TERM 1 2017

**FEBRUARY**

**Term 1, Week 3**

**Tuesday, 14th February 2017**

**Engagement and participation**

It was wonderful to see Eurythmy for adults in the community begin last Thursday. I have always been astounded by the depth that this art form brings, as well as to its ability to harmonise the human being and open us to the spiritual current of our time.

In addition to the numerous opportunities to further develop our understanding of our education, there are a number of events and talks included within this issue of *Pabulum* that are well worth exploring. Coming up are the offerings from Lisa Devine.

Please do also make a note of the various Class meetings taking place in the immediate future, beginning with the Class 6 Parent Night tomorrow evening. On a somewhat related note, I have been told of the composed yet excited engagement the Class 7s are having with their sailing in preparation for the sailing camp taking place next month.

On behalf of the school, I would like to thank everyone who has made the effort to make the road entering the school safer and easier to use - the students who are walking on the pathway created, and the parents who are using alternative parking, have each contributed to this positive change.

Given that my mobile number is listed in every room for emergency purposes, I do ask that it not be used to communicate with me. If you do need to contact me, please be in touch through Joy Ray. The reality is that my number could otherwise all too easily become an incommunicable tool - I do thank you in advance.

Jean-Michel David
Administrator

**NEXT WEEK**

Lisa Devine talks at PWS, Mon 20th February.

*Keeping it Simple - The true needs of the young child* 9:00-10:00am in Seekers Place.

*Media and the bigger influence.* 7:00pm-8:30pm in the Hall.

Please see the Anthroposophy section for further details.

**VERSE OF THE WEEK**

*Mysteriously the new received To enfold within my memory, Shall strengthening ego forces Rouse within me And in becoming give my self to me.*

Rudolf Steiner.
ARE NOW OVER DUE

Fees Online: Please quote your FAMILYCODE as *Reference* WHEN MAKING Online payments. The family code is a series of BOLD letters which are printed on the bottom of your Family Statements just above your personal details.

Account Details: The Perth Waldorf School Association Inc
Commonwealth Bank, 150 St George’s Terrace, PERTH, WA 6000
BSB No. 066 000 Account No. 120 510 15

Cash Payments: Please assist us by bringing the exact amount, as we do not keep a lot of change. A late payment fee will apply to all accounts not paid by the due date. This does not apply if you have a payment arrangement in place. If paying at the office please bring your fee statement with you.

Credit Card: We accept VISA and MASTERCARD, however we do not accept American Express.

Fees Due: Term 1 due date 10.02.2017

ATTENTION PARENTS

The finance department received payments that did not have any family codes on the following dates:
29th December 2016 - $100
5th January 2017 - $100
12th January 2017 - $100
25th January 2017 - $100
27th January 2017 - $100

If you believe this payment was made by you, please contact the finance department on account@pws.wa.edu.au

SCHOOL TOUR

Our School Tour will be on be Tuesday 21st March 2017, 9:00-10:00am.
Come along to view our Classrooms and explore our school’s grounds. This is a wonderful opportunity to get to better understand our school’s ethos and meet some of our wonderful families and staff.
A light morning tea will be provided with discussions after the tour.
We hope to see you there!

WHO DOES WHAT AT PWS 2017
(CORRECTIONS/ADDITIONS)

PRIMARY MUSIC - Paul Lawrence - Primary Music Coordinator, orchestras, ensembles, class music, violin
Janet Wilson - Singing Classes 1-4, piano
Jenny Williams & Michelle Fong – violin/viola
Nick Pitt - cello
Ruth Thomas - flute
Catherine Warnock - clarinet

HIGH SCHOOL MUSIC - Claire Williamson - High School Music Coordinator, class music, ensembles, Parent Choir
Tashi Hall - guitar
Paige Levene - piano, ensemble
Ellenor Pereira - bass guitar
Nathan Valverde - drums, ensemble
Peter Grayling - Music Assistant
Margaret Reale - Eurythmy accompanist

HIGH SCHOOL TEACHERS - Louise Taylor (C8/10 English)
CANTEEN - Ara Kelly Anderson

VOLUNTEER GROUPS - BIODYNAMIC GROUP - Heidi Halter (Mon mornings)
MAINTENANCE - Titus Witsenberg - fine woodwork, maintenance and special projects
Our first Council meeting for the year was held last week. Prior to the meeting we took the opportunity to meet new members of staff and their families with a casual get-together. It was really nice to meet these lovely new members of our community.

At the Council meeting we were able to formally welcome our new Administrator, Jean-Michel David, who seems to have fitted seamlessly into the role. Some of the key issues addressed by Council during the meeting are summarised below;

One of our longer-serving Councillors, Tim Petherbridge, has stepped down from Council this year. Tim was a wealth of anthroposophical knowledge and a valuable contributor to the Council on a number of matters, including during the recruitment of new staff. We thank Tim for his input over recent years as a parent and Councillor and wish him all the best.

**Council yearly planner** - Councillors held a planning meeting prior to the start of term to plan out the key objectives and tasks for the year. These included updating the PWS strategic plan, holding the AGM (scheduled for 2nd May), reviewing and addressing key risks to the school, reviewing and updating the school’s constitution, as well as overseeing finance and budgeting processes during the year.

**School traffic** - the risk of vehicles and pedestrians around school grounds was raised last year by some concerned parents. In response, the school initiated a trial of diverting pedestrians in some areas to reduce this risk. Council were updated on this initiative and it appears to be working well.

**School buildings** – the Council was updated on the status of building plans, including the long-awaited extension to the Administration building. This will be a separate building located between the existing Admin building and Seekers Place/Library. The school’s Master Planning Group (chaired by Councillor David Rosling) is currently working with the school on plans for a new Manual Arts building.

