MARCH
Fri 30  PUBLIC HOLIDAY (EASTER)

APRIL
Mon 2  PUBLIC HOLIDAY (EASTER)
Tues 3  Lisa Devine Talk - 7:00pm-8:30pm
Tues 3-6  C8B Camp to Dwellingup
Thur 12  C9A Play - 9:00am and 6:30pm
Fri 13  C9A Play - 9:00am and 6:30pm

THIS WEEK
PUBLIC HOLIDAY
Friday, 30th March

NEXT WEEK
PUBLIC HOLIDAY
Monday, 2nd April

TERM 1

 Term 1, Week 9

DON'T MISS IT! - There is a Community Talk by Lisa Devine next Tuesday night. Lisa will discuss the use of devices and technology by ourselves and our children. Lisa always brings great insight and a fresh response to issues of our day.

Thank you to the P&F for organising the Easter Market. The market and then the Easter Walk led by a humble donkey (an animal of peace) are lovely opportunities to enjoy the Autumn Equinox, the end of Summer and the Easter celebration.

The verse, at the bottom of the page, beautifully speaks to the shining light that lives in each of us - "live on in me through nights of Winter, dark and cold". The Easter story of new life, a fresh start and renewal seems oddly placed in the Southern Hemisphere, heading as we are to a more dormant time in nature. Yet, the message in the verse below acknowledges the "sun-seed... precious in my heart as gold" and is closely linked to the Easter story and the gift we are given by the triumphant message of Easter.

An article in the media recently reminded us how important a holistic education is, especially in the employment market. The article explained that a few years back, Google which was founded on the conviction that only technologists can understand technology and originally set its hiring algorithms to sort for computer science students with top grades from elite science universities, decided to test its hiring hypothesis. It crunched every bit and byte of hiring, firing, and promotion data accumulated since the company’s incorporation in 1998. The outcome shocked everyone by concluding that, among the eight most important qualities of Google’s top employees, STEM expertise comes in dead last.

The seven top characteristics of success at Google are all soft skills: being a good coach; communicating and listening well; possessing insights into others (including others different values and points of view); having empathy toward and being supportive of one’s colleagues; being a good critical thinker and problem solver; and being able to make connections across complex ideas.

Further investigation found that the best teams at Google exhibit a range of soft skills: equality, generosity, curiosity toward the ideas of your teammates, empathy, and emotional intelligence. And topping the list: emotional safety. This means each and every team member must feel confident speaking up and making mistakes. They must know they are being heard.

Our graduates often cite the relationship they have with their teachers as a significant positive aspect of our school. The teachers give the students a voice and even the maths and science main lessons which everyone must study, regardless of their desire to specialise, are covered in a way that is holistic. This allows everyone’s talents and voice to be seen and heard. That’s worth celebrating!

May you have a peaceful Easter break with your family.

Bruce Lee - School Administrator

Tuesday, 27th March, 2018

IN THE LIGHT OF A CHILD
And when the golden Summer sun grows weaker in our skies,
I know it really does not die - it just goes through a change.
For it has given its very self to me, in me it lies
As seed within my deepest heart - a thing most rich and strange
This sun-seed - I must guard it, precious in my heart as gold,
It will live on in me through nights of Winter, dark and cold,
Til lo, in Spring a radiant, beauteous flower shall unfold!

- Michael Hedley Burton
SCHOOL FEES ARE NOW OVERDUE - Term 1 Due Date: Friday, 9th February, 2018.

<table>
<thead>
<tr>
<th>CREDIT CARD/ONLINE PAYMENT</th>
<th>ELECTRONIC FUNDS TRANSFER</th>
<th>CHEQUE AND CASH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Payments by Credit Card can be made by visiting the Bpoint website: <a href="https://www.bpoint.com.au">https://www.bpoint.com.au</a></td>
<td>Payments by Electronic Funds Transfer (EFT) can be made to the school’s banking details as follows:</td>
<td>Payments by cheque can be made payable to Perth Waldorf School. Please have a copy of your statement attached when mailing your cheque.</td>
</tr>
<tr>
<td>Biller Code: 147 2133</td>
<td>Account Name: Perth Waldorf School BSB: 066 000 Account Number: 1205 1015 Commonwealth Bank Perth</td>
<td>Postal Address: PO Box 1247 Bibra Lake WA 6965</td>
</tr>
<tr>
<td>Reference: Family Code</td>
<td>Reference: Family Code</td>
<td>Cheques and Cash Payments can also be made during office hours at the School Reception.</td>
</tr>
<tr>
<td>Phone payments can also be made by calling Reception on 9417 3638 during Office Hours.</td>
<td></td>
<td>EFTPOS terminal also available</td>
</tr>
<tr>
<td>We accept VISA and MASTERCARD.</td>
<td></td>
<td>A late payment fee will apply to all accounts not paid by the due date. This does not apply if you have a payment plan arrangement in place.</td>
</tr>
</tbody>
</table>

UN-REFERENCED PAYMENTS

The Finance Department have received payments without Family Code’s with the following details:

- Thursday, 1st February, 2018 - $60.00
- Friday, 9th February, 2018 - $753.00
- Friday, 23rd February, 2018 - $753.00
- Thursday, 1st March, 2018 - $60
- Friday, 9th March, 2018 - $753.00
- Friday, 16th March, 2018 - $1600.00
- Friday, 23rd March - $753.00

If you believe any of these payments were made by you, please contact the Finance Department at account@pws.wa.edu.au.

GENERAL NEWS

CELEBRATING 30 YEARS

Before land was purchased and the school moved to Bibra Lake the first home of PWS was in Leederville at the Home of The Good Shepherd. The photos below are from Spring 1984.

![Spring 1984 Photos]
Notice of Annual General Meeting and Call for Nominations

The Annual General Meeting of
The Perth Waldorf School Association Incorporated
is to be held on Monday, 30th April, 2018 at 7:00pm
in the Williams Hall at the Perth Waldorf School.

Nomination forms are available from the school office and on the school website.

Members who wish to submit a nomination form are requested to submit the completed form to the Secretary by post or email by 4:00 pm on Tuesday, 24th April, 2018.

Nomination forms can be emailed to jray@pws.wa.edu.au or posted to:

The School Council Secretary
PO Box 1247
BIBRA LAKE  WA  6965

and should be clearly marked 'Council nomination'.
**REMINDERS FOR THIS WEEK**
Friday, 30th March - PUBLIC HOLIDAY.
Monday, 2nd April (next week) - PUBLIC HOLIDAY.

**FROM THE COORDINATOR**

Three reasons for gratitude this week.......

1. Heidi’s work in the gardens is working some magic as summer fades. Her subtle work energizes and connects our play spaces and growing spaces, weaving us together with nature forces.

2. A mysterious member of our maintenance team has replaced the rusty latch on the gate to the Early Childhood office with a bright new sturdy one, which opens with ease and closes with a satisfying clunk.

3. We received this contribution for Pabulum from one of our parents:

   "I just wanted to share what a surprisingly fun and truly enlightening time I had at the kindy 5/6 parenting meeting! I had no idea we would all be singing as a group, or getting the opportunity to experience the art of eurythmy, as well as seeing first-hand how the extra lesson is incorporated so cleverly around the needs of the individual child.

   That wonderful little glimpse into what their days will be filled with gave me so much joy as a parent! If I as an adult found the song and dance about a gnome and his day so enchanting and engaging, I can only begin to imagine how much enjoyment the children get out of Paul's music lessons each week.

   The meeting was a great way to introduce these unique and expressive aspects about the school to the parents. We are so fortunate to have such dedicated and passionate teachers enriching our children's lives.

Many many thanks,
Erin Donnelly.

Happy Easter to all our Early Childhood parents.

Jennifer Byrne - Early Childhood Co-ordinator

**PARENT and BABY GROUP**

The Parent and Baby Group is ready to meet some new babies!

If you have a baby or know of anyone who has a baby anywhere from newborn to one year of age, please contact Rosemary or Jennifer to see how you can attend.

The Parent and Baby Group runs on Thursday afternoons each week of term. Our aim is to provide a nurturing meeting place for parent and baby, holding them in a space of warmth, reverence and acceptance. We meet and create community over a piece of cake, a cuppa, and sharing. The group is open to babies from newborn to one year of age.

Everyone is welcome to attend
Cost $10 per session
12:15pm-2:00pm

Parent and Baby Group - Rose Hughes - phone 0430 207 577
Early Childhood Coordinator - Jennifer Byrne - 0407 391 482
**REMINDERS FOR THIS WEEK**

Friday, 30th March - PUBLIC HOLIDAY.

Monday, 2nd April (next week) - PUBLIC HOLIDAY.

**FROM THE COORDINATOR**

This morning we walked part of the school boundary behind the Donkey and through the arch way of palm fronds. Thank you friends and parents for your singing and smiles and open hearts. It was so much nicer to be faced with your open gestures rather than the sea of mobile devices that find their way between your selves and the children so often on occasions like this.

Lisa Devine will be with us after Easter. She will be giving an evening talk on **Tuesday, 3rd April, 7:00pm-8:30pm** about managing and navigating our way around the use of devices - our own use as well as ways to help us to manage the children’s deep desire and pull to the screen.

PLEASE come along. These talks are really valuable and your support of us in really being onboard with the teachers and school ethos would be hugely beneficial and supportive.

**PROTECTIVE BEHAVIOURS**

A while back our primary school teachers attended a ‘Keeping Safe’ child protection curriculum training with Tanya Wray from AISWA.

We access and use a number of resources and weave this curriculum into our time at school in many ways throughout the school journey and not during a designated slot in the timetable. This calls on the teacher to not only be proactive and reactive to situations but to continue to be creative with the way we bring things to the children.

In response to parent interest in how this is navigated at home I shall occasionally share some resources that pertain to family education and support. Below is such a resource:

- Assists parents in role as primary sex educators of their children.
- Offers a guide to parents who are uninformed or worried about discussing sex and relationships with their children.
- Stresses the importance of regular, relaxed conversations.
- Tip Sheet: stand-alone sheet of key concepts in RSE education within families.
- Topics include: how to talk to your child; different ages and stages of development; explaining intercourse, conception, pregnancy and birth; contraception; STIs; sex and the law; preventing sexual abuse; pornography; social media; readiness for sex; reliable services, books and websites.


Lisa Payne - Primary Co-ordinator
REMINDERS FOR THIS WEEK
Friday, 30th March - PUBLIC HOLIDAY.
Monday, 2nd April (next week) - PUBLIC HOLIDAY.

CLASS 9 PLAY
Class 9A will be taking to the stage to perform in the comedic play ‘The Curious Savage’ written by John Patrick.

_The Curious Savage_ is about Ethel P. Savage, an elderly woman whose husband recently died and left her approximately ten million dollars. Contrasting the kindness and loyalty of psychiatric patients with the avarice and vanity of "respectable" public figures, it calls into question conventional definitions of sanity while lampooning celebrity culture.

WHEN: Thursday, 12th April at 9:00am and 6:30pm. Friday, 13th April at 10:40am and 6:30pm.
WHERE: PWS, Williams Hall.
COST: $5 Adults, $2 Students
*Suitable for all ages*
Open Tuesday to Thursday, 8:15am - 9:30am

We stock all your school stationery supplies, uniforms & bags. We also have a large range of craft supplies, jewellery, knitted items, cleaning products, salt lamps, essential oil holders, amber teething necklaces, wooden toys, books and Moondust Tooth Powder.

**VOLUNTEERS NEEDED!**
The Carriage is always looking for volunteers to help run the shop. If anyone is available to please contact me on 0439 919 926.

We also look for new products to stock, if you would like to help or have a product you think is suitable please call Gabby on 0439 919 926.

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**P&F NOTICE OF AGENDA MEETING AND COMMITTEE NOMINATION**
The PWS P&F Association will be having their Annual General Meeting on **Wednesday, 11th April at 7:00pm in Seekers Place**. P&F are inviting members of the community to nominate or re-nominate to join the P&F Committee. Please see the form on the back of this Pabulum for more information and for the Committee Nomination Form.

**COLES SPORTS FOR SCHOOLS PROGRAM**
This year Perth Waldorf School will be participating in Coles Sports for Schools program that is currently running. Tickets can be dropped at The Carriage.

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**P&F Ladies Clothing Gala**
Friday, 6th April, 6:00pm in Williams Hall.

$10 per ticket includes complimentary drink on entry.

**Door Prizes**
**Raffle**

We are collecting clothing donations from **Monday 26th** onwards and can be left at the school pick up shelters or on the Cedar House verandah.

We are looking for pre-loved clothing, bags, shoes and jewelry, so clear out your wardrobes, embrace minimalist cupboards, ask friends and families for donations.
MAINTENANCE & GARDENING

We are a waste wise school!

Our Earth is special, there is just one. It gives us water, soil, and sun. People and animals share the land, Let’s all lend a helping hand! You can save water, and plant a tree, Make a better home for you and me. Recycle things, don’t throw away, Make every day an Earth Day!

Making graffiti on any school property including desks or textbooks, is not tolerated at our school. If you’re feeling creative or if you’re just feeling bored, and you have the constant need to scribble and draw, Please try your best and don’t be a graffiti creator, and instead of your desk, please use a piece of scrap paper.

BUSY BEE
You are invited to join our gardening Busy Bee each Wednesday morning from 9:00am till 10:00am. This will count towards your family participation hours. Let’s make our gardens and grounds all the more beautiful for our children. We will meet in the Rainbow/Rose Room kindy garden after morning drop off at 9:00am. No gardening experience necessary, just bring your enthusiasm. Please contact Heidi on 0427 445 754 for more information.

COMMUNITY CLASSES

Groups/Classes
Participating in any of these activities goes towards Family Participation Hours.

<table>
<thead>
<tr>
<th>Mondays, 8:50am-10:15am</th>
<th>Parents and Friends Study Group by Anne Williams (in the Library, no children please) 0424 771 217.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mondays, 10:30am-12:00pm (fortnightly) 09/04</td>
<td>Biodynamic Group with Heidi Halter (in the Playgroup garden).</td>
</tr>
<tr>
<td>Tuesdays 9:00am</td>
<td>Craft Group with Pixie Stott (outside the Canteen).</td>
</tr>
<tr>
<td>Tuesdays, 2:15pm-3:00pm</td>
<td>Eurythmy with Kristina Hamilton (in Williams Hall).</td>
</tr>
<tr>
<td>Wednesdays 9:00am</td>
<td>Adult Singing Come and join Claire Williamson and discover your inner voice (in the Music Office).</td>
</tr>
<tr>
<td>Fridays, 9:00am-9:45am</td>
<td>Listening Circle with Bruce Lee - the Administrator (in the Library).</td>
</tr>
<tr>
<td>Saturdays 1:00pm-4:00pm</td>
<td>Waldorf Wood Workers with Christian Geyer (meet in Plaza) 0409 267 178.</td>
</tr>
</tbody>
</table>

These groups for parents are run or led by teachers or parents. Members of the school community are encouraged to join any of the groups and enjoy the experience of personal growth and learning in this beautiful environment - a great inspiration for our children!

PARENTS AND FRIENDS STUDY GROUP - with Anne Williams.
Mondays, 8:50am-10:15am in the Library.

The Anthroposophical study group for parents and friends meets on Mondays from 8:55am to 10:15am in the Library. No children please. For further information contact Anne Williams, 0424 771 217.

BIODYNAMIC GROUP - with Heidi Halter.
Monday, 9th April, 10:30am-12:00pm in the Playgroup garden.

Join us on Monday, 9th April for our Autumn seed sowing workshop. We will be making a seed raising soil mix and sowing a variety of organic seeds for use in the kindy’s and for you to take home. Children are welcome, a $2 donation is appreciated. We start at 10:30am in the Playgroup garden. Phone Heidi on 0427 445 754 if you have any queries.
CRAFT GROUP - with Pixie Stott.
Tuesdays, 9:00am outside the Canteen.

Come join our lively group of crafters and learn some new skills or polish up some old ones. All levels of ability are catered for. It will be run as “first you make you keep and then make one for the group to be sold”. This will go towards completing your community hours. Children welcome but do need to be supervised. We are working with Easter Crafts this term so come make something for your child and help make something towards the Easter market stall. We look forward to seeing you next week.

EURYTHMY - with Kristina Hamilton.
Tuesdays, 2:15pm-3:00pm in Williams Hall.

Rudolf Steiner’s art of movement, EURYTHMY, helps to connect the spirit within each human being to the world at large. As well as being a much respected performance art, Eurythmy is recognized world-wide for its practical applications in education and therapy. At PWS Eurythmy is an essential component of the Waldorf Curriculum and is currently being offered from Kindy to Class 6. Each lesson is created anew to help the child meet the particular challenges of each stage of child-development.

In these free Eurythmy classes designed for adults, the aim is to share the life-affirming benefits of Eurythmy movements. After doing Eurythmy many people remark how they feel so much more relaxed, at one with the world, and ready to meet the challenges of life. Happy parents mean happy children, so do come and try this wonderful elixir! No experience is necessary, only a wish to enrich your soul in the joyful company of others.

A Journey of Becoming
Understanding human physiology as an inner pathway to Waldorf Pedagogy.

A wonderful opportunity as Dr. Lakshmi Prasanna and Curative Eurythmist Patries Orange join forces.

How are the development of the human organs relevant to the Waldorf curriculum?

Experience the wholeness of the human organism, practice mobility of thought and understanding. Explore form and metamorphosis through eurythmy and become involved in the themes of ‘Unbornness’, embryology and the developmental stages of body, soul and spirit.

WHEN:  Monday, 16th July - Friday, 20th July.
WHERE:  PWS, Gwilliam Drive, Bibra Lake, Perth
COST:  $625
CONTACT:  Jenny Hill jennyhill@iinet.net.au / 0432 735 744

For more information see the Rudolf Steiner College website www.rudolfsteinercollege.com.au
Please book early as numbers will be limited.

SCHOOL NOTICES

School notices are strictly for members of the school only and may consist of: lost and found items, items for sale (student/school related), and classes / lessons within the school, etc. Please restrict your notice to two lines (this is free of charge). School notices will appear in this section for two weeks. If you would like the ad to appear for longer, please contact the Pabulum on 9417 3638 each week. Thank you.

ENGLISH TUTORING  - My name is Kerewin (ex PWS), I recently graduated university with a BA in English and offer tutoring, from reading support to essay structure, for students of any level. If interested, please email me at kerewindy@gmail.com.
BABYSITTING - Avalon of last year’s Class 12 is available for babysitting. Avalon is experienced, caring and brings some Waldorf magic to her work. Please phone or text 042 698 7630.
RIDE SHARING FROM/TO NORTH PERTH  - We are joining PWS in Term 2 in Class 4. We live between Carr, Vincent and Charles St’s. Can do morning drop offs and Fri pick ups but need help for Mon, Tues and Wed pick up. Please ph Molly on 0400 366 559.
BABYSITTING  - available from Jena Payne. I attended PWS from Kindy to Year 12 and just recently graduated. I live locally and am available if you need a childminder for school drops or pickups. Please give me a call on 0450 123 272.
Tashi Waldorf School would like us to pass on this letter to the Community:

Dear Friends at Perth Waldorf School,

I am grateful to students, teachers and parents for this generous support. It’s worth noting the fact that the collective endeavor of everyone involved has made it possible.

On behalf of whole Tashi Waldorf School family I would like to offer best wishes and future success to Perth Waldorf School.

Thank you once again!

Yours Sincerely,
Nimaleky Sherpa
Director

Date: 23rd March, 2018

COMMUNITY NOTICES

Community Notices are for members of the school’s community only and may consist of; business adverts, producers, services, items for sale (non-school related), etc. keeping in mind that they need to be consistent within our schools’ ethos. Please restrict your notice to two lines (this is free of charge). All Community Notices will appear in this section for two weeks only. If you would like a ¼ page advert, a $10 fee is required and will only appear in Week 2 and Week 8.

NEXT GENERATION HEALTH CLUB PASSES - The front office has some complimentary 1 day memberships for Next Generation. Please see Joy to get a free pass. Please go directly there and talk to Ray Uhe and let him know your from PWS.

FLOWER ESSENCES - for mental, emotional, physical and spiritual healing and support. Traditional and non-traditional Essences and Gem Elixirs available. Please contact Alana on 0407 570 950.

BIKE FOR SALE - Kids BYK 450 Ergonomic bike for sale. Lightweight 1.2 kg, SRAM i motion internal gears and alloy wheels. Suit ages 5-9 years. If interested please phone 0407 312 470.


BUDS N BLOOMS - intergenerational gardening group meets every Wed from 9:30am-11:30am at Hilton Harvest Community Garden. FREE. Gardening for all ages, wild play, nature craft and sustainability workshops. Ph Sarah on 0418 794 414 for info.
Singing in Bali 28 Sep - 4 Oct 2018

Singing in Bali 2018 will take place at the Ubud Heaven Villas, in Bali's lush cultural heartland. Paul and Nicole Lawrence have been ‘part of the village’ for 30 years and would love to show you ‘their’ Bali. You will receive a unique, local, non-touristy experience of the real Bali: its culture, religion, language, music, art and daily life... a rare opportunity.

A typical day will include:
* morning ~ optional yoga, leisurely breakfast in the beautiful gardens
* 2.5 hours of singing
* an amazing lunch [own expense] at one of our favourite spots
* afternoon ~ tours, cultural activities, leisurely walks through rice fields, villages and jungles, relaxing by the pool
* evenings ~ free to stay in at Ubud Heaven Villas or go out with new friends

Ubud Heaven Villas, Sayan is a short walk to restaurants and a short drive to downtown Ubud

Our singing repertoire will include local Indonesian songs, world and sacred music, toning and improvising. My intention, as always, is to open all in the group to a shared experience of universal harmony through the voice, breath and heart.

Prices include 6 nights accommodation, breakfasts and taxes, welcome dinner, daily singing sessions, group activities & tours and a massage

Starting at $1,470 for single person and $2,370 per couple

For more information and booking form contact Nicole at nipabese@hotmail.com or on 0468 391 806

Introduction to Therapeutic Harp
Workshop with Tina Tourin

Tina Tourin is a dynamic and experienced harpist who has performed around the world. She is the founder and director of the International Harp Therapy Program. Graduates of the program have found work in hospitals, hospices, aged care and a variety of medical and care settings. Over the two day workshop Tina will introduce participants to the practice of therapeutic harp.

DATES: Saturday 5 and Sunday 6 May 2018
SUITABLE FOR: Therapeutic harp players and adults interested in learning to play therapeutic harp (musicians and yet-to-be-musicians)
VENUE: Solaris Cancer Care, 80 Railway Street, Cottesloe
TIMES: Saturday 9am for a 9:30am start, 4:30pm finish
Sunday 9:30am to 2pm (followed by Stories from the Bedside at 3pm)
COST: Early Bird Registration by 8 April: Harp Society Members $170 / Non Members $200
From 9 April: Harp Society Members $200 / Non Members $230 (Except the fee for event days)
MEALS: BYO Lunch. Morning and afternoon tea provided. Food shops are a short drive away.

Event: Stories from the Bedside - the Healing Power of Music

Tina Tourin will play some beautiful harp pieces and share her experiences as a therapeutic harp practitioner. This is a great opportunity to meet Tina Tourin and some Western Australian therapeutic harp players.

This event will be of interest to musicians and non-musicians, health care and aged care volunteers and professionals, carers, teachers, music therapists and anyone with an interest in using sound and music to support people. Children are very welcome.

DATE & TIME: Sunday 6 May 3:00pm ~ 4:30pm
VENUE: Solaris Cancer Care Conference Hall, 80 Railway Street, Cottesloe
RSVP by 5 May to: Harpsocietywa@gmail.com

Private Harp Lessons

Tina is offering private lessons in Nedlands on Monday 7 May 2018. $70 for a 50 minute lesson.

