Perth Waldorf School strives to ensure the adults in front of the children are worthy of imitation. This is a central tenant of our employment policies and our approach. What is in the best interests of the children supersedes what is in the best interests of the institution and its staff. Of course it is hoped these two are not in conflict and indeed we are all acting in the best interests of children based on our understanding of childhood and the stages of development. Christopher Clouder, a commentator on Steiner’s lectures summarises this need to demonstrate care so as to develop a sense of love and gratitude: “If we only conduct ourselves rightly in front of the children a correspondingly graduated feeling of thankfulness will develop in them for all that comes from the people living around them, from the way they speak, smile or deal with them.”

**Electronic Devices**

The school promotes a no media devices approach for students at school. To support this policy the High School faculty recently reaffirmed that teachers will confiscate mobile devices if no permission has been provided to be using them (for example in cases of learning support needs). Further to that, teachers will not allow nor ask a student to use a mobile device at any time until Class 10. Class 10 and beyond there will be some occasions when permission to use mobile devices is given. Parents are asked to support the school with this approach by reminding their children that there is no reason for them to have a mobile device at school and by taking some measures to monitor phone use and what is being accessed on mobile devices. The school strives to do what it can and working together we can help defend childhood and the interference of mobile devices in daily life.

Peer pressure can be very powerful. Children learning to manage to deal with it in the safety of a school environment where mistakes are allowed to happen and renewal can be achieved is valuable. Please be assured and have faith that when we place boundaries in children’s lives they will still love us, even if they push back in ways most unbecoming! Our task is to act consciously as adults when we place boundaries in children’s lives they will still love us, even if they push back in ways most unbecoming! Peer pressure can be very powerful. Children learning to manage to deal with it in the safety of a school environment where mistakes are allowed to happen and renewal can be achieved is valuable. Please be assured and have faith that when we place boundaries in children’s lives they will still love us, even if they push back in ways most unbecoming! Our task is to act consciously as adults when we place boundaries in children’s lives they will still love us, even if they push back in ways most unbecoming! Our task is to act consciously as adults when we place boundaries in children’s lives they will still love us, even if they push back in ways most unbecoming! Our task is to act consciously as adults when we place boundaries in children’s lives they will still love us, even if they push back in ways most unbecoming!

A three day conference including accommodation and meals for under $50. It is not easy to stay upright, strong and sound! Not possible! Yes, possible - see inside for details. Less than 10 days to go! Exploring the themes of “Perceiving with the Heart” and “When Knowing Becomes Love”.

HS Music Night - this Wednesday at 6:30pm in the Plaza or Williams Hall. All are welcome to support our youth and their tunes.

**The Life Mapping course** starting at West Coast Steiner School on 22nd August is highly recommended as a way to work with your life phases and map a chain of main life events. It is informative work on a deeply personal level. Presented by Rudolf Steiner College. See inside for details.

Bruce Lee - School Administrator

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**IN THE LIGHT OF A CHILD**

My light is pressed by darkness round;
It is not easy to stay upright, strong and sound!
The Dragon, lurking, would devour
My shining radiance with his power.
But I, remembering how on winter’s Holy Night,
In darkness shone the Midnight Sun that is the world’s true Light,
For I am led by the Holy Child.

-Michael Hedley Burton
SCHOOL FEES ARE OVER DUE- Term 3 Due Date: Friday, 3rd August, 2018.

### FROM FINANCE

<table>
<thead>
<tr>
<th>CREDIT CARD/ONLINE PAYMENT</th>
<th>ELECTRONIC FUNDS TRANSFER</th>
<th>CHEQUE AND CASH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Payments by Credit Card can be made by visiting the Bpoint website: <a href="https://www.bpoint.com.au">https://www.bpoint.com.au</a></td>
<td>Payments by Electronic Funds Transfer (EFT) can be made to the school’s banking details as follows:</td>
<td>Payments by cheque can be made payable to Perth Waldorf School. Please have a copy of your statement attached when mailing your cheque.</td>
</tr>
<tr>
<td>Biller Code: 147 2133</td>
<td>Account Name: Perth Waldorf School</td>
<td>Postal Address: PO Box 1247 Bibra Lake WA 6965</td>
</tr>
<tr>
<td>Reference: <strong>Family Code</strong></td>
<td>BSB: 066 000</td>
<td>Cheques and Cash Payments can also be made during office hours at the School Reception.</td>
</tr>
<tr>
<td>Phone payments can also be made by calling Reception on 9417 3638 during Office Hours.</td>
<td>Account Number: 1205 1015</td>
<td>EFTPOS terminal also available.</td>
</tr>
<tr>
<td>We accept VISA and MASTERCARD.</td>
<td>Commonwealth Bank Perth</td>
<td></td>
</tr>
</tbody>
</table>

A late payment fee will apply to all accounts not paid by the due date. This does not apply if you have a payment plan arrangement in place.

### TERM 3 FEES

Term 3 fees have been emailed and are now overdue. If you have not received your Term 3 fees please contact Tracey O’Neil on account@pws.wa.edu.au or phone 9417 3638. Thank you.

### GENERAL NEWS

**SCHOOL PHOTO THANK YOUS!**

A special THANK YOU to Tom and his team from Midland Photography for doing such an amazing job, as always, with our school’s photo day last week. Even though it was a cold and rainy day, it was wonderful to see everyone wearing their best clothes and smiles.

Thank you also to all the teachers and staff who helped to make the day run as smoothly as possible, and took time out of their day/class to part take in the photos.
HEAD LICE NOTICE
Dear PWS parents, there has been a case of Head Lice in our school.

Please check your child’s hair frequently and keep long hair tied back.

Symptoms include, excessive itching and tiny insects (resembling sesame seeds) and eggs (resembling grains of sand) throughout the head/hair.

Head Lice can be treated with shampooing with a head lice shampoo and combing with a special nit comb that will remove lice and eggs from the hair (see your local pharmacy for these products). Be sure to follow the instructions on the treatment that you use and repeat the treatment after 7-10 days.

For more information please go to:
http://www.healthywa.wa.gov.au/Articles/F_I/Head-lice

OPEN DAY AND FAIR
Our annual Open Day is coming up on Saturday, 25th August, 10:00am-3:00pm. Open Day is the perfect opportunity to come and view our school grounds, take a look at our classrooms, meet our friendly staff and get to better understand our school’s ethos. There will also be market stalls, children’s activities, music and food!

Weeding and cleaning volunteers are needed! Please see the Maintenance and Gardening section of this Pabulum to see how you can help.

Please see the P&F section of this Pabulum if you would like to hold a stall on the day.

Open Day posters are now available from the Front Office for distribution! Please help us by sharing our posters with friends and family, local shops, libraries, etc. Thank you!

AISWA
The Association of Independent Schools (WA) hosted a meeting recently with the Federal Minister for Education. At the meeting AISWA and Principals from Steiner, Montessori, C.A.R.E., and Anglican Schools emphasized the need to maintain funding certainty, funding fairness, support for special needs children and to maintain the principle of school choice for families.

Bruce Lee - PWS Administrator, represented Steiner Education.
FROM COMMUNITY SUPPORT

NATIONAL HOMELESSNESS WEEK - 2018
This week from the 6th-12th August is National Homelessness Week. As a community we can assist by donating much needed essentials to the Freo Street Doctor - see the article below. Go to: www.homelessnessaustralia.org.au for more information.

PWS Community Initiative
Freo Street Doctor is a mobile GP service providing health care to disadvantaged people in Fremantle and surrounds. The College of Teachers has wholeheartedly endorsed a PWS Community Initiative to collect essential items for homeless and at risk people in the Fremantle region.

These items will be forwarded to the Freo Street Doctor, who has supplied the following list:
• clean cotton or woollen blankets,
• clean single doonas with covers,
• toiletries bags/packs for men and women containing any of the following: shaving equipment, soap, toothbrushes, toothpaste, sanitary products, face washers, shampoo and conditioner, deodorant, moisturiser, shower gel, mini sewing kit, etc.

A personal touch might be to include a (handmade) card or chocolates/healthy treats.

Please hand items/packs to Community Support Staff (Jana or Simone) or drop off at the Library.
Kind thanks and blessings.

EARLY CHILDHOOD

We have a beautiful group of babies and mothers coming to our group on Thursday afternoons. The joy of meeting these fresh energies in our midst spreads throughout our whole Early Childhood community. Eugene Chattelle leads the group this term, with her wealth of experience in early childhood needs, personal development, anthroposophy, counselling and art therapy.

We have welcomed new families to Playgroups this term. Their contribution to the groups will be appreciated as the families there widen their circle of friendships. Whenever we see a new face, it’s so worthwhile to say hello, smile and find out a bit about these new folks. Sam Le Meur is the Playgroup Leader for Fridays this term. Sam is trained in early childhood development as a Physiotherapist, and is an asset to our Faculty.