**Roe 8** - Council discussed this highly emotive project and the potential impacts on our school. Issues associated with Roe 8 are many and varied. It is important that the Council act purely in the interests of the school and independently of any peripheral political, environmental or economic influence. This is not easy as many of us (including Councillors) have strong views on the matter. We respect those members of our community who are taking action as individuals based on their personal values. Council specifically discussed concerns raised about asbestos material being found along the proposed Roe 8 route and the risk that this may pose to PWS. We continue to regard this as a low risk to people on our school grounds. The matter will continue to be monitored.

On behalf of the Council, I hope everyone has enjoyed a happy start to the school year. I will continue to provide regular updates on Council business through the Pabulum.

Kewan Bond
PWS Council Chair
POSITIONS VACANT

Perth Waldorf School
Invites applications for

Technical Director, Part-Time
Commencing Term 1, 2017

The Perth Waldorf School has a position for a Technical Director working with a small Drama department which is responsible for the delivery of a dynamic and vibrant drama curriculum across primary and high school. This position reports to the Drama Teacher.

The Technical Director has responsibility for the technical operations of the drama department, including lighting, sound, set design and construction, and coordinating necessary maintenance.

This role is 2 days per week plus additional hours preparing for and supporting drama performances. The hours will vary depending on the production content and schedule. Flexibility and willingness to work some evenings and/or weekend days during productions is essential.

A full position description is available on the school website: www.pws.wa.edu.au

A written expression of interest, including a CV and at least two referees, should be marked ‘Private & confidential’ and forwarded to:

Email: employment@pws.wa.edu.au; OR
Employment, Perth Waldorf School, PO Box 1247, BIBRA LAKE WA 6965, AUSTRALIA

Applications close 4:00pm, Sunday 19th February 2017.

EARLY CHILDHOOD

Healthy play is the essence of the Steiner kindergarten experience. Teachers provide the secure welcoming environment to nurture the child’s safe exploration of space, self and others. Wonder and engagement with the world is our guiding light. Rather than guide the play, we guard safe the play environment. The needs of the whole child form the basis of our work, and nourishment is vital. A well-nourished child is better able to engage in healthy play – it’s as simple as that. We have always had food as a vital part of our kindergarten programme. Our teachers want to support good eating practices more than ever now that the pace of life for parents has increased to such a degree that meals are often rushed and childhood nutrition compromised. We therefore are beginning to serve more hearty morning teas/lunches in Kindy 5/6. Conversations with parents have led us to believe that they appreciate the knowledge that their child has eaten properly in a settled social environment during their school day. We have had a short talk for parents this week from Marion Fisher, a wholefood health practitioner, on good eating practices for the young child. We hope to advertise more talks such as this one very soon.

“Keeping it Simple - The true needs of the young child”
9:00am till 10:00am, Monday 20th February
Seekers Place

Lisa Devine will be giving this talk especially for all Early Childhood parents (whole school community welcome of course). Start your week with a dose of inspiration and connection with yourself and your fellow parents. Lisa’s talks are as compassionate as they are “on point”. There will be high demand to attend this talk, but there is plenty of room for you.

Jennifer Byrne
Early Childhood Co-ordinator
**PARENT and BABY GROUP**

The Parent and Baby Group runs on Thursday afternoons each week of term. Our aim is to provide a nurturing meeting place for parent and baby, holding them in a space of warmth, reverence and acceptance. We meet and create community over a piece of cake, a cuppa, and sharing. The group is open to babies from newborn to one year of age.

Rose has over 20 years of experience in Childhood Education as a pre-school mothercraft nurse, early childhood facilitator and has Steiner Early Childhood training as well as being a mother.

Everyone is welcome to attend
Cost $10 per session
12:15—2:00pm

Parent and Baby Group - Rose Hughes - phone 0430 207 577
Early Childhood Coordinator - Jennifer Byrne - 0407 391 482

Rosemary Hughes with a previous student from the Mother & Baby Group and his special drawing of Rose with his baby sister.

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**RUDOLF STEINER COLLEGE**
**THE KINDERGARTEN CHILD**
Term One - Saturday Workshop

**EASTER**

A deep inner festival.
A seasonal festival connected to the rhythms of nature.
A cultural festival celebrated across time.
The most important celebration of the year. Come and find out why and how to celebrate it with young children.

A lecture by Fiona McVey.
Exploration in movement in eurythmy with Kristina Hamilton.
Painting the mood of Easter.

**WHEN:** Saturday 18th March, 9:30 am - 3:00pm
**WHERE:** 14 Gwilliam Drive, Perth Waldorf School, in the Star Room.
**COST:** $80, for enquiries contact Jenny Hill: jennyhill@iinet.net.au, 0432 735 744
**Book online at** www.rudolfsteinercollege.com.au

Term 2, 3 and 4 Saturday workshops will be devoted to puppetry. More information soon.
Class one children will begin their full school days on Monday this week. We work to ensure that the day breaths in all its activities and lessons and that the children are not overwhelmed. Please be aware that the rhythm and routine of these school days need to be supported with a good healthy morning tea and lunch and lots of sleep and early to bed so the children are not borrowing their energy from the following day.

Class one and Judith and all the new children who have joined us this year, were welcomed at the Primary school welcome assembly last week. Class 7 (Wardong) made an arch of sunflowers for the class one children who were lead into the hall holding the hand of a class 7 student (Kulbardi). Each class teacher then gave us a picture, song, poem or circle activity as a tester of what the year has in store. It was joyful and a wonderful welcome and sharing.

Class 7s have named their class groups and an explanation of the chosen names will be shared soon. Kevin Mazzers group is Kulbardi and Miss Trish’s group is Wardong.

Both groups have begun their sailing lessons and have already learned to rig the sail boats and how to capsize and right the boat again. Practicing the capsizing seemed to be the most popular activity despite the cooler weather on Wednesday. They will have a few more lessons before heading down to Albany for their sailing camp later in the term. Some children still need wetsuits and rashes so if you have a spare that could be borrowed please you let myself or the teachers know. Thank you.

