**TERM 2**

**MAY**
- Wed 9: C5 Parent Teacher Meeting - 6:30pm
- Thur 17: H5 Parent Teacher Interviews - 12:30pm-6:00pm
- Thur 17: Cedar House Parent Teacher Afternoon - 1:00pm
- Thur 17: C1 Parent Teacher Meeting - 6:30pm
- Thur 17: C3 Parent Teacher Meeting - 6:30pm
- Thur 17: C4 Parent Teacher Meeting - 6:30pm
- Tues 22: Star Room Parent Teacher Meeting - 6:00pm
- Wed 23: Rainbow Room Parent Teacher Meeting - 7:30pm
- Thur 24: C2 Parent Teacher Meeting - 6:30pm
- Tues 29: C3 Eurythmy Performance in Williams Hall - 6:00pm
- Thur 31: C10 Play

**JUNE**
- Fri 1: C10 Play
- Fri 1: Early Childhood and Primary PUPIL FREE DAY
- Mon 4: PUBLIC HOLIDAY (WA DAY)
- Tue 5-Thur 7: C9B Boshack Camp
- Thur 7: High School Journey
- Thur 7: C6 Eurythmy Performance in Williams Hall - 12:00pm
- Tues 12: SCHOOL TOUR - 9:00am-10:00am
- Mon 18-Wed 20: C9A Boshack Camp
- Thur 21: WINTER FESTIVAL
- Fri 22: H5 PUPIL FREE DAY
- Sat 23: Rainbow Room Winter Festival
- Thur 28: Elective Drama Performance
- Fri 29: Elective Drama Performance
- Fri 29: LAST DAY OF TERM 2

**TERM DATES**
- Term 2 - Tues, 1st May - Fri, 29th June
- Term 3 - Mon, 23rd July - Thur, 20th Sept
- Term 4 - Mon, 8th Oct - Thur, 13th Dec (half day)

**IN THE LIGHT OF A CHILD**

My will is filled with fire and might:
As days grow shorter, it burns bright!
I face the world, I have no fear.
And many things become more clear.
For though there’s much that I don’t understand yet,
I seek for light.

-Michael Hedley Burton

---

**STUDENT ABSENCES:** Please let the office know by 8:30am.
**Telephone:** 9417 3638

**PABULUM INFORMATION:** Pabulum contributions need to be emailed to pabulum@pws.wa.edu.au by 2:15pm Thursdays.

To view Pabulum as a PDF, go to www.pws.wa.edu.au

To receive the link via email, please send a request to adminpws@pws.wa.edu.au

Don’t forget to join us on Facebook - Perth Waldorf School
FROM FINANCE

SCHOOL FEES ARE NOW DUE - Term 2 Due Date: Friday, 11th May, 2018.

<table>
<thead>
<tr>
<th>CREDIT CARD/ONLINE PAYMENT</th>
<th>ELECTRONIC FUNDS TRANSFER</th>
<th>CHEQUE AND CASH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Payments by Credit Card can be made by visiting the Bpoint website: <a href="https://www.bpoint.com.au">https://www.bpoint.com.au</a></td>
<td>Payments by Electronic Funds Transfer (EFT) can be made to the school’s banking details as follows:</td>
<td>Payments by cheque can be made payable to Perth Waldorf School. Please have a copy of your statement attached when mailing your cheque.</td>
</tr>
<tr>
<td>Biller Code: 147 2133</td>
<td>Account Name: Perth Waldorf School BSB: 066 000</td>
<td>Postal Address: PO Box 1247 Bibra Lake WA 6965</td>
</tr>
<tr>
<td>Reference: Family Code</td>
<td>Account Number: 1205 1015 Commonwealth Bank Perth</td>
<td>Cheques and Cash Payments can also be made during office hours at the School Reception.</td>
</tr>
<tr>
<td>Phone payments can also be made by calling Reception on 9417 3638 during Office Hours.</td>
<td>Reference: Family Code</td>
<td>EFTPOS terminal also available</td>
</tr>
<tr>
<td>We accept VISA and MASTERCARD.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

A late payment fee will apply to all accounts not paid by the due date. This does not apply if you have a payment plan arrangement in place.

UN-REFERENCED PAYMENTS
The Finance Department have received many payments without Family Code’s with the following details:

- Thursday, 1st February, 2018 - $60.00
- Thursday, 1st March, 2018 - $60.00
- Tuesday, 3rd April - $60.00

If you believe any of these payments were made by you, please contact the Finance Department at account@pws.wa.edu.au.

TERM 2 FEES
Term 2 fees have been emailed early April. If you have not received your invoice please see reception.

In previous years, fees were billed during the school holidays. In 2018, fees will be billed in the latter half of each term for the upcoming term. The reason for this change is to provide additional time for families to pay their school fee account.

Please note that the due date remains the same (Friday of Week Two of each Term).

Term 2 fees are due on 11th May. If you have any queries, regarding your account, please email Tracey O’Neil on account@pws.wa.edu.au or phone 9417 3638. Thank you.

GENERAL NEWS

VACCINATIONS
For families who have opted to participate, vaccinations for Classes 7, 8 and 10 will be on Wednesday, 23rd May and Tuesday, 29th May. Please return the completed vaccination forms to the Front Office as soon as possible. If you need a replacement form please see Melanie at reception. Thank you.

SCHOOL TOUR
Our School Tour will be on Tuesday, 12th June, 9:00am-10:00am.

Come along to view our Classrooms and explore our school’s grounds. This is a wonderful opportunity to get to better understand our school’s ethos and meet some of our wonderful families and staff. A light morning tea will be provided with discussions after the tour.

If you are wanting to attend please contact reception (9417 3638) to book a place. We hope to see you there!
THE FAMILY PARTICIPATION SCHEME
Parents please be aware that all Family Participation Schemes (FPS) for Semester 1 are due back at the end of this Term (Friday, 29th June). If you have not got a FPS form one is attached to the back of this Pabulum, and some are available outside the Front Office.

If you want more information on how the FPS works and how to participate you may collect this information from the Front Office.

BUS PASSES
A reminder for parents; if your child catches the School bus for the Hills Run or Cockburn Central, please purchase vouchers for Term 2 by completing a Bus Service Form, if not done so already. Forms are available from the Front Office, on our website and there is a copy attached inside this Pabulum. All forms need to be completed and handed in as soon as possible. Thank you.

A WINTER FESTIVAL REQUEST
As days grow shorter and nights grow colder, we begin to move into the mood of quiet, inner contemplation leading towards the Winter Solstice and planning is happening throughout the school towards our Winter festival.

A big part of the Festival is the Winter spiral, created each year with earth, flowers, candles and glass jars. It takes many glass jars to create the Spiral and so I am sending out a request for any Mexican salsa jars you may have in your clean jar collection that you could donate to a good cause. If you could remove the labels before bringing them in I would be truly grateful.

With thanks,
Sarah Boyle - Festival Co-ordinator

EXPRESSION OF INTEREST
Perth Waldorf School website re-build.

PWS has decided to investigate in the re-build of their current school website. We are seeking an experienced web developer to undertake this project.

The design of the website should be sympathetic to the anthroposophical background of the school as well as give the visitor a concise overview of Perth Waldorf School and Steiner Education.

Visitors to the new website should be able to have access to the following content:

- Overview of the curriculum
- Overview of community activities
- Image and video galleries of past work of students
- Event and resource blog
- Online enrolment forms with payment facilities
- Current available positions
- Staff overview
- Email subscription form

The new website will need to offer the following key functionalities to visitors and staff of the school:

- Easily accessible on Desktop and mobile devices
- All content needs to be updateable via a user friendly Content Management System
- E-commerce and online form submissions
- Email subscription set-up

The successful applicant must meet the following minimum criteria:

- After an initial meeting be able to articulate the total cost of the re-build and the ongoing cost to the school of support and maintenance.
- Minimum of 3 years industry experience with building corporate/educational websites.
- Experience with user experience and web development for mobile devices.
- Experience with handling Content Management Systems and E-commerce.
- Basic understanding of Steiner Education.
- Willing to work with the school’s I.T. company and demonstrate flexibility in that process.

Expressions of interest should list previous experience, provide examples of other work and address the minimum criteria. Please forward an expression of interest to Diane Smith at dsmith@pws.wa.edu.au by Monday, 21st May, 2018.
CONGRATULATIONS!

Perth Waldorf School would like to congratulate our Class Two teacher Judith Herrmann and her partner on the safe arrival of their beautiful baby boy Pete, born on the 6th April.

Judith notified us of this wonderful news, saying she is overjoyed and can not wait for PWS to meet him. Baby Pete loves sleeping under his beautiful blanket knitted by the Class 2 students (see picture to the right).

We wish Judith all the happiness and luck for the future!

We would also like to congratulate another Class Two teacher, Julie Penin, on the announcement of her pregnancy. We wish Julie the best of luck for the future arrival of her baby!

EARLY CHILDHOOD

The Parent and Baby Group runs on Thursday afternoon each week of Term. Our aim is to provide a nurturing meeting place for parent and baby holding them in a space of warmth, over a piece of cake, a cuppa, and sharing.

This group is open to babies from newborn to one year of age.

Rosemary, the group leader, has over 20 years of experience in Childhood Education as a mothercraft nurse, pre-school educator and early childhood facilitator. She has training in Steiner Early Childhood Development as well as being a mother.

Everyone is welcome to attend
Cost $10 per session
12:15pm-2:00pm

Parent and Baby Group - Rose Hughes - phone 0430 207 577
Early Childhood Coordinator - Jennifer Byrne - 0407 391 482
FROM THE CO-ORDINATOR
Welcome to Term Two for all our children and families. This year, our Autumn is bringing its surprises, along with the known rhythms of planting time, raking time, raincoat time, and the children are digging, always digging.

Cedar House renovations have begun, and we are grateful and excited; looking forward to having a renewed and upgraded learning environment. Cedar House children have made their move down to the Rose Room, and are getting used to the different spaces and equipment there. Their garden playground is shared with the Rainbow Room children, so closer social relationships can be fostered as we shift our camps.