The wintry conditions for the first weeks of term have brought new routines and different inspirations for play to the children. We do play outdoors in light rain, because we value the experience of all the natural elements: wind, rain, sun-showers, rainbows, storms and even hail. All are miraculous in the eyes of the child. It means that the layers of warmth are really important at this time: 3 for the upper body, 2 for the lower body, preferably natural warm fibres without too much bulk to allow for movement in play. Teachers will attend to a change of dry clothes where needed, so parents need to pack this please.

The castle and bridge in the Kindy 5/6 garden has undergone a fairy-tale makeover in the last few weeks! There are now more opportunities to join the play there, with more entrances and exits. Challenging the children physically and inspiring them imaginatively is the aim of our play structures. Thanks to Jahne, playground creator extraordinaire!

Jennifer Byrne - Early Childhood Co-ordinator
In Steiner education strong emphasis is placed on teaching through the arts; therefore painting, beeswax and clay modelling, sculpture, speech, poetry, music, drama, craft and woodwork and the movement art of eurythmy as well as the artistic process itself, enliven all subjects.

Please remember that the ‘tools’ that the children use therefore also need to be of a high quality. When replacing their fountain pen, compass or coloured pencils etc please get good quality ones that will support them in their classes.

Lisa Payne - Primary Co-ordinator
HIGH SCHOOL MUSIC NIGHT - TOMORROW

PERTH WALDORF SCHOOL

MUSIC NIGHT

WEDNESDAY
AUGUST 8
6:30PM

PERFORMANCES BY HIGH SCHOOL STUDENTS IN THE "PLAZA"

2018
Next week Class 8A will be taking to the stage to perform in the famous comedic play *A Midsummer Night’s Dream* written by William Shakespeare, directed by Donna Kerr.

Set in Athens, the play portrays the events surrounding the marriage of Theseus, the Duke of Athens, to Hippolyta, the former queen of the Amazons. These include the adventures of four young Athenian lovers and a group of six amateur actors (the mechanicals) who are controlled and manipulated by the fairies who inhabit the forest in which most of the play is set. The play is one of Shakespeare’s most popular works for the stage and is widely performed across the world.

Cast 1: Thurs, 16th August - 9:00am  
Fri, 17th August - 6:30pm  
Cast 2: Thurs , 16th August - 6:30pm  
Fri, 17th August - 9:00am
**LOST PROPERTY**

The High School has lots of lost property that needs to be returned to the rightful owners. Most of these lost items are jumpers and jackets. Please check if any of these items belongs to you or your child(ren). Lost property is located outside the High School Admin Office.

More lost property items can also be found outside Williams Hall.

If you have lost any items of value e.g. wallet, phone, keys, jewellery, etc, please ask at reception. Thank you.

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**OPEN DAY & FAIR**

Applications for Open Day stalls are now closed. If you have any further enquiries please call Gabby 0439 919 926.

We are still needing raffle prize donations - if you have a business and would like to offer a prize for our raffle please leave them in the carriage.

Lastly we are looking for someone to host some quick children’s yoga classes on the day. You must have your own insurance. We are hoping to have someone do 3-4 20min sessions in the kindy garden. If you are interested please contact Gabby on 0439 919 926.

**P&F FUNDRAISER**

Gilbert’s Fresh Market located on South Street runs **Support our Schools Program** by donating 1% of the money spent to a nominated school.

If you are shopping at Gilbert’s, you can sign up in the store and present your card at the check out each time you shop. You will help to raise funds for the Parents and Friends Association.

Thank you!
MAINTENANCE & GARDENING

We are a waste wise school!

Our Earth is special, there is just one.
It gives us water, soil, and sun.
People and animals share the land,
Let’s all lend a helping hand!
You can save water, and plant a tree,
Make a better home for you and me.
Recycle things, don’t throw away,
Make every day an Earth Day!

Chewing gum is prohibited! Please refrain from bringing/chewing gum on school grounds.

OPEN DAY VOLUNTEERS NEEDED
If you would like to contribute towards your Family Participation Scheme; Open Day is coming up on the 26th August, and weeding and general cleaning volunteers are required to help on the day.

If you are interested and would like a job allocation please contact Heidi Halter on 0427 445 754 or Matt Noakes on 0412 955 005, or see onsite from 8:30am-3:00pm, Monday-Friday.