Lisa Payne
Primary School Co-ordinator

WHY EURYTHMY SHOES?

Eurythmy is a great help toward the Steiner educational aim of helping the growing child incarnate on this Earth in a healthy and harmonious way. The body then becomes an instrument through which the child’s spirit can fulfill its earthly task. Many Eurythmy exercises are directed toward increasing dexterity and awareness in the feet. This gives the child a solid grounding for any future activity. (At puberty the established dexterity in fingers and toes will metamorphose into flexibility of thinking.) Exercises for the feet are particularly important for children who are pulled into their nerves and senses too early. Unfortunately, children who are at the mercy of the adverse effects of our modern Australian culture are becoming more common. The sensory “head” realm is over stimulated by noise, light, the mechanised experience of being driven in a car, the confusion of shopping centers, technology, television, etc., and cannot assimilate it all in a healthy way.

If sport shoes are too clumsy for the Eurythmy feet exercises, why can’t the child go barefoot in summer and wear socks in winter? Aside from the unpleasant aesthetics of dirty bare feet, it is harmful to the bones of growing young feet to stamp or jump on a hard floor. The Eurythmy shoe not only provides an aesthetic sheath for this fine instrument of the foot, but healthy support. For most children the cushioning of the non-skid flexible rubber sole is sufficient. For children with foot problems I suggest buying cushioned insoles available from the chemist which can be cut to size and inserted into the Eurythmy shoes. (As I am in Eurythmy shoes for many hours of the day, I find the added cushioning very comfortable.) Wearing socks with Eurythmy shoes is also helpful. Socks without shoes do not provide enough support on hard floors, and also invite slipping and sliding games!

Now what if Raphael or Leonardo Da Vinci were never given a paintbrush, but had to be content with finger-painting? While we may or may not be teaching such exalted individuals, every child in a Steiner School is considered precious, whose special gift to the world will be revealed in due course. It is our task to enable the potential of each child to be realised. Clean, well-fitted Eurythmy shoes in good condition are an essential tool along the way!

Kristina Hamilton - Eurythmy Teacher
The year has got off to a good start for the Class 12s of 2017. In a few weeks their Final Intention Forms are due and topics, Supervisors and Mentors will have been finalised. It is then heads down and research begun to start the process of bringing together the first written deadline due at the end of March. This is a 1000 word outline or first 1000 words of what will eventually be their 3,500/4,500 word essay or report. Some of the topics being considered at this point include community theatre, affordable housing for young people, robotics and artificial intelligence, the true cost of fashion, seasonal cooking, domestic violence and global warming. Looks like a great year for our Class 12's, for High School Teachers and our school community. Thank you to those Teachers who have put their hands up to take on the invaluable role of Supervisor this year and to our Mentors who will walk side by side with their student on this year long road giving support and encouragement along the way.

Project Breakfast Club will begin this week in the Library and students will have the opportunity to come into school at 7:30am on Tuesday mornings to have an hour to work on Journals or research.

Looking forward to another enlightening and inspiring year.

Penny Champ - Class 12 Project Coordinator

CLASS 12 PROJECTS
My name is Jena Payne and I am in Class 12. For my Class 12 Project I am researching the history of plastic, plastic pollution and solutions to the worldwide problem of plastic disposal. For my practical I want to create new, beautiful and useful items from plastic bags. If you have any plastic bags that are of interesting colours or patterns (no clear, grey or white please!) please bring to Lisa Payne’s office in Primary School or to the Library. Thank you.

Jena Payne Class 12

DRAMA

Our Drama department are in need of some props and costumes. If anyone has anything that they wouldn’t mind donating, please contact Glenis on either: 0409 209 490 or gbebich@pws.wa.edu.au

We are currently needing:
- Chest of Drawers (min. of 6 drawers)
- Boots (all types, particularly larger womens size 9 upwards, flat & low-heeled)
- Rug or Rugs (aprox 4.5m x 2.5m or 2 @ 2.5m x 2.5m ) can be a little larger, preferably not much smaller
- 2 x Wooden Desks (each aprox 120 x 80 cm).

Every donation is very much appreciated. Thank you!

Glenis Bebich
Drama Department

LIBRARY NEWS

Welcome back to the new school year. We look forward very much to welcoming back your children to Library especially the new Kindy 6 Swans who will be having their first Library experience and to Class 1 who will be able to borrow books and actually take them home this year!

We are very blessed this year to have Kelly Geyer working in the Library on Wednesdays and Fridays. She joins the Library with a year’s experience behind her of very generous voluntary support and is a real asset indeed.

Parents and smaller children are welcome into the Library to borrow books on Monday morning from 10.30am until 1.30pm, all day Tuesdays and Wednesdays from 8.30am until 1.30pm. If you are unable to pop in during these times please ring us on 94173638 and we can come to some happy extra plan to help.

Library Classes start this week. Please help your child remember their Library bag. Books cannot be taken home without one and the younger ones can get very upset if unable to engage fully in the Library process. Thank you!
Wishing you all a very healthy, blessed and happy 2017

Penny Champ – Library

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**This week’s Library Recommendations:**

- Working with Anxious, Nervous and Depressed Children - A Spiritual Perspective to Guide Parents by Henning Kohler
- Hello Baby by Jenni Overend – a wonderful picture book for families expecting a home birth

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**PARENTS & FRIENDS MEETING**

Tuesday 21st February at 6:30pm in Cedar House.

Both President and Secretary are stepping down from their long-held roles this year so we are looking for fresh energy and legs to take up these positions. Our AGM is held in March so please come along to see what we get up to (involves tea, cakes, chocolate and very occasionally wine), what we discuss (involves interesting conversation, lots of laughs and great ideas) and who we are (absolutely amazing people, a sample of our strong school community who welcome new friends).

Being part of the P & F contributes to Family Participation Hours and enables you to be involved in many aspects of the school in an enjoyable way.  
So we'll see you there, **Tuesday 21st February.**

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**FROM COMMUNITY SUPPORT**

Our role in Community Support is to be a link between the school administration and our school community and parent groups.  Please do not hesitate to seek us out if you have a question, need a little reassuring chat or just a direction to somewhere. We also liaise closely with the Class Carers (volunteer representative/s of each class) who play an essential role in supporting the teacher with communication and requests for help from class parents. Please make your offer to take on this role with your class teacher and we look forward to supporting you in the role through the year.

Keep an eye on the *Pabulum* for activities and Festivals coming and for more information about what happens in the classrooms at PWS.

You can usually find Sue in the office on Monday and Thursday mornings. We look forward to getting to know the new families to school!

Sue Wallwork **0459 358 850** and Renae Fassom - Logistics communitysupport@pws.wa.edu.au

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**‘THE CARRIAGE’ SCHOOL SHOP**

Mondays, Tuesdays, Wednesdays and Thursdays, 8:15am - 9:30am

All shop supplies and uniforms available.

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**Mondays**

Class 6 and Class 3

**Wednesdays**

Class 2 and Class 5

**Fridays**

Class 1, Class 4 and Class 7 (Wardong)

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**Mondays**

Class 6 and Class 3

**Wednesdays**

Class 2 and Class 5

**Fridays**

Class 1, Class 4 and Class 7 (Wardong)
MAINTENANCE & GARDENING

WASTE WISE SCHOOL
Let’s REDUCE, REUSE, RECYCLE!
Encourage your child to bring rubbish home and dispose of it wisely! Don’t forget composting as well!

Welcome back PWS families, and welcome to all new community members joining our school this year. Listed are a few things to know going into 2017:

- Please avoid walking on any vegetation and stay to our marked paths when coming and leaving school.
- Chewing gum is prohibited! Please refrain from bringing/chewing gum on school grounds.
- Students are to refrain from bringing mobiles or electronic devices into school, unless permitted by their parents and class guardian. Devices brought to school are to be switched off and kept in school bags until the end of school.
- Please refrain from bringing any pets into the school as they can scare our native bandicoots.

**Update on Fire Risk Management** - Perth Waldorf School has worked closely with DFES and City of Cockburn to develop a fire risk management plan. The plan includes: Response procedures, new installations of hardware, and fire drills. The new installations which have recently been completed include:

- A mobile response unit comprising water tank with pump.
- Hi flow tank filling stations for the mobile response unit.
- Formation of new fire breaks and maintenance of existing boundary fire breaks.
- New fire truck access and widened existing fire truck access ways.
- Three extra fire hose reels.
- A bush fire sprinkler system located within the school at Gwilliam drive boundary.
- Roof top bush fire sprinklers to kindy and school hall.

**Update on Waste Minimisation at Perth Waldorf** - Waste reduction in 2017 will continue to be focused on two aspects of reducing waste to landfill. One aspect is the gradual replacement of some green lid (landfill bins) with yellow lid (recycling bins) and the second aspect is to continue to build Biodynamic compost heaps. Our compost uses onsite waste products including food scraps from Kindy and Primary, wood shavings from PW Woodwork, and weeds from the grounds. Our vision is to have multiple “same look” recycling stations placed throughout the school. Each station will have a large Recycling bin (yellow lid) a medium size Landfill Bin (green lid) and a 20 litre compost Bucket. Please identify the stations and use them to help reduce our landfill.

**Volunteers Required** - Maintenance and Gardening team is in need of assistance to weed the new verge planting at Gwilliam Drive. If you can spare an hour or two, please contact Matt the gardener mobile 0412 955 005.

**Jarrah Needed, Beams Posts and Planks** - Maintenance and Gardening team is on the lookout for seasoned, unpainted jarrah for various repairs and new projects around the school. Ring Matt on 0412 955 005 if you can help with ideas or supply.

**BLESSING BOWL**
This is our school Blessing Bowl. It sits on a bench outside the Front Office and is surrounded by pieces from nature to use as a focus for a thought, intention, or message of love for someone or something. Please take the time to stop and enjoy this beautiful corner created by Kelly Geyer, parent at PWS.

Donations of crystals, shells and other small precious items are much appreciated.

Thankyou!

**Let’s REDUCE, REUSE, RECYCLE!**
**THANKYOU** - A big thank you to Titus Witsenberg with his dedicated work with fine woodwork, maintenance and special projects, and many thanks for his work on beautifying and repairing many kindy items.

Matt Noakes & Peter Kraayvanger
Maintenance

**ANTHRPOSOPHY in the COMMUNITY**

Don’t forget to join us on Facebook – The Perth Waldorf School

The free groups for parents are run or led by teachers or parents. Members of the school community are encouraged to join any of the groups and enjoy the experience of personal growth and learning in this beautiful environment – a great inspiration for our children!

<table>
<thead>
<tr>
<th>Free Weekly Groups/Classes</th>
<th>Participating in any of these activities goes towards Family Participation Hours.</th>
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<tbody>
<tr>
<td>Monday 8:50am to 10:15am</td>
<td>Parents and Friends Study Group (Library) Anne Williams (no children please) 0424 771 217</td>
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<tr>
<td>Monday 10:30 to 12:00pm</td>
<td>Biodynamic Group (Playgroup Garden) with Heidi Halter.</td>
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<td>(fortnightly)</td>
<td>Craft Group (Canteen) Laila Hinsman</td>
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<td>Tuesday 2:15pm to 3:00pm</td>
<td>Eurythmy (Williams Hall) Kristina Hamilton</td>
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<tr>
<td>Wednesday 9:00am</td>
<td>ADULT SINGING Come and join Claire Williamson and discover your inner voice (Music Office)</td>
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<tr>
<td>Saturday 1:00pm to 4:00pm</td>
<td>Waldorf Wood Workers (meet in Plaza) Christian Geyer 0409 267 178.</td>
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<tr>
<td>Every 4th Saturday 2:00pm - 5:00pm</td>
<td><em>Please stand by for starting dates</em> Meditations on the Tarot Jean-Michel David (Galileo Rm in High School)</td>
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**ANTHROPOSOPHICAL STUDY GROUP-CANCELLED MON 20TH FEB**
The Anthroposophical study group will resume meeting in the library on Monday 27th February, 8:50am to 10:15am, so that members can attend Lisa Devine’s talk for parents on Monday 20th February.