Rose Room children have begun their Bush Kindy experience, and the radiant faces on the teachers and the students as they return each afternoon speaks of the joy it has brought. Such a big thank you to all who have assisted this initiative. It has been a big ask for parents, teachers, assistants, grounds staff, faculty and administration. Wonderful it is to witness and be part of the magic of team spirit.

Each Kindy room will have its own parent night this term (see dates below). Full attendance at every parent night is our aim, so that these meetings will truly become a foundation for your child’s Steiner education.

Cedar House - Thursday, 17th May at 1:00pm.
Star Room - Tuesday, 22nd May at 6:00pm.
Rainbow Room - Wednesday, 23rd May at 7:30pm.
Rose Room - Date to be advised in the Kindy tent.

Happy days,
Jennifer Byrne - Early Childhood Co-ordinator

PRIMARY SCHOOL

REMINDERS FOR THIS WEEK
Wednesday, 9th May - Class 5 will be having a Parent Teacher Meeting at 6:30pm. Parent Teacher Meetings are wonderful opportunities to discuss with your child’s teacher about how your child in progressing and behaving at School, as well as to better understand what they are currently learning in the classroom.

FROM THE CO-ORDINATOR
As a school we will be working much more closely with our local elders this term. In Primary school we will be running the Yelakidj Koondarm Nyungar Language Programme.

Evelyn Mischer our German teacher is on long service leave this term so the German lessons have become the Cultural studies sessions.

(continued over next page...)
Aunty Betty will be teacher to Classes 1 and 2, Aunty Chelsea will be teacher to Classes 3, 4 and 5 and Auntie Marie will be teacher to Class 6 and 7.

Marie Taylor who is the main Elder I have been working with, may also be working with the Class 7’s on their dot paintings, during their ‘Explorers’ history main lesson and with the play which Miss Trish’s Class Wardong will perform this term. Marie has created a programme of lessons which will expose the children to Nyungar language, story, music and dance. They will learn the flora and fauna on our school site and around the lake by way of excursions and will learn their traditional names and their uses.

We are all very excited about this new venture.

Brush up on your Nyungar! Each week I’ll attach a glossary of words taught.

**Glossary of Nyungar words:**
- Nyungar - person, people
- Beeliar - land, earth, country
- Kura - a long time ago
- Waakal (wauagal) - Nyungar rainbow serpent
- Kardup boodjar - under the earth
- Moort - family
- Koillie - boomerang
- Balga - grass tree, xanthorrhoea
  - koorl - smoke
  - Karl - fire
- Yonga - kangaroo

Over the years, diet and exercise have become a huge part of our every day lives. The more we hear about diabetes, obesity and other health-related challenges, our natural instinct is to become more active and eat healthier foods to help our bodies. We are constantly trying to build, strengthen and sculpt our bodies to be stronger, healthier people.

However, sometimes we fail to remember how important it is to help our children build and strengthen their muscles as well. Research has shown there is a correlation with a child’s core muscle strength and how they learn in the classroom. Something as simple as poor posture, a weak back and stomach, fragile arms, and frail hands and fingers can all relate back to how your child memorises facts and retains information, speaks and expresses themselves. If a child doesn’t have enough strength to lift their head to copy notes off the chalkboard at school, how can they learn? Now many of you may think “what child doesn’t have the strength to look at the chalkboard,” but you’d be surprised at how many students we see on a daily basis who slouch in their chair, lay on their table and don’t even have enough muscle tone to bend over or balance on one foot. That is why we continue our dedicated efforts to creating more awareness of this.

**How to recognize signs of poor core strength**

The *Core Strengthening Handbook* talks about the signs and symptoms you may see in your child if they don’t have the core muscle strength they need for learning. Some of the signs include the following:

- Poor posture (also a sign of retained primitive reflexes, which could cause developmental delays)
- Slumping
- Fidgeting
- Poor balance and coordination
- Hands and fingers have trouble with writing letters and numbers
- W-sitting
- Difficulty putting on shoes and socks because they aren’t strong enough to hold up the trunk of their body

In addition, other activities like the *crab walk* are included in the handy handbook to help your child develop the core muscles in your child’s legs, arms and torso. Extra Lesson exercises are targeted and graded to build core muscle as well as so much more. If your child is being offered Extra Lesson please support the home programme.

Lisa Payne - Primary Co-ordinator
CLASS 3 PAINTINGS

Class Three's most recent water colour paintings are of the fiery forge of Thubal-Cain. He was a son of Cain in the Old Testament stories. Cain loved the soil, the sturdy trees and the rocks. Using stones and clay he built an oven and fired it up to such heat that he could soften and shape iron from the earth. His smithy became a cave with an iron anvil in the centre, on which he fashioned hoes and hammer heads for the farmers in the surrounding fields.

Can you see the sparks and feel the heat and force in the paintings?

Wendy Cole-Baker - Class 3 Teacher

CLASS 7 (WARDONG) - VEHICLE INVENTION USING SIMPLE MACHINES

After three weeks of studying Simple Machines- lever, pulley, inclined plane, screw, wedge and wheel and axle, the children embark on an invention of their own.

Having sailed for a week in the Southern Ocean they had become familiar with the power of the wind and the use of a sail. They had learnt about tacking and jibing in negotiating a current of air and they realized that placing a sail on wheels combined with a breeze can result in a moving vehicle.

Thus, the day is set and the students have a couple of weeks to design and make a ‘car’. Excitement grows as the inventions begin to arrive into class. A close study of each one is made, somewhat surreptitiously, deducing its potential in a ‘race’. Some quickly make changes to their design, adjusting the sail, raising the wheels, fixing a ‘rat trap’ to the back to act like a catapult. The ‘car’ that used balloons and straws to perform like a fuel injection was a strong contender to win.

On Race Day the verandah was cleared and chalk lines were drawn to outline the track. Two fans were set in place behind the cars. Students from both class sevens became an enthusiastic audience, cheering and shouting encouragement.

A series of heats were run with three cars in each race. When the Grand Final was held, sure enough the vehicle first to the finishing line was the 'Balloon Car'. Well done Tahlia!

It was magnificent fun!

(See over next page for photos...)
**CLASS 7 (KULBARDI) - GEOMETRY IN NATURE**

“The lines and forms are visible signs of divine gestures. Learn to understand them and you will comprehend how God created the world” - Filippo Brunelleschi (1377 - 1446).

Last term both Class 7’s delved into the magical world of the Geometry and Nature Main Lesson. The students were led to discover and recreate the hidden geometry which lies within many exquisite natural forms, such as leaves, honeycomb and shells. Here is a selection of work from Class 7 (Kulbardi) who were challenged to create a flower or leaf using some geometrical principles they had learned during the Main Lesson block.

Kevin Mazzer - Class 7 (Kulbardi) Teacher
PRIMARY CRAFT
HIGH SCHOOL

PARENT TEACHER MEETINGS
Next week, on Thursday, 17th May, parents will once again have the opportunity to book short appointments with individual staff members in order to discuss their child’s progress and engagement at school. Details on how to book appointments will be sent out shortly.

REVISITING CLASS 8B DWELLINGUP CAMP
Last term, in week 10, Class 8B went on their four day expedition to Nanga Mill in Dwellingup. The students got to participate in many team building activities, some of these included mountain biking, high ropes and water rafting. Below and over the next page are some photos from their action packed adventure.
In Term One the Class 11 English group focused on Australian identity and wrote satirical opinion pieces. I would like to share some of these with you.

Pamela Moore - High School English/Literature Teacher

WINTER TIME WOES.

With the end of Summer truly coming, the gentle, passive, almost non-existent breeze that is Autumn politely knocks on our door and waits an extra two months for summer to finally give it a chance to come in. Matthew Brennan writes on the mysterious creatures that are the citizens of Perth in the Winter months.

These foreboding times quite clearly show the two opposing forces of the City of Perth’s population. Some people counting down the days till the weather finally cools down enough for them to wear clothes that can actually cover them without being hospitalised with heatstroke. And others heading to their favourite chain store taking advantage of the end of Summer sales, buying more swimwear and shorts, as they are not “A bunch of pussies,” and are clearly not affected by the cold Winter days. The “tougher” of the two forces quite often slandering and abusing those who enjoy wearing Winter based clothes and enclosed shoes. One tradesman by the name of Darrel Jones, 46, has grown so sick of seeing the “spineless geese” he has begun a petition to ban Winter wear within the city’s Central Business District.

This movement has appalled and disturbed many citizens, most of whom “just prefer the Winter fashion.” Scarf advocate and social influencer, Tiffany James, 23, had a few things to say towards Darrel on an angry Instagram post “How dare you tell people what they should and shouldn’t wear and when. Men truly are the scum of the earth #equality #girlpower #skinnytea, etc.” Meanwhile, Darrel continued mocking those who actually get cold during winter and bullying the apprentices on his worksite.

When interviewing citizens, the general consensus discovered was that most people don’t know about the struggle between the two ideologies, and most don’t care enough to look into the subject at hand. Many even commenting on the fact that it sounds so absurd it may have even been made up by a school student.

Yet, even without the public’s support, the “Bintang” tank top tyrants will continue to terrorise the people of Perth who feel the effects of Winter. This provides the new question, how are the chill-feeling, feet-freezing, and most importantly scarf-wearing people of our lovely city going to react to such degradation and terror? Are they going to retort with more anger than that of Tiffany James, or are they just going to curl up in a ball on a cold Winter’s night an watch a film with their loved ones? My guess is the latter.

CLASS 12 PROJECTS

The year is flying by and the more serious deadlines are looming for our Class 12s and this energy is palpable among the Class 12 group. Please hold them in your consciousness - it is a big process and very daunting at times. Your thoughts and good wishes really do help, even from afar, in holding them in this space. It means a great deal to students and staff knowing that we have such a caring and supportive community behind all we do.

In just six weeks the proof read draft of the Project Essay or Report is due. This is a written piece of 3,500 to 4,500 words. Many of our students live so fully into their topics that it can be a real mission just to keep to the 4,500 words! Please find below a list of our topics for 2018. Please keep in mind that some are statements and still in the process of becoming a question and some questions will evolve a little over time. Once again it looks to be a very enlightening, educating and inspiring year.

- What is the importance of all ability sports in the development of young children with additional needs?
- How has the treatment of mental health developed through history?
- What is biomimicry and why should it be a part of the way we design our future?
- Psychology in sports
- Depression is a growing problem in Australia particularly in male youth. How much does diet/exercise play a part in it?
- How climate change affects wildlife in Australia?
- Is Australia an adrenalin culture?
- The future of transport and its potential impact on society, the economy and the environment.
- What is Bitcoin and how can its technology be implemented in the future?
- Film Perspective
- The Future: Artificial Intelligence, longevity and space travel.
- How has modern technology impacted our freedom and can we be free in today's society?
In many cases of severe injury people are able to redevelop lost muscle memory. How does motor learning and muscle memory develop through early and advanced stages of life?

Can noise be harmful?

How do graphic designers use colour, imagery and iconography to summarise what a company does to influence and develop a brand identity?

Ethical Investment: Why should we look to invest ethically and can it match or out perform more traditional sectors?

Japanese culture

How did tap dancing and jazz drumming influence each other throughout the era of jazz?

What is the experience of a Muslim Women in 21st Century Australia?

What are the benefits of urban green spaces for humans and the environment and what can we do to harness them?

Sexual harassment and assault rates are rapidly rising in Australia. What are the consequences for women and what can we do to fight this cultural battle?

How does the mind create reality?

Does practice really make perfect and is there such a thing as ‘perfect’ in art?

How does social media affect our mental health in today’s modern technological worlds? And are we addicted?

Affluenza: the social disease caused by over-consumption and rampant materialism. Is the cure to this malaise simple living and gratitude?

How does exercise prevent and overcome disease?

What are the psychological and social struggles men face from our cultural definition of masculinity?

What influenced the development of Colombian music?

How possible is it to live a waste free life in today’s society?

Everything that lives moves in rhythm. So what happens when we lose that rhythm?

Asylum seekers and refugees.

Are horses a throw away item in Australia?

Penny Champ - Class 12 Project Co-ordinator

Trinity Dollas

Hi my name is Trinity Dollas and for my Class 12 Project I will be exploring the question ‘How does the mind create physical reality?’ I will be looking at how the mind through thought creates physical reality by marrying up the quantum laws and the law of attraction. For my Practical Component I will be creating a 10 meter painting as a long term personal art therapy exercise and also presenting vision board workshops. Please join me for my first workshop:

VISION BOARD WORKSHOP
Saturday, 12th May, from 2:00pm until 3:30pm, in Seekers Place.
This session is free of charge. Tea and biscuits will be supplied.
Booking is essential.
Please text Penny Champ on 0414 654 212 to book your place.

Matilda Dennis

Dear readers, I am a student at Perth Waldorf School in Class 12, my name is Matilda Dennis. For my Class 12 Independent Project I will be exploring the question: “Sexual harassment and assault rates are rising within Australia. What are the consequences for women and how can we fight this cultural battle?” This year I will be delving into the serious issues that women face, around discrimination, harassment and assault and looking at how we can raise our young girls to be further empowered and stand up for their rights.

I am looking for women to interview, who are interested in telling their stories about personal experiences with sexual harassment and assault. I am seeking women with various backgrounds and versatile stories, from mothers of victims to sisters, friends and to those who have experienced sexual harassment and assault first hand. These conversations will be anonymously recorded as you wish.

If you are willing to share your story please email me on: tillie2000@gmail.com

Thank you - Matilda Dennis
Rosalie

For my Class 12 Project I am asking the question “How does social media affect our mental health in the modern technological world and are we addicted?” I will be researching social media and cyberbullying, technology and sleep deprivation, depression and anxiety as well addiction. I have found this topic to be quite confronting and disturbing because as a teenager social media and technology is a huge part of my life and those around me. My research has led me to make some changes in my own life - but it is not easy.

For my Project Practical I have created a blog and a Facebook page for parents to engage and as a useful resource hoping to raise awareness of these issues. Please go to: https://rosalielane0.wixsite.com/mediaandmentalhealth
https://www.facebook.com/Social-media-and-mental-health-1600037403394792/

I am also planning to hold the showing of the documentary called 'Screenagers', an Australian film about a parents investigation into the use of smart phones, in Williams Hall in early August - details to be confirmed. To see the trailer for this film please go to: https://www.youtube.com/watch?v=LQx2X0BXgZg

These issues are really impacting all of our lives. Please visit these links for more information and also to help me with my Project Practical!

Thank you - Rosalie Lane

MUSIC NEWS

Perth Waldorf School has five outstanding music students in these WA Youth Orchestras. These concerts will be an inspiration to all budding musicians!

WINTER MELODIES

Saturday 9 June 2018

5.30pm Sinfonietta & Collegium
7.30pm Flute Choir & Philharmonic

Saturday, 9th June, 2018,
5:30pm (Concert 1) and 7:30pm (Concert 2),
at St Mary’s Anglican Girls’ School.

Bookings for all tickets are online through Eventbrite.

Join us in celebrating the first semester of music-making by the WAYO Ensembles talented young musicians in the first concert of a varied night of music at St Mary’s Anglican Girls’ School.

Paul Lawrence - Music Teacher
Open Tuesday to Thursday, 8:15am - 9:30am

We stock all your school stationery supplies, uniforms & bags. We also have a large range of craft supplies, jewellery, knitted items, cleaning products, salt lamps, essential oil holders, amber teething necklaces, wooden toys, books and Moondust Tooth Powder.

**VOLUNTEERS NEEDED!**

The Carriage is in need for volunteers to help run the shop. If anyone is available to please contact me on 0439 919 926.

We also look for new products to stock, if you would like to help or have a product you think is suitable please call Gabby on 0439 919 926.

**COLES SPORTS FOR SCHOOLS PROGRAM**

This year Perth Waldorf School will be participating in Coles Sports for Schools program that is currently running. Tickets can be dropped at The Carriage.

**P&F Ladies Clothing Gala**

Next week - Friday, 18th May, 6:00pm

in Williams Hall.

$10 per ticket includes complimentary drink on entry.

**Door Prizes**

**Raffle**

We are collecting clothing donations. Donations can be left at the Carriage.

We are looking for pre-loved clothing, bags, shoes and jewelry. So clear out your wardrobes, embrace minimalist cupboards, ask friends and families for donations.

We hope to see everyone there!
MAINTENANCE & GARDENING

We are a waste wise school!

Our Earth is special, there is just one.
It gives us water, soil, and sun.
People and animals share the land,
Let’s all lend a helping hand!
You can save water, and plant a tree,
Make a better home for you and me.
Recycle things, don’t throw away,
Make every day an Earth Day!

Littering is not acceptable at our school. Rubbish is to be placed in the correct bins provided. Please see Waste Minimisation below for more details on the different bins at PWS and how you can help make our school a Waste Wise School.

Waste Minimisation at Perth Waldorf School - Waste reduction in 2018 will continue to be focused in two aspects of reducing waste to landfill. One aspect is the gradual replacement of some green lid (landfill bins) with yellow lid (recycling bins) and the second aspect is to continue to build Biodynamic compost heaps. Our compost uses onsite waste products including food scraps from Kindy and Primary, wood shavings from PWS Woodwork, and weeds from the grounds. Our vision is to have multiple “same look” recycling stations placed throughout the school. Each station will have a large Recycling bin (yellow lid) a medium size Landfill Bin (green lid) and a 20 litre compost Bucket. Please identify the stations and use them to help reduce our landfill.

COMMUNITY CLASSES

Groups/Classes Participating in any of these activities goes towards Family Participation Hours.

These groups for parents are run or led by teachers or parents. Members of the school community are encouraged to join any of the groups and enjoy the experience of personal growth and learning in this beautiful environment - a great inspiration for our children!

Mondays, 9:00am-10:15am
Parents and Friends Study Group with Anne Williams (in the Library, no children please) 0424 771 217.

Mondays, 10:30am-12:00pm
(fortnightly) 21/05
Biodynamic Group with Heidi Halter (in the Playgroup garden).

Tuesdays, 9:00am
Craft Group with Pixie Stott (outside the Canteen).

Tuesdays, 2:15pm-3:00pm
Eurythmy with Kristina Hamilton (in Williams Hall).

Wednesdays 9:00am
Adult Singing Come and join Claire Williamson and discover your inner voice (in the Music Office).

Wednesdays, 7:00pm-8:15pm
Adult Choir with Paul Lawrence. 8 weeks commitment for $80. Please register! (in Williams Hall) 0447 692 654.

02/05 - 02/06
Listening Circle with Bruce Lee - the Administrator (in the Library).

02/05 - 02/06
Waldorf Wood Workers with Christian Geyer (meet in Plaza) 0409 267 178.

Wednesdays, 12:00pm in the Playgroup garden.

BIODYNAMICS - with Heidi Halter.
Monday, 21st May, 10:30am-12:00pm in the Playgroup garden.

Thanks to Veronica and her Class 9 Ecology group our horns have been buried and the school gardens have had a wonderful covering of the soil preparation 500.

You (parents) are now invited to come along on Monday, 21st May at 10:30am to the Playgroup gardens where we will be stirring and spraying out our special preparation to help with the fruiting, flowering and healthy plant growth around the school. Bring a small jar to take some home for your garden. Children are welcome and a gold coin donation is appreciated.

Please contact Heidi on 0427 445 754 if you have any questions.
A Journey of Becoming
Understanding human physiology as an inner pathway to Waldorf Pedagogy.

A wonderful opportunity as Dr. Lakshmi Prasanna and Curative Eurythmist Patries Orange join forces.

How are the development of the human organs relevant to the Waldorf curriculum?

