teacher and Shirin Marshall - Photography.

We wish all the new staff a good start to the Term and ask the community to keep an eye out to welcome these new members of our community.

OPEN DAY & FAIR

Our Annual Open Day will be on Saturday, 4th November, 10:00am-3:00pm. The Advent Market will also be on at the same time as the Open Day (details to follow). We hope to see you there!

New Open Day Posters (pictured below) are now available for distribution, please see the Front Office to collect.
Term 4 begins with the flourish of Spring. The classrooms all have the children familiar with established rhythms, ready to make the most of the activities, friendships and challenges of school life. Let’s relax into the term and enjoy the present moment to the full.

This term will be Fran Rosenthal’s last one teaching at our school. Her roles at the school have been many, with work in all 3 faculties as well as in adult education, so best wishes to you Fran. Along with your enthusiasm for your new life in “retirement”, you still are bringing the best of your skills to the children with a sparkle in your eyes.

Announcing that Jo Aumanun will be teaching in Rainbow Room next year. She will join Bronwyn Maddock in team teaching the Rainbow Room 5/6 year old class. Early Childhood Faculty welcomes her with open arms as a colleague of great worth.

Dr Lakshmi will be with us in Week 3. Rejoice! On Tuesday, 24th October, she will be available for private consultations to PWS community members. Bookings open at 8:00am on Tuesday, 17th October with Melanie at Reception, and cost $100 per session. Lakshmi will also be giving a number of free talks, so keep an eye out for further details. So far, the dates to plan for are:

Tuesday, 24th October, 7:00pm free public talk.
Wednesday, 25th October, 9:00am and 7:00pm free public talks.

These talks will centre around health and contemporary family life. Taking time out to listen to Lakshmi speak is a wonderful gift to yourself.

I have so enjoyed walking around the kindergarten buildings with Bruce Lee this week, sharing our vision of continually improving what we offer to young families. We welcome him with great warmth. As a skilled and compassionate human being he will bring gifts to our area of the school as we continue our work to bring Steiner education to modern children.

Jennifer Byrne - Early Childhood Co-ordinator

REMINDERS FOR THIS WEEK

Wednesday, 11th October - Class 4 will be packing and setting off on the bus to Forge Farm for their horse riding camp tomorrow. This camp links with the ‘Man and Animal Science’ main lesson.

Rudolf Steiner always maintained that every study should have a connection with the human being. Thus, in Class 4, the children learn about animals in a concrete way, studying the different classes of animals with their particular anatomical specialisations, such as animals with great strength in the limbs, or with highly developed vision or hearing. This is contrasted to humans, the only fully upright species, who have a more generalist anatomy, a synthesis of all the animal characteristics. When specialisation is needed, humans can use their thinking and their hands to develop and use tools and tame animals.

Lisa Payne - Primary School Co-ordinator

MICHAEL FESTIVAL

The blossoming of a beautiful Spring day, after a wintry week, heralded the Michael Festival. An air of anticipation surrounded last minute preparations as Class Seven readied themselves for leadership, fun and games, and stalwart parents set up the field for the big event.

This anticipatory air gave way to courageous teamwork, kind and thoughtful leadership, and a simply great day of fun to be had by all. We had a few firsts this year... many different teams participated in all the events with great energy, winning themselves a first, second or third place(with many photo finishes in all places) with the graceful Silvergulls soaring their way into first place on the day and winning the Michael shield. Our lovely old Dragon had a bit of a tumultuous fight this year losing his head, literally, in the excitement of versing Saint Michael. Thanks to some quick thinking by our lovely girls he pulled himself together to be lead victoriously past the laughing, cheering crowd, by Saint Michael.
Many thanks to all the parents who helped on the day to set up, run the games and pack away at the end of the day and make the many dozens of Anzac cookies. Without your timely and much appreciated help, the day would not have gone so smoothly.

Thanks to Anneka De Souza for being a most graceful Saint Michael, and a big thank you to all the Class Sevens for creating stunning banners with their teams, for holding the leadership beautifully on the day and creating a wonderful table at for end of the festival.

With grateful thanks to all,
Sarah Boyle
**CLASS 6 DRESS UP**

After receiving an anonymous note on my desk, a democratic vote ensued and ended in a lengthy discussion on the topic of the last day of term.

The class had worked conscientiously (as all classes do) for the term, so a celebration was an excellent idea!

Keeping to the Class 6 curriculum we looked at possible themes - Rocks, Romans, Rhombus, Ratio?

In class we are hearing the story of Georgina Molly and the experiences of early settlers here in Perth and Augusta, so we decided to dress for those pioneering times. We had many ladies and maids, a ship’s captain, a convict, even the odd pirate and a chipmunk.