COMMUNITY CLASSES

<table>
<thead>
<tr>
<th>Groups/Classes</th>
<th>Participation in any of these activities goes towards Family Participation Hours.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parents and Friends Study Group with Anne Williams (in the Library, no</td>
<td>These groups for parents are run or led by teachers or parents. Members of the</td>
</tr>
<tr>
<td>children please) 0424 771 217</td>
<td>school community are encouraged to join any of the groups and enjoy the</td>
</tr>
<tr>
<td>Biodynamic Group with Heidi Halter (in the Playgroup garden).</td>
<td>experience of personal growth and learning in this beautiful environment - a</td>
</tr>
<tr>
<td>Craft Group with Pixie Stott (outside the Canteen).</td>
<td>great inspiration for our children!</td>
</tr>
<tr>
<td>Eurythmy with Kristina Hamilton (in Williams Hall).</td>
<td></td>
</tr>
<tr>
<td>Adult Singing Come and join Claire Williamson and discover your inner voice</td>
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<tr>
<td>Listening Circle with Bruce Lee - the Administrator (in the Library).</td>
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<tr>
<td>Waldorf Wood Workers with Christian Geyer (meet in Plaza) 0409 267 178.</td>
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</tr>
</tbody>
</table>

SCHOOL NOTICES

School notices are strictly for members of the school only and may consist of: lost and found items, items for sale (student/school related), and classes/lessons within the school, etc. Please restrict your notice to two lines (this is free of charge). School notices will appear in this section for two weeks. If you would like the ad to appear for longer, please contact the Pabulum on 9417 3638 each week. Thank you.

LOST RING! - I’ve lost a small gold banded diamond ring, possibly on Fri, 3rd Aug during the Sceenager Documentary. The ring is very sentimental to me, any help finding it would be greatly appreciated! Please phone the school or me on 0405124297. Erin.

CELLO WANTED - Needing a 3/4 Cello for student in Class 6. Interested in purchasing second hand or hiring. Please contact Angela Wellman on 0418 894 482. Thanks.
COMMUNITY NOTICES

Community Notices are for members of the school's community only and may consist of: business adverts, producers, services, items for sale (non-school related), etc. keeping in mind that they need to be consistent within our schools' ethos. Please restrict your notice to two lines (this is free of charge). All Community Notices will appear in this section for two weeks only. If you would like a ¼ page advert, a $10 fee is required and will only appear in Week 2 and Week 8.

SAVVY MINERALS MAKEUP - free colour matching. No nasties, no cheap fillers, just clean lightweight 100% non toxic makeup that stays on all day. Phone April 0413 159 815.

ART SPACE AVAILABLE - Art space available for rent. 70m². A quiet space over looking Bibra Lake. Ring Peter Rattigan for details 0402 826 295.

MEN'S WELLNESS WORKSHOP - This is a free event with amazing speakers including two chiropractors. Topics include managing stress, detoxing, energy, sports performance/recovery. August 12th @12:30pm Beaconsfield. Ph April 0413 159 815.


TOUCH ALCHEMY: Esalen Massage & Bodywork is an integrated bodywork experience - flowing fluid, bespoke and healing. Appointments on Thurs at 22 Gwilliam Drive (next to Tamara Yoga), other days at South Freo. Agnes 0405 095 088.

SKIN CARE CONSULTATIONS FOR TEENAGERS - 45 min consultation, going through all anthroposophical products and life style advice for clear skin $20. Teens facial - cleanse, healing massage, clearing mask; 45 min $55. Mo-Fri; Sat morning. 0450 819 116.

SHORT-TERM RENT - 2 bedroom house in Kardinya for rent, furnished, with undercover car port. Close to PWS. can be rented for 9 weeks, from 21st August to 25th October. Would suit working person; sorry not suitable for pets. Call Si 0450 819 116.

Rudolf Steiner College

LIFE MAPPING
charting and exploring your Biography.

Life is itself a path of initiation which becomes more meaningful when it is lived in full consciousness, in a way that can be achieved through working on one’s biography.

(Burkhard, G. Biographical Work: the Anthroposophical Basis.2007).

Biography Work through Life Mapping provides a way of remembering life phases (septennials or 7 year phases) and uses artistic exercises to illuminate these memories. After five weeks each participant will have a chart of main life events as a basis for further development. Conversation, creative writing, drawing and movement allow the workshops to be interactive, engaging and heartening.

Wednesday, 22nd August - Wednesday, 19th September.

7:00pm-8:30pm.

Course fee: $100 or $80 Concession.

West Coast Steiner School, 15 Mayfair Street, Nollamara.

For more information visit http://www.rudolfsteinercollege.com.au

Contact: Dale Irving docirvo7@bigpond.com 0400 959 050
Join us for an exceptional opportunity to explore and deepen what Anthroposophy means in daily life.

A weekend in conversation with our special guests, two leaders of the Anthroposophical movement from the Goetheanum, Bodo von Plato and Constanza Kaliks

exploring themes of Heart Thinking:
'Perceiving with the Heart'
'When Knowing Becomes Love'

Point Walter, PERTH
from 5pm Thu 16 Aug - 3pm Sun 19 Aug 2018

<table>
<thead>
<tr>
<th>3 DAY CONFERENCE OPTIONS</th>
<th></th>
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<tbody>
<tr>
<td>Full conference + accommodation:</td>
<td>$421.50</td>
</tr>
<tr>
<td>all meals, morning &amp; afternoon teas</td>
<td></td>
</tr>
<tr>
<td>Full conference: lunch, dinner, morning &amp; afternoon teas</td>
<td>$346.50</td>
</tr>
<tr>
<td>Full 3 days to 5pm: lunch, morning &amp; afternoon teas</td>
<td>$264</td>
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</table>

<table>
<thead>
<tr>
<th>SESSIONAL OPTIONS</th>
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</thead>
<tbody>
<tr>
<td>Morning session incl morning tea</td>
<td>$33</td>
</tr>
<tr>
<td>Lunch</td>
<td>$22</td>
</tr>
<tr>
<td>Afternoon session incl afternoon tea</td>
<td>$33</td>
</tr>
<tr>
<td>Dinner</td>
<td>$33</td>
</tr>
<tr>
<td>Evening session</td>
<td>$22</td>
</tr>
</tbody>
</table>

Check out the workshops & speakers & make bookings at:

www.asc-au.com
Winter Menu for Term 3

### Daily specials (must be ordered):

#### Monday
- Pasta with hearty vegetable sauce (vegan available).
- Pasta with beef bolognese sauce. **$5.00**
  - *Gluten free pasta must be ordered (50c extra)*
- Beef sausage in wholemeal bread **$2.00**

#### Tuesday
- Vegetable curry and rice (GF and vegan). **$5.00**
- Chicken and vegetable pie, vegetable pie, chicken korma pie, or chunky beef and vegetable pie. **$5.00**

#### Wednesday
- Vegetable chilli served with rice, corn chips, natural yoghurt and cheese (GF) (vegan available). **$5.00**
- Beef sausage in wholemeal bread **$2.00**

#### Thursday
- Pumpkin and spinach lasagne (hand made spelt pasta)(vegan). **$5.00**
- Cottage beef and vegetable pie topped with mash potato (GF). **$5.50**

#### Friday
- Beef burger with salad (GF available) or tempeh burger with salad (GF available). **$6.00**

### Available everyday (items with a ★ must be ordered):

#### Savoury:
- ★Veggie roll (GF). **$5.00**
- ★Beef pie (GF). **$5.50**
- Soup of the day (GF). **$4.00**
- Spinach and ricotta rolls. **$4.50**
- Cheese and tomato toasties. **$2.50**
- ★Ham, cheese and tomato toasted sandwiches. **$3.50**
- ★Pizza - vegetable or meat. **$3.00**
- Boiled egg. **$1.00**
- Popcorn. **50c**

#### Sweet:
- Cakes (assorted variety)
- Bliss balls **$3.00**
- Cookies **from $1.00**
- Fresh fruit **from $0.50**
- Icy Poles (primary only after school) **$2.00**

#### Drinks:
- Flavoured Bannister Downs puches (primary only after school) **$2.50**
- Slushies’ refund of 50c on return of small cup
- Juices **Sm $2.50 / Lg $4.00**
- Coconut water **Sm $3.00 / Lg $4.00**
- Fresh coconuts (when available) **$4.50**
- Plain Milk **Sm $1.50 / Lg $2.50**
- Hot Chocolate **Sm $3.00 / Mug $3.50 / Take away $4.50**
- Ice Chocolate **Mug $3.50 / Take away $4.50**
- Coffee **Mug $3.50 / Take away $4.50**
- Long Black **Mug $3.00 / Take away $4.00**
- Tea **Mug $2.00 / Take away $3.00**
- Herbal Tea **Mug $2.50 / Take away $3.50**

*Almond or coconut milk extra $1.00*

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PIXIE STOTT CANTEEN

Canteen Open times:
- Mon and Fri, 8:10am-2:00pm.
- Tues and Wed 8:10am-2:00pm. After school 3:00pm-3:15pm.
- Thurs 8:10am-1:30pm. After school 2:10pm-2:30pm.

All Primary school students must order before school for morning tea and lunch.

*Bring your own take away cup for 50c discount!*