Experience the wholeness of the human organism, practice mobility of thought and understanding. Explore form and metamorphosis through eurythmy and become involved in the themes of 'Unbornness', embryology and the developmental stages of body, soul and spirit.

WHEN: Monday, 16th July to Friday, 20th July. 8:30am-4:00pm.
WHERE: Perth Waldorf School, Gwilliam Drive, Bibra Lake.
FEE: $625

For more information see the Rudolf Steiner College website www.rudolfsteinercollege.com.au

For enquiries email or call Rose Hughes - rose-e-hughes@hotmail.com, 0430 207 577

Please book soon as numbers will be limited.
SCHOOL NOTICES

School notices are strictly for members of the school only and may consist of: lost and found items, items for sale (student/school related), and classes / lessons within the school, etc. Please restrict your notice to two lines (this is free of charge). School notices will appear in this section for two weeks. If you would like the ad to appear for longer, please contact the Pabulum on 9417 3638 each week. Thank you.

OLD SHIRTS NEEDED - The PWS Sculpture Dept. is running low on old shirts to protect students clothes while creating. We would be grateful to receive donations. Please leave any donations outside the Art/Sculpture room (near Class 7). Thank you.

COMMUNITY NOTICES

Community Notices are for members of the school's community only and may consist of: business adverts, producers, services, items for sale (non-school related), etc. keeping in mind that they need to be consistent within our schools' ethos. Please restrict your notice to two lines (this is free of charge). All Community Notices will appear in this section for two weeks only. If you would like a ¼ page advert, a $10 fee is required and will only appear in Week 2 and Week 8.

CURTAINS NEEDED - Curtains needed urgently for refugee families in Perth. Please spread the word. Please contact Jacqui on 0404 834 227.

ESALENÒ MASSAGE - Working anthroposophically, Agnes’s hands will dance on your body, to soothe, nourish, release and rejuvenate. Special $80 for 75 mins /0405 095 088/ fb:@touch.alchemy.with.heart.

FLOWER ESSENCES - for mental, emotional, physical and spiritual healing and support. Traditional and non-traditional Essences and Gem Elixirs available. Please contact Alana on 0407 570 950.

SACRED FIRE AUTUMN CIRCLE - feeding the fire within in preparation for the Winter months with Red Tent Circle in Gooseberry Hill on 27th May, 10:00am-2:00pm. Penny 0141 654 212.

LYRE WANTED - Looking for a lyre to purchase. Would like to pay around $100 (if possible). If you are selling one or know someone who is, please contact Cristina on 0438 444 933.

STUDIO FOR RENT - Self contained studio for rent in Hamilton Hill. Please contact 0407 312 470 for further details.

Upcoming events at The University of Notre Dame Australia

Postgraduate, Research and Honours Information Evening
Looking to upskill or learn something new? Find out how you can enrich your mind and career prospects with a Notre Dame postgraduate degree at our Info Evening.

Wednesday, 15th May, 5:30pm expo | 6:00pm presentation
Tannock Hall of Education (ND4), corner Cliff and Croke Street, Fremantle

Program Information Evening
Do you enjoy telling stories? Are you someone who leads and inspires others? Do you prefer to work with numbers and data? Are you looking at a career that allows you to help others? Whatever your aspirations, Notre Dame has a range of programs that are sure to suit your interests. Find out what makes Notre Dame unique, chat with academic staff, and find out how to apply to our 5-star national university.

Wednesday, 30th May, 5:30pm expo | 6:15pm presentation
Drill Hall (ND25), corner Mouat and Croke Street, Fremantle

To register or for more information, visit www.notredame.edu.au/events or call the Prospective Students Office on 9433 0533.
Need a Ceremony or help with one?
Registered Marriage, Funeral Celebrant, Death Walker and Reiki Master.
For Rites of Passage from Womb to Heaven.

Contact Penny Champ (PWS Librarian/Class 12 Project Coordinator) on:

0414 654 212
or
pennychamp@bigpond.com

Happy also to give advice if you wish to create your own ceremony.

Perth Goju Karate teaches karate classes in your local area by a school parent.
A special offer for the Perth Waldorf students - 4 WEEKS FREE beginners karate lessons!
Classes are held after school and are a great way for children of all ages to learn self-defense in a fun and safe environment.

We also teach classes for teens and adults in the local area at night and they are fantastic for fitness, wellbeing and of course, self-defense.

Classes continue over the school holidays (with a short break over the Christmas period) which makes it perfect for the kids who are looking to try something on the holidays.

Karate has many benefits which include confidence, respect, discipline and fitness.

Call now to take advantage of this 4 week trial.

Sensei Johnny Moran - 0402 830 402
Dear Parents,

The Canteen has a new computer system (YAY), which means that students and parents will be able to set up an electronic account. This allows the students to order from canteen, without having to carry cash or cards, which can (easily) be lost.

If you would like to do this please complete the form below and return it to the Canteen. Once your account has been established, cash or card can be used to add value during canteen hours by parents or students, or parents can phone 9417 3638 to put extra money on the account by credit card.

Please note that the account must be in credit to be able to purchase food from the canteen.

Any questions please contact Megan in the canteen, (9417 3638) during canteen hours.

Warm regards,
Megan Harry - Canteen

Parents Name __________________________________________________________

Name on Account __________________________________________________________

Name/s of child/ren that are allowed to use account
_____________________________________________________________________

Contact number __________________________________________________________

Email __________________________________________________________

Any restrictions/Standing orders
_____________________________________________________________________

Please be aware if there are insufficient funds your child will be asked to use an emergency lunch slip, charged at $6.00 per slip, provided by the school and then it will be added to your school account.

Parent Signature __________________________________________________________
Winter Menu for Term 2

Daily specials (must be ordered):

**Monday**
- Pasta with hearty vegetable sauce (vegan available). $5.00
- Pasta with beef bolognaise sauce. $5.50
  - *Gluten free pasta must be ordered (50c extra)*

**Tuesday**
- Vegetable curry and rice (GF and vegan). $5.00
- Chicken and vegetable pie, vegetable pie, chicken korma pie, or chunky beef and vegetable pie. $5.00

**Wednesday**
- Vegetable chilli served with rice, corn chips, natural yoghurt and cheese (GF available). $5.00

**Thursday**
- Pumpkin and spinach lasagne (hand made spelt pasta)(vegan). $5.00
- Cottage beef and vegetable pie topped with mash potato (GF). $5.50

**Friday**
- Beef burger with salad or tempeh burger with salad (GF available). $6.00

Available everyday (items with a ★ must be ordered):

**Savoury:**
- ★Veggie roll (GF). $5.00
- ★Beef pie (GF). $5.50
- Soup of the day (GF). $4.00
- Spinach and ricotta rolls. $4.50
- Cheese and tomato toasties. $2.50  ★Gluten free $3.00
- ★Ham, cheese and tomato toasted sandwiches. $3.50  ★Gluten free $4.50
- ★Pizza - vegetable or meat. $3.00
- Boiled egg. $1.00
- Popcorn. 50c

**Sweet:**
- Cakes (assorted variety) $3.00
- Bliss balls from $1.00
- Fresh fruit from 50c
- Icy Poles (primary only after school) $2.00

**Drinks:**
- Slushies' refund of 50c on return of small cup
  - Sm $2.50 / Lg $4.00
- Juices
  - Sm $2.50 / Lg $3.50
- Coconut water
  - Sm $3.00 / Lg $4.00
- Fresh coconuts (when available) $4.50
- Plain Milk
  - Sm $1.50 / Lg $2.50
- Hot Chocolate
  - Sm $3.00 / Mug $3.50 / Take away $4.50
- Ice Chocolate
- Coffee
- Long Black
- Tea
- Herbal Tea
  - *Almond or coconut milk extra $1.00

Bring your own take away cup for 50c discount!
PERTH WALDORF SCHOOL - Bus Service Order Form

I wish to purchase the following (please add the amount of passes or vouchers required) This cost will be added to your school fee account. If ordering Bus Passes for the entire year, one Pass will be billed each term.

FAMILY CODE: ________________________________

Cockburn Central Train Station– PWS

_____ Bus Pass for Entire Year - $80 per term (only 1 Pass per term will be billed ) Approximately $0.87 cents per trip

_____ Bus Pass for Term 1 2 3 4 (please circle) - $80 per term
Approximately $0.87 cents per trip

_____ 20 Vouchers - $22.00 ($1.10 per trip)

Hills – PWS

_____ Bus Pass for Entire Year - $366 per term (only 1 Pass per term will be billed ) $4.00 per trip @ approximately 90 trips per term

_____ Bus Pass for Term 1 2 3 4 (please circle) - $366 per term ($4.00 per trip @ approximately 90 trips per term)

_____ 20 Vouchers - $120 ($6.00 per trip) To be used by visitors etc only.

Children’s Names: ________________________________________________________________

Postal address for the Bus Card or Voucher Book to be posted:

______________________________________________________________________________

Post Code ___________

Phone: ___________________ Email: ____________________________

******************************************************************************

I authorise the cost to be added to my school fee account.

Parent Name: ____________________ Signature: ________________

Date: _______________________

If you would like to make a payment towards your school fee account please fill out credit card details below.

| I authorise you to debit my Visa/ Mastercard for the following amount: | $_______________ |
| Card Number: | ________________ |
| Cardholders Name: | ________________ |
| Expiry date: | __ __/____ |
| Signature: | ________________ |
P.W.S. Family Participation Scheme 2018

Semester 1 Form – **Due Friday 29th June**

Semester 2 Form – **Due Thursday 13th December**

**Record of Hours Claimed**

Your name(s): ___________________________  Date: ___________________________

Family Account Name (See Invoice): ________________  Name of Eldest Child: ________________  Class: ________________

Contact phone #: ___________________________  Semester 1 / 2 (please circle)  Email address: ___________________________

<table>
<thead>
<tr>
<th>Date</th>
<th>Summary of Participation</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Total hours claimed**

I have the following professional skills / trade that I am willing to offer:

---

*Please return this form to the School Admin Office or email to: adminpws@pws.wa.edu.au by the due date.*