**TERM 1**

**MARCH**

**Wed 21**  The Meaning of Easter talk with Fiona McVey - 6:00pm-7:00pm in Seekers Place

**Thur 22**  C12 Parent Teacher Meeting - 6:30pm

**Tues 27**  Primary Easter Palm Walk - 9:00am

**Fri 30**  PUBLIC HOLIDAY (EASTER)

**APRIL**

**Mon 2**  PUBLIC HOLIDAY (EASTER)

**Tues 3-Fri 6**  C8B Camp to Dwellingup

**Thur 12**  C9A Play - 9:00am and 6:30pm

**Fri 13**  C9A Play - 9:00am and 6:30pm

**THIS WEEK**

*The Meaning of Easter*

talk by Fiona McVey

Wednesday, 21st March (tomorrow) 6:00pm-7:00pm, in Seekers Place.

*See Early Childhood section for details.

**NEXT WEEK**

Primary Easter Palm Walk and Easter Market

Tuesday, 27th March, at 9:00am.

*See Primary & P&E section for details.

**PUBLIC HOLIDAY**

Friday, 30th March

**Term 1, Week 8**

**Tuesday, 20th March, 2018**

The Easter Festival will be held next week with the Easter Cross walk being held on Tuesday. Primary school parents are asked to check the Pabulum for the recipe needed to make the roosters that top our Easter crosses, ready for the Palm Walk next week and which the children will later eat.

For Christians, Easter is the most sacred of celebrations. The deep symbolism of the Easter Story, accessible for people of any belief, leads us to contemplate the opportunities for renewal. We have the opportunity at any time to let go of the stories that hold us back and seek a new way forward. Such freedom is not dependent on another person or having the correct possessions or the best techniques. Such freedom is not something that can be earned by our deeds but instead by our letting go of the useless stories that bind us and stop us seeking within ourselves a way to live on this Earth.

Thank you to Fiona McVey for sharing her understanding of Easter as celebrated in a Waldorf School tomorrow night. All are welcome at 6:00pm in Seeker’s Place. See inside for more details.

The Steiner Education Australia AGM and conference was held last week. A number of interesting workshops were held. One in particular has resonance with PWS. It concerned the development of a Reconciliation Action Plan (RAP) by schools across Australia. The Reconciliation Australia spokesperson highlighted the deep and ongoing work that is needed in order to be authentic about reconciliation and that any actions that do not acknowledge the wider truth of the Aboriginal experience and work with those truths to create lasting change will end up being tokenistic. We can be grateful that the school is in a position to create renewal and change if we pursue it in a meaningful way.

The School Council will meet this evening and as mentioned last week in the Pabulum, time has been set aside for anyone with questions about the constitutional changes that have been proposed. It will be at 6:30pm in Seekers Place. Information on the proposed changes are on the school website. The proposals are not expected to result in any noticeable change to the way the school is currently governed. The school will however be more compliant with recent requirements concerning governance and constitutions. Much thanks to Paul Shanahan who sits on council for his work in this area.

Congratulations to Class 7 and Class 11 on their camps last week. There is so much good stuff going on in our school worthy of celebration. Enjoy this week’s edition.

Bruce Lee

School Administrator

**STUDENT ABSENCES:** Please let the office know by 8:30am.

- Text: 0429 680 969
- Email: absence@pws.wa.edu.au
- Phone: 9417 3638

**PABULUM INFORMATION:** Pabulum contributions need to be emailed to pabulum@pws.wa.edu.au by 2:15pm Thursdays.

To view Pabulum as a PDF, go to www.pws.wa.edu.au

To receive the link via email, please send a request to adminpws@pws.wa.edu.au

Don’t forget to join us on Facebook - Perth Waldorf School

**IN THE LIGHT OF A CHILD**

*O Nature, you are as a mother to me,*

*Giving me strength and nourishing me.*

*I feel you near me and nearer still.*

*You fill me with fire - how strong is my will!*  

*To be doing what’s good is what I desire,*

*And I shall, for I’m filled with God’s heavenly fire.*

-Michael Hedley Burton
FROM FINANCE

SCHOOL FEES ARE NOW OVERDUE - Term 1 Due Date: Friday, 9th February, 2018.

<table>
<thead>
<tr>
<th>CREDIT CARD/ONLINE PAYMENT</th>
<th>ELECTRONIC FUNDS TRANSFER</th>
<th>CHEQUE AND CASH</th>
</tr>
</thead>
<tbody>
<tr>
<td>Payments by Credit Card can be made by visiting the Bpoint website: <a href="https://www.bpoint.com.au">https://www.bpoint.com.au</a></td>
<td>Payments by Electronic Funds Transfer (EFT) can be made to the school’s banking details as follows:</td>
<td>Payments by cheque can be made payable to Perth Waldorf School. Please have a copy of your statement attached when mailing your cheque.</td>
</tr>
<tr>
<td>Biller Code: 147 2133</td>
<td>Account Name: Perth Waldorf School</td>
<td>Postal Address: PO Box 1247 Bibra Lake WA 6965</td>
</tr>
<tr>
<td>Reference: Family Code</td>
<td>BSB: 066 000</td>
<td>Bibra Lake WA 6965</td>
</tr>
<tr>
<td>Phone payments can also be made by calling Reception on 9417 3638 during Office Hours.</td>
<td>Account Number: 1205 1015</td>
<td>Cheques and Cash Payments can also be made during office hours at the School Reception.</td>
</tr>
<tr>
<td>We accept VISA and MASTERCARD.</td>
<td>Commonwealth Bank Perth</td>
<td>EFTPOS terminal also available</td>
</tr>
</tbody>
</table>

A late payment fee will apply to all accounts not paid by the due date. This does not apply if you have a payment plan arrangement in place.

UN-REFERENCED PAYMENTS

The Finance Department have received payments without Family Code’s with the following details:

- Thursday, 1st February, 2018 - $60.00
- Friday, 9th February, 2018 - $753.00
- Friday, 23rd February, 2018 - $753.00
- Thursday, 1st March, 2018 - $60
- Friday, 9th March, 2018 - $753.00

If you believe any of these payments were made by you, please contact the Finance Department at account@pws.wa.edu.au.

GENERAL NEWS

ATTENTION ALL PARENTS

Our School has been receiving many enquiries and complaints regarding parking on and around school grounds. Parking at Perth Waldorf School has been an ongoing issue, as there is NO internal parking for parents (exceptions for parents with very young children) on school grounds. As a result we are having many cars being parked in places in and around the School where they are not allowed to be parked.

Parking is only available at the Adventure World car park, Bibra Lake car park and up near the Top Gate and Chinese Restaurant (please note: you can NOT use the parking bays belonging to the Chinese Restaurant, Goodlife Health Club and Red Rooster, as your car may be clamped).

Please do NOT park on any of the verges around the school! We have had many recent complaints about cars being parked on the verges around the school, mainly on Gwilliam Drive - in front of the lollipop crossing. Parking in these areas is simply not allowed, and can be dangerous for on-coming cars who can not see the school crossing. We encourage parents to use the parking that is available at Adventure World and Bibra Lake. Cars that are seen parked on the verges are at risk of being ticketed.

No-one wants our school to pave paradise and put up a parking lot when it has already been done close to school at Adventure World. With more than sixty staff on campus each day it is not realistic that we can accommodate the families of 550 children. It is rare for schools to have as much parking as we do on site. This parking needs to be available to staff, visitors and parents with very young children.

Please plan ahead if you are not just dropping your child off and use the three parking areas. Your co-operative spirit regarding this is much appreciated.

Please be mindful and alert and keep safe when on site. Thank you.
PWS invites applications for:

**Photography Teacher (approx 0.25 FTE)**

Part-time - 2 days per week - (Wednesday and Friday).

We are seeking an enthusiastic teacher to join our wonderful team of teachers and commence with our High School students, Class 10 to 12 from Term 2 commencing on the 30th April. We are a small school but our students have high levels of achievement and interest.

The successful applicant(s) will have a passion for education, appropriate qualifications to teach Photography and ideally be comfortable developing their own Black and White film as well as working with digital cameras and Adobe Photoshop. You will have a willingness to adopt the Steiner pedagogy and philosophy. The hours needed may vary however 0.25 FTE and upwards is what is required for this Teaching role.

Applicants must be teachers who are registered (or eligible for registration) with the Teacher Registration Board and can meet West Australian child protection requirements.

Full job description is available on our website.

All written applications, including a CV and three referees, should be marked ‘private and confidential’ and forwarded to:

**The Administrator, Perth Waldorf School,**
**PO Box 1247, BIBRA LAKE WA 6965**

**OR** employment@pws.wa.edu.au

*Applications close Friday, 23rd March, 2018 at 4:00pm.*

---

**CELEBRATING 30 YEARS**

**1988-2018 - 30 Years in Bibra Lake**

These photographs from 30 years ago show the kindergarten surrounded by bush and hardworking parents helping move equipment into the almost finished kindy buildings.
**REMINDERS FOR THIS WEEK**

**Wednesday, 21st March (tomorrow)** - The Meaning of Easter - a talk by Fiona McVey. See details below.

**FROM THE COORDINATOR**

Our Autumn celebrations have required all our flexibility and good humour as the mini-heat wave has hit us this week.

The children are settled into healthy classroom rhythms, and are grateful for the extra water play opportunities.

“Circle of Security” is a high quality parenting support programme that is offered free of charge from time to time. