Pabulum

TERM 2 CALENDAR

AUGUST

Wed 1  SCHOOL PHOTOS
Thur 2  SCHOOL PHOTOS - Catch Up Day.
Mon 6  Class 12 Zoo Excursion
Tue 7  Class 6 Parent Teacher Meeting - 6:30pm
Tue 7  Class 5 Parent Teacher Meeting - 6:30pm
Wed 8  High School Music Concert - 6:30pm
Thur 9  Class 4 Parent Teacher Meeting - 6:30pm
Thur 9  Class 2 Parent Teacher Meeting - 6:30pm
Sat 11  Class 7 Wardong Parent Teacher Meeting - 10:00am
Mon 13  Class 9 Tree Planting Excursion
Wed 15  Class 7 Kulbardi Parent Teacher Meeting - 6:30pm
Thur 16  Class 8A Play - 9:00am and 6:30pm
Fri 17  Class 8A Play - 10:40am and 6:30pm
Sun 19-Fri 24  Class 10A Surveying Camp
Mon 20  PUPIL FREE DAY
Sat 25  OPEN DAY & FAIR - 10:00am-3:00pm
Mon 27  SCHOOL HOLIDAY (in lieu of Open Day)
Tues 28  Teachers Paradise Play - 9:30am
Wed 29  Paradise Play - 9:30am & 6:30pm
Thur 30  Paradise Play - 9:30am
Thur 30  Class 3 Parent Teacher Meeting - 6:30pm

SEPTEMBER

Sun 9-Fri 14  Class 10B Wardagga Camp
Mon 10-Thur 13  Class 4 Horse Riding Camp
Wed 12  Class 7 Kulbardi Play
Thur 13  Class 7 Kulbardi Play
Fri 14  GREEK OLYMPICS
Wed 19  MICHAEL FESTIVAL
Wed 19  Class 8B Play - 9:00am and 6:30pm
Thur 20  Class 8B Play - 9:00am and 6:30pm
Thur 20  LAST DAY OF TERM 3

Term 3, Week 2

For hundreds of years, ordinary people in the small Austrian village of Oberufer on the Danube gathered in the local tavern at Christmastime to perform The Paradise Play and the Shepherds Play for their neighbours. With their roots lost in medieval times, the plays gradually evolved to incorporate a unique blend of folk humor and profound reverence in their celebration of the birth of Jesus. The Paradise Play presents the expulsion of Adam and Eve from Paradise, but with the promise of future salvation.

At the end of August, the Paradise Play is being performed by a group of volunteer staff. It is a gift to the school and community initiated by Titus Witsenberg who was a long time Primary Class and music teacher at our school and now supports the school in a range of ways. The school is very fortunate to have enthusiastic people ready and willing to present these archetypal stories to us.

School Photos will be taken tomorrow with catch-up and Kindy 4C on Thursday. Please ensure photo order forms are completed and returned to the school.

Tuesday, 31st July, 2018

Rosalie Lane, a Class 12 student, is focussing her Project on social media and its effects. This Friday (3rd Aug @6:30pm) she is hosting a screening of “Screenager” on the topic. Please support her blog, Facebook page and get tickets for the screening. Make time to become involved in a major issue of our time. More details inside.

The High School music night is next Wednesday (8th Aug @ 6.30pm). Music is a compulsory subject at PWS right through Primary School to Class 10. Contemporary instruments are introduced in Class 8 and that programme which commenced only two years ago is starting to bear fabulous fruit! Enjoy!

Bruce Lee
School Administrator

IN THE LIGHT OF A CHILD

My firmness and strength gives me ground that is sure,
For light of the Child is gentle and pure.
All things become bathed with his healing, gold light
When I look at the world with his love in my sight.
Watch the gnomes split and crumble the stuff of the earth,
While the light, airy sylphs bring a green world to birth.
With great joy I am learning to give what they need,
For I bring them the light, and they're grateful indeed.

For light of the Child is gentle and pure.

My firmness and strength gives me ground that is sure,
For light of the Child is gentle and pure.
All things become bathed with his healing, gold light
When I look at the world with his love in my sight.
Watch the gnomes split and crumble the stuff of the earth,
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With great joy I am learning to give what they need,
For I bring them the light, and they're grateful indeed.

- Michael Hedley Burton
FROM FINANCE

SCHOOL FEES ARE NOW DUE - Term 3 Due Date: Friday, 3rd August, 2018.

CREDIT CARD/ONLINE PAYMENT

| Payments by Credit Card can be made by visiting the Bpoint website: https://www.bpoint.com.au |

ELECTRONIC FUNDS TRANSFER

| Payments by Electronic Funds Transfer (EFT) can be made to the school’s banking details as follows: |

| Account Name: Perth Waldorf School |
| BSB: 066 000 |
| Account Number: 1205 1015 |
| Commonwealth Bank Perth |

| Reference: Family Code |

CHEQUE AND CASH

| Payments by cheque can be made payable to Perth Waldorf School. Please have a copy of your statement attached when mailing your cheque. |

| Postal Address: |
| PO Box 1247 |
| Bibra Lake WA 6965 |

| Cheques and Cash Payments can also be made during office hours at the School Reception. |

| EFTPOS terminal also available. |

A late payment fee will apply to all accounts not paid by the due date. This does not apply if you have a payment plan arrangement in place.

TERM 3 FEES

Term 3 fees have been emailed. If you have not received your Term 3 fees by the end of this term, please contact Tracey O’Neil on account@pws.wa.edu.au or phone 9417 3638. Thank you.

GENERAL NEWS

SCHOOL PHOTOS

School Photos are on Wednesday, 1st August and Thursday, 2nd August (catch up day). Photo forms have now been distributed, please see your child’s classroom guardian to collect a form. Spare forms can be collected from the Front Office. Please be sure to return your forms to the Front Office prior to Photo Day. Family photos will be in the library on Wednesday from 7:45am (parents are to bring their children to the Library). Please see classroom photo timetable below. Thank you.

Perth Waldorf School Photo Day Timetable

<table>
<thead>
<tr>
<th>WEDNESDAY</th>
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<tbody>
<tr>
<td><strong>tomorrow</strong></td>
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<tr>
<td>7:45am-8:35am</td>
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<td>9:00am</td>
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<tr>
<td>2:00pm</td>
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| THURSDAY (CATCH UP) |
| 9:30am | Kindy 4C |

* Please note these times can change due to circumstance throughout the day.
**OPEN DAY AND FAIR**

Our annual Open Day is coming up on **Saturday, 25th August, 10:00am-3:00pm**. Open Day is the perfect opportunity to come and view our school grounds, take a look at our classrooms, meet our friendly staff and get to better understand our school’s ethos. There will also be market stalls, children’s activities, music and food!

Weeding and cleaning volunteers are needed! Please talk to our Maintenance and Gardening Team to see how you can help.

Please see the P&F section of this *Pabulum* if you would like to hold a stall on the day.

Open Day posters (below) available soon for distribution!

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**PERTH WALDORF SCHOOL**

**OPEN DAY & FAIR**

**Saturday, 25th August, 2018**

**10:00am - 3:00pm**

*School tours and talks, market stalls, games and activities, food and drinks, music performances, etc.*

**14 Gwilliam Drive, Bibra Lake**

(Parking at Adventure World)

9417 3638 . adminpws@pws.wa.edu.au . pws.wa.edu.au
POSSESSIONS VACANT

PWS invites applications for:

Executive Assistant
1.0FTE - would consider part-time but not job share
8:00am-4:00pm (negotiable)
Must be available to work in school holidays
1 year contract initially then ongoing with a 3 month probation period

Commencing August, 2018.

- Diverse and Varied Role within a School Context
- Professional with a Sense of Humour
- Amazing School Culture!

The Role Involves:
• Providing high level, confidential, secretarial and office administration services in a school setting working closely with the Principal of a busy and growing independent school.
• High level calendar management and excellent prioritising of tasks.
• Organisation of general appointments and some travel and accommodation arrangements.
• Coordination of meetings and minute taking.
• Extensive liaising with external and internal stakeholders.
• Using positive interpersonal skills to work with a wide variety of people.
• Writing and editing correspondence - including managing email.
• Supporting the functions of the school administration team and faculty coordinators.
• Assisting with collation and distribution of monthly reports.
• Organisation of conferences and events.
• Maintaining positive relationships with staff members and individuals across the school and wider network.
• Reception relief as required.
• First Aid/Sick Bay Support.
• Receiving, screening and prioritising telephone enquiries.
• Following up and maintaining compliance records and regulation requirements such as Working with Child Checks and TRBWA registration.

As the successful applicant you will:
• possess experience in a high level support role and have advanced skills using the Microsoft Office Suite.
• demonstrate strong written and oral communication skills, including telephone manner.
• demonstrate the ability to prioritise competing demands and utilise high level organisational skills.
• demonstrate previous examples of flexibility, initiative and high levels of social and emotional intelligence.
• be able to work under pressure and have a “can do” attitude.
• promote a welcoming and supportive culture and engage with the ethos and philosophy of the school.

How to apply:
Written applications, including a cover letter explaining why you want the position and why you wish to work in a school, CV and names and contact details of 3 referees (to be contacted with your permission if you are shortlisted for an interview).

Marked ‘Private & Confidential’ and forwarded to:
School Administrator, Perth Waldorf School, PO Box 1247, BIBRA LAKE WA 6965, AUSTRALIA.
Or Email: employment@pws.wa.edu.au


For a brief conversation about this position, please phone Bruce Lee at the school ph: (61) (8) 9417 3638
FROM COMMUNITY SUPPORT

PWS Community Initiative

The homeless and disadvantaged people in our wider community are often overlooked, relying mainly on charity groups to assist them. The majority of homelessness is due to fleeing domestic violence and relationship issues, and financial issues. Most of these people are younger than 35 (roughly 65% male, 35% female) and many have health issues due to poor hygiene and nutrition, rough conditions and social/emotional problems.

**Freo Street Doctor** is a mobile GP service providing health care to disadvantaged people in Fremantle and surrounds. The College of Teachers has wholeheartedly endorsed a PWS Community Initiative to collect essential items for homeless and at risk people in the Fremantle region.

These items will be forwarded to the Freo Street Doctor, who has supplied the following list:
- clean cotton or woollen blankets,
- clean single doonas with covers,
- toiletries bags/packs for men and women containing any of the following: shaving equipment, soap, toothbrushes and toothpaste, sanitary products, face washers, shampoo and conditioner, deodorant, moisturiser, shower gel, mini sewing kit, etc.

A personal touch might be to include a (handmade) card or chocolates/healthy treats.

**Please hand items/packs to Community Support Staff (Jana or Simone) or drop off at the Library.**

Kind thanks and blessings.

**Lost Property**

Both the chest near Williams Hall and the box outside the High School office are full of students clothing, jackets, drink bottles, etc. Please check if any of this belongs to your child(ren). There is also a large white oval dish waiting to be claimed - on the cupboard beneath the Community Noticeboard. Finally, there is a large desk outside Williams Hall, free to a good home!

**Recycling**

A reminder that our school has recycling bins for batteries (Canteen area near Community Noticeboard) and toiletries/oral hygiene products (playground side of Canteen). Containers from makeup, beauty and hair products, etc must be cleaned before placing in the recycling bin. Thank you for your support.

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**EARLY CHILDHOOD**

The Parent and Baby Group runs on Thursday afternoon each week of Term. Our aim is to provide a nurturing meeting place for parent and baby holding them in a space of warmth, over a piece of cake, a cuppa, and sharing.

This group is open to babies from newborn to one year of age.

Rosemary, the group leader, has over 20 years of experience in Childhood Education as a mothercraft nurse, pre-school educator and early childhood facilitator. She has training in Steiner Early Childhood Development as well as being a mother.

Everyone is welcome to attend, **12:15pm-2:00pm**
Cost $10 per session

Parent and Baby Group - Rose Hughes - phone 0430 207 577
Early Childhood Coordinator - Jennifer Byrne - 0407 391 482
Last term Lisa Devine spoke to us all about children and technology and predominantly how it affects sleep which in turn affects everything else. We don’t need Researchers to tell us that after people **sleep**, they tend to retain information and perform better on memory tasks. Our bodies all **require** long periods of **sleep** in order to restore and rejuvenate, to grow muscle, repair tissue, and synthesize hormones.

Please don’t forget about what she told us about the experience of our Soul during sleep or about the book entitled **SLEEP** by Audrey E. McAllen who explored Steiner’s research and indications around the nature sleep and dreams. Lisa will be here again this term and working in the classes with children focusing on communication and using the wisdom of our heart to navigate social situations.

Please remember to make appointments with the teachers who have indicated a desire to meet with you the semester one reports.

We have some ‘war on waste’ warriors who are spreading the message of awareness about our litter around school. Please pick up the orange peel, wrapper or ticket that you may see on the ground. Let’s all be aware of our habits and be proactive in bringing it to the attention of those littering and be a part of the solution in picking it up when we see it.

Below is a picture of what was picked up in 4 min around the plaza area this morning:
SAILING NEWS
The Australian Youth Team left the 2018 Youth World Championships in Texas with a silver medal and two bronze medals after an intense final day of racing. Rome Featherstone - Class 12 - received silver this year.

Well done Rome!
CLASS 12 PROJECTS

For my Class 12 Project I am asking the question “How does social media affect our mental health through sleep deprivation, cyber-bullying and depression?” I have found this topic to be quite confronting and disturbing because as a teenager social media and technology is a huge part of my life and those around me. My research has led me to make some changes in my own life - but it is not easy.

For my Project Practical I have created a blog and a Facebook page for parents to engage and as a useful resource hoping to raise awareness of these issues. Please go to:
https://rosalielane0.wixsite.com/mediaandmentalhealth
https://www.facebook.com/Social-media-and-mental-health1600037403394792/

I am also planning to hold a showing of the documentary called ‘Screenagers’, an American film about a parent’s investigation into the use of smartphones, in Williams Hall on Friday, 3rd August. It will be $10 per presale ticket and $15 to purchase a ticket at the door.

Tickets are being sold online via: https://www.trybooking.com/WMLY
To see the trailer for this film please go to: https://www.youtube.com/watch?v=LQx2X0BXgZg

These issues are really impacting all our lives. Please visit these links for more information and to help me with my Project Practical!

Thank you,
ROSALIE LANE.
TRINITY DOLLAS - VISION BOARD WORKSHOP
Over the course of this year, I have immersed myself in the reality that thoughts create and manipulate matter. I have done this through learning about and understanding the law of attraction from a quantum perspective, creating 1m by 2m art therapy paintings every two weeks and hosting vision board workshops.

It is my wish to share my project learnings with as many people as possible, and that is why I will be holding one last vision board workshop for free on the 4th August at 1:30pm-3:30pm in Seekers Place.

Feel free to come down and join me in my Class 12 project experience one last time as we create and learn about the use of vision boards with tea and cakes.

Please call 0499 869 719 to book a place.

Hope to see you there!
TRINITY DOLLAS.

HIGH SCHOOL MUSIC NIGHT

PERTH WALDORF SCHOOL MUSIC NIGHT

WEDNESDAY AUGUST 8
6:30PM

PERFORMANCES BY HIGH SCHOOL STUDENTS IN THE "PLAZA"

2018
Open Tuesday to Thursday, 8:15am-9:30am

We stock all your school stationery supplies, uniforms & bags.
We also have a large range of craft supplies, jewellery, knitted items, cleaning products, salt lamps, essential oil holders, amber teething necklaces, wooden toys, books and Moondust Tooth Powder.

OPEN DAY & FAIR
1. We are now calling for stall holders. Applications can be found outside the office or by email gabz41@hotmail.com. Applications close 5:00pm on Friday, 3rd August.

2. Raffle prize donations - If you have a business and would like to offer a prize for our raffle please leave them in the carriage.

3. We are looking for someone to host some quick children’s yoga classes on the day. You must have your own insurance. We are hoping to have someone do 3-4 20min sessions in the kindy garden. If you are interested please contact Gabby on 0439 919 926.

OPEN DAY MEETING
P&F are having an Open Day meeting tomorrow at 6:30pm. Anyone is welcome to attend.

MAINTENANCE & GARDENING
We are a waste wise school!

We recycle what we use,
Separate things and you should too!
Glass, paper, plastic and tin,
Go in your RECYCLING BIN!

We must start now, we can’t wait,
Quick or it will be too late!

Please do not walk through the car-park when coming and leaving school. Be sure to use our marked paths and avoid walking on any vegetation.

OPEN DAY VOLUNTEERS NEEDED
If you would like to contribute towards your Family Participation Scheme; Open Day is coming up on the 26th August, and weeding and general cleaning volunteers are required to help on the day.

If you are interested and would like a job allocation please contact Heidi Halter on 0427 445 754 or Matt Noakes on 0412 955 005, or see onsite from 8:30am-3:00pm, Monday-Friday.
## Groups/Classes

Participating in any of these activities goes towards Family Participation Hours.

These groups for parents are run or led by teachers or parents. Members of the school community are encouraged to join any of the groups and enjoy the experience of personal growth and learning in this beautiful environment - a great inspiration for our children!

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<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Activity</th>
<th>Contact Details</th>
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<tbody>
<tr>
<td>Mondays, 9:00am-10:15am</td>
<td>Parents and Friends Study Group with Anne Williams (in the Library, no children please)</td>
<td>0424 771 217.</td>
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<tr>
<td>Mondays, 10:30am-12:00pm (fortnightly)</td>
<td>Biodynamic Group with Heidi Halter (in the Playgroup garden).</td>
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<td>Tuesdays, 9:00am</td>
<td>Craft Group with Pixie Stott (outside the Canteen).</td>
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<tr>
<td>Tuesdays, 2:15pm-3:00pm</td>
<td>Eurythmy with Kristina Hamilton (in Williams Hall).</td>
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<tr>
<td>Wednesdays 9:00am</td>
<td>Adult Singing Come and join Claire Williamson and discover your inner voice (in the Music Office).</td>
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<tr>
<td>Fridays, 9:00am-9:45am</td>
<td>Listening Circle with Bruce Lee - the Administrator (in the Library). Come in for a conversation, concern, query or just to listen.</td>
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<td>Saturdays, 1:00pm-4:00pm</td>
<td>Waldorf Wood Workers with Christian Geyer (meet in Plaza)</td>
<td>0409 267 178.</td>
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### PARENTS AND FRIENDS STUDY GROUP
- with Anne Williams.
- Mondays, 8:50am-10:15am in the Library.

The Anthroposophical study group for parents and friends meets on Mondays from 8:55am to 10:15am in the Library. No children please. For further information contact Anne Williams, 0424 771 217.

### BIODYNAMIC GROUP
- with Heidi Halter.
- Fortnightly on Mondays, 10:30am-12:00pm.

You are warmly invited to join us on Monday, 6\textsuperscript{th} August from 10:30am til 12:00pm.

We will be bringing warmth and light to the school gardens through our Biodynamic Silica preparation. You will be able to take some of this home for your own garden.

Please note our change of venue, for this term we will be meeting in the Kindy 4 garden, please enter via the gate near the playgroup entrance. A gold coin donation is appreciated.

If you have any questions please phone Heidi on 0427 445 754.

### SCHOOL NOTICES

School notices are strictly for members of the school only and may consist of: lost and found items, items for sale (student/school related), and classes/lessons within the school, etc. Please restrict your notice to two lines (this is free of charge). School notices will appear in this section for two weeks. If you would like the ad to appear for longer, please contact the Fabulum on 9417 3658 each week. Thank you.

**CELLO WANTED** - Needing a 3/4 Cello for student in Class 6. Interested in purchasing second hand or hiring. Please contact Angela Wellman on 0418 894 482. Thanks.

**PIANO LESSONS** - Are you eager to play the piano? I have completed Gr 8 and Cert piano exams, and currently doing Diploma (AMusA). I’m a music student at SMC, located in Bibra Lake. Competitive rates! Gwyneth 0420 433 691 gwychua@hotmail.com
COMMUNITY NOTICES

Community Notices are for members of the school’s community only and may consist of: business adverts, producers, services, items for sale (non-school related), etc. keeping in mind that they need to be consistent within our schools’ ethos. Please restrict your notice to two lines (this is free of charge). All Community Notices will appear in this section for two weeks only. If you would like a ¼ page advert, a $10 fee is required and will only appear in Week 2 and Week 8.


TOUCH ALCHEMY: Esalen Massage & Bodywork is an integrated bodywork experience - flowing fluid, bespoke and healing. Appointments on Thurs at 22 Gwilliam Drive (next to Tamara Yoga), other days at South Freo. Agnes 0405 095 088.

SKIN CARE CONSULTATIONS FOR TEENAGERS - 45 min consultation, going through all anthroposophical products and life style advice for clear skin $20. Teens facial - cleanse, healing massage, clearing mask; 45 min $55. Mo-Fri; Sat morning. 0450 819 116.

SHORT-TERM RENT - 2 bedroom house in Kardinya for rent, furnished, with undercover car port. Close to PWS. can be rented for 9 weeks, from 21st August to 25th October. Would suit working person; sorry not suitable for pets. Call Si 0450 819 116.

SWEET LITTLE SOULS CLOTHING - Final Clearance Sale! All baby, kids and adults organic merino clothing reduced! Find us at www.sweetlittlesouls.com.au or Growers Green market Sunday; 5th August.

WORKSHOP - DIY non toxic personal products workshop (free). Learn how to make non-toxic personal products, including lip balm, body butter, deodorant and air freshener. Using only pure and natural ingredients. Freo - Sat, 4th Aug. Ph 0429 311 114.

GIRLS PROGRAM - Wild, Wise and Worthy Girls’ Circle (ages 9 - 11) 8-week program starting in Bibra Lake from Tuesday, 31st July. Please visit https://www.facebook.com/girlscircles/ for more details or call Karen 0404 044 999.

NON TOXIC MAKEUP - by Savvy Minerals - Come along to a free colour matching session by a professional makeup artist and feel the difference on your skin. For bookings phone April 0413 159 815.

PACIFICA

College of Eurythmy

Announces

A full-time eurythmy training
Commencing February 4th, 2019.

The full-time eurythmy training will be based in Brisbane, Australia.

The training will be carried by a circle of eurythmists including Jan Baker-Finch, Elien Hoffmans, Liz Nevieve, Patries Orange, Josefin Porteous, Sue Simpson and Diane Tatum.

Guest teachers will be invited to offer a range of courses.

The training duration will be four years. The years will be divided into four 8-week terms and classes will run Monday to Thursday 8:00am-3:00pm, Friday, 8:00am-12 noon.

In 2019 the training will be hosted by Samford Valley Steiner School, Narrawa Drive, Wights Mountain, Samford. (25 minutes from Brisbane).

Fees and more details about the program will be released in August.

We are currently investigating various forms of financial support for students.

For enquiries and expressions of interest please email: janbakerfinch@gmail.com and write Pacifica College of Eurythmy in the subject line.
Melbourne Rudolf Steiner Seminar
Teacher Training in Rudolf Steiner Education.

What is Steiner education?
Do you want to become a Steiner teacher?

Information evening for enrolling in 2018
Tuesday 7th August 2018 7.30p.m.- 9.00p.m.

Full time study in 2018

Join us on Tuesday 7th August from 7.30-9.00 p.m. at the Melbourne Rudolf
Steiner Seminar to learn about our full-time accredited course, the Advanced
Diploma of Rudolf Steiner Education (course code 305 27 NAT CRICOS 07135B).

Hear from graduates about their experiences, meet staff, get a feel for the
beautiful campus, and find out about the rewarding career and ample
employment options that await - there is a great demand for professionally
trained Steiner teachers in Australia and overseas.

Our full time course, based upon the philosophy of Rudolf Steiner is aimed at:

- individuals seeking to become a qualified registered teacher, in order
to work in both Steiner schools and/or the mainstream sector;
- practising teachers wanting to shift their career, to work in a Steiner
  school.

This course offers a pathway to a Bachelor of Education at Australian Catholic, Deakin
and Charles Darwin Universities and the University of Technology in Sydney.

This is an accredited two year full-time course. VET Student Loans and
Austudy are available for eligible students.

Where: The Melbourne Rudolf Steiner Seminar

37A Wellington Park Drive, Warranwood, 3134,
less than 10 minutes from the Ringwood exit of the Eastern
Freeway and EastLink.

Please email us to confirm your attendance:
Email: office@steinerseminar.com
Phone: 03 9876-5199

Further information: www.steinerseminar.com
Join us for an exceptional opportunity to explore and deepen what Anthroposophy means in daily life.

A weekend in conversation with our special guests, two leaders of the Anthroposophical movement from the Goetheanum,

**Bodo von Plato and Constanza Kaliks**

exploring themes of Heart Thinking:
'Perceiving with the Heart'
'When Knowing Becomes Love'

Point Walter, PERTH
from 5pm Thu 16 Aug - 3pm Sun 19 Aug 2018

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<th>3 DAY CONFERENCE OPTIONS</th>
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<tr>
<td>Full conference + accommodation:</td>
<td>$421.50</td>
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<td>all meals, morning &amp; afternoon teas</td>
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<td>Full conference: lunch, dinner, morning &amp; afternoon teas</td>
<td>$346.50</td>
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<tr>
<td>Full 3 days to 5pm: lunch, morning &amp; afternoon teas</td>
<td>$264</td>
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<td><strong>SESSIONAL OPTIONS</strong></td>
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<tr>
<td>Morning session incl morning tea</td>
<td>$33</td>
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<tr>
<td>Lunch</td>
<td>$22</td>
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<td>Afternoon session incl afternoon tea</td>
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<td>Dinner</td>
<td>$33</td>
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<tr>
<td>Evening session</td>
<td>$22</td>
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Check out the workshops & speakers & make bookings at:

www.asc-au.com
LIFE MAPPING

charting and exploring your Biography.

Life is itself a path of initiation which becomes more meaningful when it is lived in full consciousness, in a way that can be achieved through working on one’s biography.

(Burkhard, G. Biographical Work: the Anthroposophical Basis. 2007).

Biography Work through Life Mapping provides a way of remembering life phases (septennials or 7 year phases) and uses artistic exercises to illuminate these memories. After five weeks each participant will have a chart of main life events as a basis for further development. Conversation, creative writing, drawing and movement allow the workshops to be interactive, engaging and heartening.

Wednesday, 22nd August - Wednesday, 19th September.
7:00pm-8:30pm.

Course fee: $100 or $80 Concession.

West Coast Steiner School, 15 Mayfair Street, Nollamara.

For more information visit http://www.rudolfsteinercollege.com.au
Contact: Dale Irving docirvo7@bigpond.com  0400 959 050
VacSwim 2018

With swimming pools and beaches a big part of the Western Australian lifestyle, ensuring your children can swim competently and safely is essential.

You can now enrol your children in VacSwim swimming lessons during the October and December/January school holidays.

VacSwim is for all children - from beginners to more advanced swimmers and young people doing their Bronze Medallion. Your children can start as young as five years old.

Your children can join in the fun of learning to swim at pools and open water venues across the State.

Enrol your children in VacSwim now at: education.wa.edu.au/swimming

Bali Charity Benefit and Book Launch

Hi, I’m PWS Parent - Shaktima (Class 6) and I, along with creative generous friends are hosting the book launch of my new novel ‘Love, Life and Tea’ (pen name Nirmala Drishti). We would love it if you and the PWS community and your friends joined us for this glorious evening that’s proceeds go to the Carolia Charity, to help raise money to meet basic needs of food and amenities for a free hospice in Bali that care for patients undergoing treatment for cancer.

The night will be full of simmering tea (from ‘Tea Wisdom’) and mamma’s cakes along with soul-full ‘entertainment’ (featuring Jaya and others) and live background music (a surprise!). A beautiful opportunity to come together and immerse ourselves in what matters the most; family, friends, community and deep heartfelt connections of sharing and caring. We hope very much you support this worthy cause and see you there for a magical enlightening evening!

Where: Fremantle Yoga Centre, Door 4, E-Shed, Fremantle.
When: Saturday 11th August at 7pm.

Tickets: $25 at the door. Or $20 from Eventbrite

(Search Eventbrite - “Book Launch for 'Love, Life and Tea' and Bali Charity Benefit”).
Limited Tickets available. Ticket price includes tea, cake, entertainment and open hearts...
Need a Ceremony or help with one?
Registered Marriage, Funeral Celebrant, Death Walker and Reiki Master.
For Rites of Passage from Womb to Heaven.

Contact Penny Champ (PWS Librarian/Class 12 Project Coordinator) on:
0414 654 212
or penelopechamp@gmail.com

Happy also to give advice if you wish to create your own ceremony.

10 PEOPLE ALREADY BOOKED!!!
### Winter Menu for Term 3

#### Daily specials (must be ordered):

<table>
<thead>
<tr>
<th>Day</th>
<th>Specials</th>
<th>Price ($)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Pasta with hearty vegetable sauce (vegan available).</td>
<td>$5.00</td>
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<tr>
<td></td>
<td>Pasta with beef bolognaise sauce.</td>
<td>$5.50</td>
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<td></td>
<td><em>Gluten free pasta must be ordered (50c extra)</em></td>
<td></td>
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<tr>
<td></td>
<td>Beef sausage in wholemeal bread</td>
<td>$2.00</td>
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<tr>
<td>Tuesday</td>
<td>Vegetable curry and rice (GF and vegan).</td>
<td>$5.00</td>
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<tr>
<td></td>
<td>Chicken and vegetable pie, vegetable pie, chicken korma pie, or chunky beef and vegetable pie.</td>
<td>$5.00</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Vegetable chilli served with rice, corn chips, natural yoghurt and cheese (GF) (vegan available).</td>
<td>$5.00</td>
</tr>
<tr>
<td></td>
<td>Beef sausage in wholemeal bread</td>
<td>$2.00</td>
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<tr>
<td>Thursday</td>
<td>Pumpkin and spinach lasagne (hand made spelt pasta)(vegan).</td>
<td>$5.00</td>
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<td>Cottage beef and vegetable pie topped with mash potato (GF).</td>
<td>$5.50</td>
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<tr>
<td>Friday</td>
<td>Beef burger with salad (GF available) or tempeh burger with salad (GF available).</td>
<td>$6.00</td>
</tr>
</tbody>
</table>

#### Available everyday (items with a ★ must be ordered):

**Savoury:**

- ★Veggie roll (GF). $5.00
- ★Beef pie (GF). $5.50
- Soup of the day (GF). $4.00
- Spinach and ricotta rolls. $4.50
- Cheese and tomato toasties. $2.50 ★Gluten free $3.00
- ★Ham, cheese and tomato toasted sandwiches. $3.50 ★Gluten free $4.50
- ★Pizza - vegetable or meat. $3.00
- Boiled egg. $1.00
- Popcorn. 50c

**Sweet:**

- Cakes (assorted variety) $3.00
- Bliss balls from $1.00
- Cookies from $1.00
- Fresh fruit from 50c
- Icy Poles (primary only after school) $2.00

**Drinks:**

- Flavoured Bannister Downs punches (primary only after school) $2.50
- Slushies’ refund of 50c on return of small cup
- Juices Sm $2.50 / Lg $4.00
- Coconut water Sm $3.00 / Lg $4.00
- Fresh coconuts (when available) $4.50
- Plain Milk Sm $1.50 / Lg $2.50
- Hot Chocolate Sm $3.00 / Mug $3.50 / Take away $4.50
- Ice Chocolate Mug $3.50 / Take away $4.50
- Coffee Mug $3.50 / Take away $4.50
- Long Black Mug $3.00 / Take away $4.00
- Tea Mug $2.00 / Take away $3.00
- Herbal Tea Mug $2.50 / Take away $3.50

*Almond or coconut milk extra $1.00

**Bring your own take away cup for 50c discount!**