Enquiries for the study group to Anne Williams 0424 771 217.

**BIODYNAMIC GROUP**
Join us on Monday 27th February from 10:30am till 12:00pm to stir up some chaos. We will be enlivening the school grounds with the most essential biodynamic preparation 500. Bring a jar and $2 donation to take some home with you.

Meet at the playgroup garden.
Any questions please call Heidi on 0427 445 754.

**EURYTHMY - FREE CLASSES FOR ADULTS WITH KRISTINA HAMILTON**
**TUESDAYS 2:15 PM - 3:00 PM WILLIAMS HALL**
Rudolf Steiner’s art of movement, EURYTHMY, helps to connect the spirit within each human being to the world at large. As well as being a much respected performance art, Eurythmy is recognized world-wide for its practical applications in education and therapy. At PWS Eurythmy is an essential component of the Waldorf Curriculum and is currently being offered from Kindy to Class 6. Each lesson is created anew to help the child meet the particular challenges of each stage of child-development. In these free Eurythmy classes designed for adults, the aim is to share the life-affirming benefits of Eurythmy movements. After doing Eurythmy many people remark how they feel so much more relaxed, at one with the world, and ready to meet the challenges of life. Happy parents mean happy children, so do come and try this wonderful elixir! No experience is necessary, only a wish to enrich your soul in the joyful company of others.

**‘MEDITATIONS ON THE TAROT’** - (New study group with Jean-Michel David)
This book, written by a ‘controversial’ anthroposophist in the mid 1960s, has claimed its place as one of the most important esoteric books of the 20th century. Each card is used as a basis for an exegesis reflective of the Christian hermetic tradition.

**Every 4th Saturday, 2:00-5:00pm. For more details, see http://www.fourhares.com/tarot/course/mott.html**
PARENT TALKS

JEAN-MICHEL DAVID

*Education: Key changes in the developing human being... and politics and personal engagement.*

Thursday the 2nd March, at 6:30pm in the Hall.
Jean-Michel has been involved with Steiner education since the early 1990s, and presented at various conferences in Australia and overseas on various aspects of anthroposophy and education. Come along just to have a chance to meet, and be further informed about key developmental stages our children are going through as they journey through the school towards adulthood.

LISA DEVINE VISIT

Lisa Devine will visit PWS again on Monday 20th of February. Lisa will work with the Christian community, classes, teachers and students at school. There may also be opportunities for individual consultations. Lisa always brings a wealth of inspiration for our adult community as well as for our children.
Please note that Parents and Friends Study Group will be cancelled for Lisa Devine’s talk on the 20th.
Lisa is available for consultations most of the day for staff, students, and parents. (She will be visiting one class of students around lunchtime).

Early Childhood Talk
Lisa Devine will be giving a special talk for all Early Childhood parents. All community school members are welcome!
*“Keeping it Simple - The true needs of the young child”*
9:00am till 10:00am, Monday 20th February, in Seekers Place.

Evening Talk
*“Media and the bigger influence”* - Media studies in the curriculum; technology and the future.
7:00pm-8:30pm, Monday 20th February, in Williams Hall.
Suggested donation $15 /$10.

Other Christian Community visits with Lisa Devine:

Applecross Girl Guide Hall (setup)
Any help with ironing and setup is most appreciated.
5:00pm-7:00pm, Saturday 18th February at Applecross Girl Guide Hall - Collier St. Ardross.

St. Paul’s Anglican Church Talks: Sunday 19th February
Suggested donation of $15/$10.

Morning Talk
10:00am TALK - Act of Consecration of Man.
11:00am - Morning Tea.

Evening Talk
5:30pm-7:00pm TALK – How to prepare for Holy Week in 2017.
Following a shared meal (bring a plate to share).

Lisa Leaves on Tuesday 21st February. Lisa can be contacted for consultations on 0401 367 808.
Rudolf Steiner College
The Young Child
working with children from pre-birth to three

The Young Child is an ongoing exploration of the time from pre-birth to three years. This year we are not running a course but are continuing the work in the following way. Anyone is welcome.

Research Group.

WHEN:  (Monthly) Term One - February 24th 6:30pm &
March 31st 6:30pm.
LOCATION:  Alternating between the hills and the valley.
24/02 - 41A Baal Street, Palmyra.
31/03 - Venue to be announced.
COST:  Free.
FOCUS:  Sleep. The study of sleep is being undertaken
internationally and we are researching alongside this
project.

THE YOUNG CHILD GATHERING SPACE - SLOW PARENTING
Term One - Saturday 11th March, 9:00-12:00pm. The Playgroup Room, PWS, 14 Gwilliam Drive.

This is an open group aimed at new or expectant parents, those working with the education and care of the very young child, and anyone who is interested!
These gathering times will be held each term on a Saturday morning with the aim of exploring and exchanging ideas and knowledge around issues from pre-birth to 3 years.
The time will include introductory information sharing with Rose Hughes and Jenny Hill, discussions and a linked craft activity.

July Five Day Intensive
THE TEACHER AS A HEALING FORCE
with
Louise de Forest

In this intensive the renowned Steiner educator Louise de Forest will lead you into the heart of Steiner Education where the deepest healing forces of our time are found.
Louise will show how teachers (as well as parents and caregivers) can create sanctuaries of health in community. In this rejuvenating week you will explore the inner and outer practices that meet the real needs and pre-birth intentions of the young child today.

WHEN:  July 10th to July 14th. 9:00am - 3:30pm.
WHERE:  Perth Waldorf School, 14 Gwilliam Drive.
COST:  $620.