For bookings and enquiries about the workshop, stories event or lessons, email: Harpsocietywa@gmail.com
For further information go to: www.harpsocietywa.org.au
Canteen Open times:  
Mon and Fri, 8:10am-2:00pm.  
Tues and Wed 8:10am-2:00pm. After school 3:00pm-3:15pm.  
Thurs 8:10am-1:30pm. After school 2:10pm-2:30pm.

All Primary school students must order before school for morning tea and lunch.

Menu for Term 1

Daily specials (must be ordered):

Monday - Vegetable chilli served with rice, corn chips, natural yoghurt and cheese. $5.00

Tuesday - Chicken and vegetable pie, vegetable pie, chicken korma pie, or chunky beef and vegetable pie. $5.00

Wednesday - Sushi hand rolls (gf & egg free) - tuna and cucumber or avocado and mixed vegetables. $4.00
Miso Soup. $4.00

Thursday - Whole meal rolls - egg and salad, cheese and salad or ham and salad. $4.50

Friday - Beef burger with salad or tempeh burger with salad. $6.00

Available everyday (items with a ★ must be ordered):

Savoury:
★Veggie roll (gf). $5.00
★Beef pie (gf). $5.50
Rice paper rolls. $5.00
Spinach and ricotta rolls. $4.50
Cheese and tomato toasties. $2.50
★Toasties (gf). $3.00
★Ham, cheese and tomato toasted sandwiches. $3.50
★Ham, cheese and tomato toasted sandwiches (gf). $4.50
★Pizza - vegetable or meat. $3.00
Salad bowls. $4.00
Boiled egg. $1.00
Popcorn. 50c

Sweet:
Cakes (assorted variety)
Bliss balls $3.00
Cookies from $1.00
Fresh fruit from 50c
Smooze (primary only after school) $1.50
New Icy Poles (primary only after school) $2.00

Drinks:
(Bring your own take away cup for 50c discount)
Sm $2.50 / Lg $4.00
Large juices $3.50
Small juices $2.50
Coconut water Sm $3.00 / Lg $4.00
Fresh coconuts $4.50
Hot Chocolate Sm $3.00 / Mug $3.50 / Take away $4.50
Ice Chocolate Mug $3.50 / Take away $4.50
Coffee Mug $3.50 / Take away $4.50
Long Black Mug $3.00 / Take away $4.00
Tea Mug $2.00 / Take away $3.00
Herbal Tea Mug $2.50 / Take away $3.50

*Almond or coconut milk extra $1.00
FOOD FOR THOUGHT

A small verse taken from ‘A Reflection’ by Wendy Duff - written out of an image given during lectures by Dr. Joanna Steegmans at the Vital Years Conference, Perth in July 2005.

Pastel Hand Drawing by Maria J. Van Buiten.

Little hands,
imbued with longing,
rested,
over embryonic
heart.
Little feet
reached downwards
towards destiny.
NOTICE OF P&F AGM

The PWS P&F Association Annual General Meeting will be held on **Wednesday, 11th April at 7:00pm in Seekers Place.**

All PWS community members are most warmly invited to this event.

Being involved in the Parents and Friends Association provides an opportunity to understand how the school and its community work together to support the education and the environment in which our children are immersed.

Call for Nominations - Community members are invited to nominate for P&F membership for the positions of President, Vice President, Secretary, Treasurer, and Ordinary Committee Members.

Although it is hoped that some current members will re-nominate, we warmly encourage new members to join what is a lively and committed group.

The P&F Committee are responsible for the:
- Canteen
- Fundraising
- Community social events
- Co-ordinating an Open Day Fair
- The Carriage Shop
- Supporting the PWS Craft Group
- Supporting School Festivals e.g. Easter and Advent markets

*If you feel you can contribute and would like to be more involved in your school, please nominate using the form below. Once completed you can either bring the form with you to the AGM, leave at the front office or email to pws.secretary@hotmail.com.*

ANNUAL GENERAL MEETING
11th April 2018
PERTH WALDORF SCHOOL
P&F
COMMITTEE NOMINATION FORM

I ...........................................................................................................................................................................

Nominate ...................................................................................................................................................................

For the position of ...................................................................................................................................................

Signed .................................................................................................................................Date ..........................