It was a lively way to end the term and I thank Class 6 for their proposal, opinions and engaging so enthusiastically.

Judith Schipkie - Class 6 Teacher

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**CLASS 12 PROJECT PRESENTATIONS**

**PWS warmly invite you to our 2017 Class 12 Project Presentations**

**Monday, 23rd October 2017**

10:45am  Welcome and Introduction.
10:50am-11:35am  **India Easton** - What are the social and environmental consequences of hyper-consumerism within the fast fashion industry?
11:40am-12:25pm  **Oisin Edwards-O’Neill** - Political Correctness - has it gone too far?
12:30pm-1:15pm  **Sarah Olsen** - Have we lost the benefits of eating seasonally because of our disconnection with our food sources?
2:00pm-2:45pm  **Jaymie Carter** - What was Celtic Storytelling originally used for, and is it still relevant in Ireland today?

**Monday Evening**

5:30pm  Welcome and Introduction.
5:45pm-6:30pm  **Lisa Simons** - Loneliness is an epidemic in Western society today: What are the effects on the individual and what can we do about it?
6:40pm-7:25pm  **Benjamin Cooke** - Community Theatre - A ‘behind the scenes’ perspective.
8:00pm-8:45pm  **Jena Payne** - Our attraction to the convenience of plastic has serious consequences on the marine environment and humans; what are they and what steps need to be taken to reduce them?

**Tuesday, 24th October 2017**

10:45am  Welcome and Introduction.
10:50am-11:35am  **Dorian Beer** - How are unsustainable living practices contributing to global warming and what are more sustainable options?
11:40am-12:25pm  **Avalon Rolls-Champ** - Working creatively with the hands has many benefits. How does hand craft bring wellbeing?
12:30pm-1:15pm  **Violet Lewis** - What healing approaches do we need to thrive in our modern society?
2:00pm-2:45pm  **Anna Rettay** - How is film art?
Tuesday Evening

5:30pm Welcome and Introduction.
5:45pm-6:30pm Ebony Lavell - An investigation into the evolution of horsemanship and the effectiveness and variety of methods that have evolved.
6:35pm-7:20pm Oscar Martin Rees - How automation and robotics will shape our future.
8:00pm-8:45pm Lily Mischer Gardiner - In what ways is intergenerational trauma and racism impacting on Indigenous and Torres Strait Islander families in Australia today and how is this harming the emotional wellbeing of Indigenous youth?

Thursday, 26th October 2017

10:50am Welcome and Introduction.
10:55am-11:40am Sabrina Reale - Composition and originality in modern music. Can original composition still exist or are we constantly building on what has already been created?
11:45am-12:30pm Luke Hewick - What is the environmental impact of building and restoring fibreglass boats?
1:10pm-1:55pm Claudia Buchardt - The dualistic conceptualisation of gender roles dominates the fashion industry. Is there a future for unisex clothing?

Thursday Evening

5:30pm Welcome and Introduction.
5:45pm-6:30pm Ava Lyas - What is the Western perspective of creativity, and does this have a negative effect on creators?
6:35pm-7:20pm Noah Ruane-Beal - Is the traditional suburban housing model still viable in the 21st century?
8:00pm-8:45pm Anneka De Souza - Is maintaining personal culture and heritage having a positive or negative impact on multicultural Australia?

Friday, 27th October 2017

10:50am Welcome and Introduction.
10:55am-11:40pm Gabrielle Bailey - Animation has the most creative potential out of all film mediums. Is the cartoon industry stifling the artistic possibilities?
11:45am-12:30pm Jasmin Sleep - What is the importance of inter-human connection?
1:10pm-1:55pm Maizy Hall- Bastian - How is domestic violence impacting women in Australia and what changes need to be made in our cultural understanding of masculinity to break this cycle of violence?

Friday Evening

5:30pm Welcome and Introduction.
5:45pm-6:30pm Brooke Hill - What is gender diversity and why do we need it?
6:35pm-7:20pm Enya Wilkinson - How has the representation of the human body in various art forms evolved through the ages?
8:00pm-8:45pm Natasha Halbert - How has western society become disconnected from death, what are the effects and how can we address this?
‘THE CARRIAGE’ SCHOOL SHOP

Open Monday to Thursday, 8:15am-9:30am

We stock all your school stationery supplies, uniforms & bags.
We also have a large range of craft supplies, jewellery, knitted items, cleaning products, salt lamps, essential oil holders, amber teething necklaces, wooden toys, books & Moondust Tooth Powder.

We are always looking for volunteers to help run the shop & new products to stock if you would like to help or have a product you think is suitable please call Gabby on 0439 919 926.

RAFFLE DONATIONS NEEDED
We will be holding a Raffle on the day of our Open Day (4th November). We are currently seeking donations of raffle prize items for the raffle fundraiser. If any individuals or businesses within the Community would like to donate please contact Gabby Kordics on 0439 919 926. Thank you!

MAINTENANCE & GARDENING

WASTE WISE SCHOOL

Let’s REDUCE, REUSE, RECYCLE!
Encourage your child to bring rubbish home and dispose of it wisely!
Don’t forget composting as well!

Littering is not acceptable at our school. Rubbish is to be placed in the correct bins provided. Please see Waste Minimisation below for more details on the different bins at PWS and how you can help make our school a Waste Wise School.

Waste Minimisation at Perth Waldorf School - Waste reduction in 2017 will continue to be focused in two aspects of reducing waste to landfill. One aspect is the gradual replacement of some green lid (landfill bins) with yellow lid (recycling bins) and the second aspect is to continue to build Biodynamic compost heaps. Our compost uses onsite waste products including food scraps from Kindy and Primary, wood shavings from PWS Woodwork, and weeds from the grounds. Our vision is to have multiple “same look” recycling stations placed throughout the school. Each station will have a large Recycling bin (yellow lid) a medium size Landfill Bin (green lid) and a 20 litre compost Bucket. Please identify the stations and use them to help reduce our landfill.

FENCING CONTRACTOR NEEDED
We are in need of someone who can install some fences at the Front of the School (Gwilliam Drive). If you know of someone who can help please contact Peter Kraayvanger on 0403 778 946 or Matt Noakes on 0412 955 005 to arrange a quote. Thank you.

RETICULATION PIPE FITTINGS
Industry contact sought. The supply of reticulation pipe. If any community member is in the business, has a family member or friend in the business of supply of reticulation pipe and fittings. Please contact Matt the gardener (mobile 0412 955 005).

The school is looking to purchase low pressure poly and fittings to bring water to a large amount of newly planted native trees and ground covers within the school grounds.
ANTHROPOSOPHY in the COMMUNITY

Don’t forget to join us on Facebook - Perth Waldorf School

Groups/Classes
Participants in any of these activities go towards Family Participation Hours.

Monday 8:50am-10:15am
Parents and Friends Study Group (Library)
Anne Williams (no children please)
0424 771 217.

Monday 10:30am-12:00pm
Biodynamic Group (Playgroup Garden)
with Heidi Halter.

Tuesday 9:00am
Craft Group (Canteen) with Pixie Stott

Tuesday 2:15pm-3:00pm
Eurythmy (Williams Hall) Kristina Hamilton.

Wednesdays 8:30am
Recorders Lessons (Canteen) with
Paul Lawrence.

Wednesday 9:00am
Adult Singing Come and join Claire Williamson
and discover your inner voice (Music Office).

Wednesdays 7:00pm-8:15pm
Adult Choir (Williams Hall)
with Paul Lawrence
(18/10 - 06/12)

Fridays 9:00am-9:45am
Listening Circle (in the Library)

Saturdays 1:00pm-4:00pm
Waldorf Wood Workers (meet in Plaza)
Christian Geyer 0409 267 178.

These groups for parents are run or led by teachers or parents. Members of the school community are encouraged to join any of the groups and enjoy the experience of personal growth and learning in this beautiful environment - a great inspiration for our children!

FREE EURYTHMY CLASSES FOR ADULTS
Tuesdays, 2:15pm-3:00pm, in Williams Hall.
As nature rejoices in springtime, you are also warmly invited to revitalize yourself through the joy of Eurythmy. It is always satisfying to move artistically with others. Not only does it make you feel good, but its goodness flows on to your family, as well as to the ambience of the whole school. No experience necessary!

CRAFT GROUP
Still meeting on Tuesday mornings from 9:00am. We are very fortunate that Pixie Stott has offered to hold Craft Group. Pixie ran the group for many years and brings a wealth of knowledge with her. We will be doing felt creations and it will be run as “first you make you keep and then make one for the group to be sold”. Learn a new skill and help complete your community hours. Children welcome but do need to be supervised. *Small charge for materials only TBA - depending on booking numbers (under $20). Bookings are essential, contact Bec 0412 321 895 or Gabby 0439 919 926 for details. Bookings and payment available in the carriage.

SONGS OF INSPIRATION AND STILLNESS
An adult choir with Paul Lawrence.
Wednesday nights, 7:00pm-8:15pm.
8 weeks, 18th October - 6th December.
at Perth Waldorf School.
All voices welcome! No experience required!
$80.
Contact Paul: 0447 692 654 - plawrence@pws.wa.edu.au

“How silently, how silently, the wondrous gift is given...”
SCHOOL NOTICES

School notices are strictly for members of the school only and may consist of: lost and found items, items for sale (student/school related), and classes/lessons within the school, etc. Please restrict your notice to two lines (this is free of charge). School notices will appear in this section for two weeks. If you would like the ad to appear for longer, please contact the Fabulum on 9417 3658 each week. Thank you.

FOR SALE - x2 ¾ size violins for sale ($100 each) and x1 full size cello ($400). Please call Lena on 0409 350 114.

COMMUNITY NOTICES

Community Notices are for members of the school’s community only and may consist of: business adverts, producers, services, items for sale (non-school related), etc. keeping in mind that they need to be consistent within our schools’ ethos. Please restrict your notice to two lines (this is free of charge). All Community Notices will appear in this section for two weeks only. If you would like a ¼ page advert, a $10 fee is required and will only appear in Week 2 and Week 8.

DÉ DANANN’S HENNA ART - Call me for a temporary henna tattoo booking in Perth. Individual from $10. Party for $60/hr. Dé Danann 0438 774 768.
DÉ DANANN’S FACE PAINTING - Call me for a face painting booking in Perth. Individual from $10. Party for $60/hr. Dé Danann 0438 774 768.

PIXIE SCOTT CANTEEN

Canteen Open times:  
Mon and Fri, 8:10am-2:00pm (closed after school)  
Tues and Wed, 8:10am-2:00pm, after school 3:00pm-3:15pm  
Thurs 8:10am-1:30pm, after school 2:10pm-2:30pm

All Primary School students please order before school for morning tea and lunch.

As the school grows all students, staff and parents are encouraged to order and avoid disappointment. Standing orders can be placed also.

The school canteen is run as a not-for-profit by the Parents and Friends Association (P&F). Volunteers are always warmly welcome in the Canteen - please speak with Megan about how you can help. Time goes toward Family Participation hours. Hair covering and closed in shoes are a must.

Any donations of pre-loved kitchen equipment or any excess home grown fruit and vegetables are gratefully received.

Now available:  
Bannister Downs milk full cream and lite $2.00 per litre.  
Local Raw Honey bring your own jar $10/kg.  
Organic Olive or Sunflower Oil $15/litre bring your own bottle to refill.  
Abhis bread is available Monday, Wednesday and Friday.  
Breadtime stories sourdough available Tuesday and Thursday  
Cackleberries biodynamic eggs $8.50 per dozen.

(See next page for Term 4 Menu)
Menu for Term 4

Daily specials (must be ordered):

**Monday** - Vegetable chilli served with rice, corn chips, natural yoghurt and cheese. $5.00

**Tuesday** - Chicken and vegetable pie, vegetable pie, chicken korma pie, or chunky beef and vegetable pie. $5.00

**Wednesday** - Sushi hand rolls (gf & egg free) - tuna and cucumber or avocado and mixed vegetables. $4.00

Miso Soup. $4.00

**Thursday** - Whole meal rolls - egg and salad, cheese and salad or ham and salad. $4.50

**Friday** - Beef burger with salad or tempeh burger with salad. $6.00

Available everyday (items with a ★ must be ordered):

**Savoury:**

★Veggie roll (gf). $5.00
★Beef pie (gf). $5.50
Rice paper rolls. $5.00
Spinach and ricotta rolls. $4.50
Cheese and tomato toasties. $2.50
★Toasties (gf). $3.00
★Ham, cheese and tomato toasted sandwiches. $3.50
★Ham, cheese and tomato toasted sandwiches (gf). $4.50
★Pizza - vegetable or meat (gf). $3.00
Salad bowls. $4.00
Boiled egg. $1.00
Popcorn. $5.00

**Sweet:**

Cakes (assorted variety)
Bliss balls $3.00
Cookies from $1.00
Fresh fruit from 50c
Smooze (primary only after school) $1.50

**Drinks:**

*(Bring your own take away cup for 50c discount)*

Slushies’ refund of 50c on return of small cup Sm $2.50 / Lg $4.00
Large juices $3.50
Small juices $2.50
Coconut water Sm $3.00 / Lg $4.00
Fresh coconuts $4.50
Hot Chocolate Sm $3.00 / Mug $3.50 / Take away $4.50
Ice Chocolate Mug $3.50 / Take away $4.50
Coffee Mug $3.50 / Take away $4.50
Long Black Mug $3.00 / Take away $4.00
Tea Mug $2.00 / Take away $3.00
Herbal Tea Mug $2.50 / Take away $3.50

*Almond or coconut milk extra $1.00*