Enquiries contact Jenny Hill: jennyhill@iinet.net.au
Book online at: www.rudolfsteinercollege.com.au

WORK SHOPS IN SINGAPORE
Developmentally Supportive Movement in the Waldorf Setting
For parents and teachers.
18th-23rd March 2017

Workshop synopses:

WORKSHOP A: Open to Parents and Teachers - Introduction to principles of Waldorf Education with Horst Hellman.
These talks will cover the view of human development that informs Waldorf education in order to prepare for Ingun Schneider's seminars listed below. Participants will be introduced to background information about child development to include the fourfold and threefold view of the human being, how children learn in the first and second seven years periods of their lives and how Waldorf Education addresses these developmental stages.
There is a need to understand different rhythms in order for a child to grow up healthy and strong. However, if there are disturbances during the childhood years, this may show up as various deficiencies such as inability to focus, behaviors of fidgety and uncontrolled movements, forgetfulness and social difficulties.
WORKSHOP B: Open to Parents and Teachers - This Intensive will include Lecture, Discussion and Movement with Ingun Schneider.

Understanding the Development of the 12 senses as foundation for ease of learning.

Introduction to a Waldorf approach to learning challenges: by understanding what goes on underneath our children's attempts to absorb, digest and remember what they are taught, we are better able to give them the support they can benefit from as they continue to develop. Please come prepared to move.

WORKSHOP C: Open for Teachers ONLY with Ingun Schneider.

Integrative Movement Approached for the Waldorf Classroom - based on Extra Lesson

This workshop is aimed at kindergarten and elementary school teachers interested in deepening their understanding of children's sensory and motor development - as a foundation for their learning and social comfort - to include practical activities and exercises in support of this development.

The focus of this workshop will be the four foundational body senses and their relationship to the four social senses as described by Rudolf Steiner. The necessity and methods for building this bodily foundation in support of ease of learning, for furthering sensory and movement development and the process of embodying human self will be covered. One emphasis will be on the value of "reading" the functioning of these senses in our school children, pedagogically appropriate classroom interventions according to grade level and the practice of various activities/exercises for classroom groups. Again, please come ready to move.

CONDITIONS:
Workshop A: Participants who have little or no knowledge of Waldorf Education must attend this workshop to proceed to Workshop B and C.
Workshop B: Welcome Parents and Teachers who have been through basic workshops/teacher training for Waldorf Education.
Workshop C: Welcome Teachers from all streams. To avoid repetition and in order to introduce more movements for the classroom, we ask that teachers first attend workshop B.

Classes will cover both theory and practice, so please come prepared to move. If you have eurythmy shoes or similar comfy sport shoe wear, please bring them.

WHO ARE THE SPEAKERS?

INGUN SCHNEIDER - Co-Director, Remedial Education Program at Rudolf Steiner College.
From November 2017 Ingun will co-direct a brand new training in San Francisco, CA: Waldorf Learning support (WLS) of the Chicago-based Arcturus Rudolf Steiner Program.
Ingun has been running the 26-year old three-year part-time program at Rudolf Steiner College in Fair Oaks, CA - which is now in its last year. She has a total of 50 years of professional experience in the fields of physical therapy, childbirth education, and Waldorf education, including teacher training. Her professional experience includes Waldorf class teaching grades 1-8, physical therapy, and Lamaze childbirth education. Ingun travels extensively to give workshops and lectures on child development and learning difficulties. Her international work as an Educational Support mentor and consultant has taken her to Brazil, Canada, Mexico, Japan, Israel, Hungary, Spain, and the Scandinavian countries. Her focus is the Extra Lesson approach as developed by Waldorf educator and author Audrey McAllen. Ingun has authorised many articles on development and learning and continues to teach in Waldorf communities and Extra Lesson trainings around the world.

HORST HELLMANN - (Lecturer and Mentor in Singapore).
Born in 1943 in Germany, Horst Hellmann has spent over 30 years teaching in Steiner schools. Since 1982 he has been conducting seminars to train Waldorf teachers, in Australia, India, Taiwan, Thailand, Indonesia and Philippines. He was involved in setting up 14 schools/initiatives across Australia and Asia. Presently, he is setting up a Waldorf-Inspired School in Davao, Turburan Institute, and Dulyapat in Khonkaen, Thailand. He is also a Mentor for Waldorf Steiner School in Singapore and Main Trainer for Waldorf Primary Teacher's Training Modules in Singapore.

For more information on these workshops please visit the following website for more details:
http://www.waldorf-resources.org/articles/display/archive/2014/12/16/article/audrey-mcallens-the-extralesson/e126cba60b4584758ee5a130bebee0b/
2017 Perth CONFERENCE

CONVERSING WITH NATURE:
Phenomenological engagement with the living world

Led by research scientist, author and international lecturer, Dr Craig Holdredge, and mathematician, Henrike Holdrege, of the Nature Institute in upstate New York, with a presentation by Konrad Korobacz - educationist and education researcher - this Conference, presented by Heartwood and Perth Waldorf School, will focus on new ways of seeing and communicating a meaningful experience of the natural world.

DATES: 25 to 28 April 2017
VENUE: Perth Waldorf School
COST: $300 pp – includes daily keynote address, phenomenological workshops, artistic sessions, morning tea and lunch

REGISTRATION: Due Friday, 17 March 2017
EMAIL: events@pws.wa.edu.au for conference details and registration form

FOR FURTHER INFORMATION: Contact Mark Phillips 9417 3638
**SCHOOL NOTICES**

School notices are strictly for members of the school only and may consist of: lost and found items, items for sale (student/school related), and classes/lessons within the school, etc. Please restrict your notice to two lines (this is free of charge). School notices will appear in this section for two weeks. If you would like the ad to appear for longer, please contact the pabulum on 9417 3638 each week. Thank you.

**FOR SALE** - Selling intermediate silver Jupiter Flute $1200 new asking $400 ono. Thank you Claudine 0402 598 768.

**FOR SALE** - Cello- 3/4 Size, Barista VC90, great condition. $700 ONO. Phone Sarai on 0416 033 228.

**LOST** - Yellow girl’s headband with large yellow silk flower. Last seen in the primary teachers toilets. If you have found or seen this headband could you please contact KJ on 0402 098 890 (C2 parent). Thank you!


**LOST** - A pair of small musical cymbals went missing from the small oval on Wed 1st Feb. If found could you please return them to the front office or see Judith Herrmann in Class 1.

**JARRAH NEEDED** - (Jarrah beams, posts and planks). Maintenance and & Gardening are on the lookout for seasoned, unpainted jarrah for various repairs and new projects around the school. Ring Matt on 0412 955 005 if you can help with ideas or supply.

**VOLUNTEERS REQUIRED** - Maintenance and Gardening team is in need of assistance to weed the new verge planting at Gwilliam Drive. If you can spare an hour or two, please contact Matt the gardener mobile 0412 955 005.

**FOR SALE** - Olds Ambassador Trombone for sale. Great for a beginner student. Belonged to my Grandfather, and it could be yours! $150. If interested call Keith on 0424922515.

**LEND/SELL A LYRE** - There are 5 children in class 5/6 without lyres who would be very interested in buying or borrowing a 13-string lyre. Please contact Paul (Music), Yvonne (C5) or Susan (C6) if you could help us out. 9417 3638.

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**PERTH WALDORF SCHOOL - FAMILY PARTICIPATION SCHEME**

Dear Families of Perth Waldorf School,

The Family Participation Scheme was introduced as a School Council initiative to encourage parents to get involved in our school community, provide support to our teachers, to actively participate in the maintenance of the school grounds and to increase the healthy development of the school and individuals that make our school. This also provides the opportunity for parents to build relationships with other families in the school and to practically demonstrate to our children that we value the school, their education and our own personal development. This scheme is managed by the administration team at the school. There is no intention to raise much money through this scheme. The community will be notified of the way the money is used if any is raised.

**How the FPS works:**

- A fee of $100 per semester (2 terms) (equivalent to 10 hours per semester) is charged to the family fees account on an invoice following the end of each semester if no Family Participations Scheme Hours are recorded.
- Family Participation Scheme hours must be claimed via the Family Participation Scheme form. This form is available from the office and is on the back of this letter and is also on the school website.
- The FPS form listing the participation hours must be received by the office by the end of the semester. Forms received after the end of term 2 or term 4 may not be credited.
- For families where there are 2 parties paying the fees, the hours may be proportional to each person’s contribution. Please write a note to the Administrator if there are special arrangements. The school does not wish to make this a burdensome issue and something can be worked out.
- No hours can be carried forward to future years.
- Families that have children at other schools with the same scheme operating may choose to write down the hours they do at another school – it may be too much to participate in both schools. This will be assessed on a case by case basis – please be specific in what you are claiming.
- Hours can be claimed for anything that would be considered participating in the life of the school to the benefit of the school. The school does not wish to judge what one person considers appropriate and therefore leaves the decision to each family to list what they believe are appropriate Family Participation Hours under the scheme.
- The sole intent of the scheme is to allow people to bring to consciousness their contribution to the school either by participating or making a payment in exchange for not being able to participate.
There are many ways in which someone can participate. Some examples are:
BUSY BEES; general maintenance or gardening; incidental support to help keep the school neat and tidy; helping a teacher with classroom task, supporting class plays, excursions etc, joining in an activity at the school like the choir, craft, gardening, study or Eurythmy; attending a talk or joining a course related to Steiner education; helping with fundraisers and Open Day; Canteen support; P&F committee; School Council; festival support etc.

If you have a trade / professional skill you are able to offer, please record it on your FPS form. The school prefers to use local/known trades people where possible.
A family that joins the school part-way through the term will not be expected to complete their hours for that term, nor will they be charged the FPS fee for the semester they commence. However, the scheme will start upon the commencement of the next full semester.
Should you have any questions regarding the Family Commitment Scheme, please contact the school on 9417 3638 or admin@pws.wa.edu.au.
Thank you for your continued support.

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**COMMUNITY NOTICES**

Community Notices are for members of the school's community only and may consist of; business adverts, producers, services, items for sale (non-school related), etc. keeping in mind that they need to be consistent within our schools' ethos. Please restrict your notice to two lines (this is free of charge). All Community Notices will appear in this section for two weeks only. If you would like a ¼ page advert, a $10 fee is required and will only appear in Week 2 and Week 8.

**HOUSE SITTER WANTED** - 7th March - 19th April, 3 bedroom house in Coolbellup, walking distance to PWS, to look after very friendly dog and cat. Please call Vic on 0402 378 018.

**FOR SALE** - x2 Return Adult flight tickets from Perth to Sydney, includes 2x 15kg and name change over will be flying with TigerAir. The dates of the departure is on the 10/05 - 22/5/17 (11 days) all this for the cost of $550. Please contact 0402 244 024 or e-mail chuah@live.com.au.

**COOKING WITH THERMOMIX** (TM5 & TM31 owners and non owners Welcome) - Thursday 16th February 7:00-9:00pm, $30 p/p. Kulungah Myah Family Centre - 136 Le Souef Drive, Kardinya. Please call Stacy (C6 parent) 0409 086 749 for more details/bookings.


**FOR SALE** - Flat for urgent sale. 2 bedroom modern interior. Brilliant location opposite bush land. 10 minute walk to CYO’Connor Beach. 2 minutes to manning park. Contact Diane - 0415 902 942.
FOR SALE - Marble top wash stand with mirror and beautiful green deco tiles good condition. Please phone Bronwyn on 0407312470 or 0415936836.

FOR SALE - Jaco Poptop Caravan 1980s vintage has full annex, raised up for off road, new 12 volt fridge, sleeps 7 good condition. Please phone Bronwyn on 0407312470 or 0415936836.

FOR SALE - Single bed-frame & mattress. Sky blue metal frame, with car decorative motifs - both frame & mattress exc cond. $150 ono for both. Can send pictures. Ph/email Sharon: 0400 248 895 or 94172419, shaz.hutchison@bigpond.com.

FOR SALE - White melamine tall-boy, good condition. $50 ono. We may be able to deliver to you, dependent on location. Ph/email Sharon: 0400 248 895 or 9417 2419, shaz.hutchison@bigpond.com.


HOUSE FOR RENT - lovely bright and friendly 4x2 in North Lake, 5 min from school. Big treed back yard, solar panels, rainwater tank and chook pen (with chooks if wanted). Available now. Pets neg. $460pw. Please call 0408 650 215.

FOR SALE - 3 lovely chooks to give away, 2 gentle Rhode Island reds and 1 black cross breed. Still laying. Great as pets as well. Please call 0408 650 215.

REAL ESTATE - I am offering a 50% discount on my commission fee for anyone who lists their property with me before the end of February 2017! You will still receive the same impeccable sales and marketing expertise. Call Angela Beeton 0422 893 859.

ROE 8

PWS Parents for Beeliar Wetlands is available for those who would like to organise events, fundraise or talk about what is going on [www.facebook.com/groups/577162635764310/](http://www.facebook.com/groups/577162635764310/)

POSITIONS VACANT

SILVERTREE STEINER SCHOOL

Invites applications for:

School Receptionist

The School is seeking a Receptionist to look after the school office from Monday to Friday. The duties entail managing the school’s information system, collating the school newsletter, assisting with first aid to students and providing administrative support. You will also oversee the bookings for Mothers Group, Playgroup and Kindy Care. This position would suit someone looking for a busy and varied role. In order to be successful in this position, you will need to demonstrate previous experience in a receptionist or administration role. You will have intermediate computer skills, demonstrated strong organisational skills and highly developed communication skills with parents, teachers and children. A high degree of self-motivation and initiative is essential with the ability to organise your workload. This position is Monday to Friday 8.00am - 4.00pm.

Applications Close 22nd February 2017.

Applications should be addressed to the Administrator, Mr. Mark Panaia and should be marked ‘Confidential’ and mailed or emailed to the address below:

695 Roland Road, Parkerville WA 6081
Phone: 9295 4787
Email: admin@silvertree.wa.edu.au
**Canteen Open times:**

- Mon, & Fri 8:10am-2:00pm
- Tues, Wed 8:10am-2:00pm, Afterschool 3:00-3:15pm
- Thurs 8:10am-1:30pm, Afterschool 2:10-2:30pm.

**All Primary school students must order before school for morning tea and lunch.**

**Menu for term 1**

<table>
<thead>
<tr>
<th>Day</th>
<th>Description</th>
<th>Price</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Vegetable chili served with Rice and corn chips</td>
<td></td>
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<tr>
<td></td>
<td>Natural yoghurt &amp; cheese (GF &amp; vegan option available)</td>
<td>$5.00</td>
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<td></td>
<td>Gourmet hot dogs-organic sausages with vegetable chilli</td>
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<td></td>
<td>&amp; cheese in a hotdog bun</td>
<td>$5.00</td>
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<tr>
<td>Tuesday</td>
<td>Chicken &amp; Veg Pie, or Vegetable Pie</td>
<td>$5.00</td>
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<tr>
<td></td>
<td>Chunky Beef &amp; Vegetable Pie or Chicken Korma Pie</td>
<td>$5.00</td>
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<tr>
<td>Wednesday</td>
<td>Sushi hand rolls (GF &amp; Egg free)</td>
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<tr>
<td></td>
<td>Tuna &amp; cucumber</td>
<td>$4.00</td>
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<td></td>
<td>Or mixed vegetables</td>
<td>$8.00</td>
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<tr>
<td></td>
<td>Miso Soup (GF)</td>
<td>$4.00</td>
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<tr>
<td></td>
<td><em>(Rolls Egg &amp; Salad or Cheese &amp; salad or Ham &amp; salad)</em></td>
<td>$4.50</td>
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<tr>
<td>Thursday</td>
<td>Quiche Ham &amp; Cheese, Bacon &amp; Mushroom or Spinach</td>
<td>$4.50</td>
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<tr>
<td>Friday</td>
<td>Fried Rice Vegetarian (GF vegan)</td>
<td>$4.50</td>
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<tr>
<td></td>
<td>With Egg &amp; Ham (GF)</td>
<td>$5.00</td>
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<tr>
<td></td>
<td><em>(Rolls Egg &amp; Salad or Cheese &amp; salad or Ham &amp; salad)</em></td>
<td>$4.50</td>
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Every day there will be available:

- Rice paper Rolls(GF) $5.00
- Spinach & Ricotta Rolls $4.00
- Cheese & Tomato toasties $2.00(GF available extra $1)
- *Toasted ham, cheese & tomato sandwiches* $3.50 (GF available extra $1)
- *Pizza Vegetable or Meat* $3.00
- Salad bowls $4.00
- Add boiled egg or cheese $5.00
- Cakes Assorted variety from $1.00
- Bliss Balls from $2.50
- Cookies $2.00
- Popcorn 50c
- Fresh Fruit from 50c
- Drinks
- Large Juice $3.50
- Small Juices $2.50
- Bottled Water $2.00
- Coconut Water sm $3.00 Lg $4.00
- Hot Chocolate from $3.00
- Ice Chocolate from $3.50
- Slushies’ reflux of 50c on return of cup $2.00

Volunteers are always warmly welcomed in the Canteen – please speak with Megan about how you can help. Time goes toward Family Participation hours. Hair back and closed in shoes are a must. Many thanks.

Now available: Banister Downs milk full cream and lite $2.00 per litre.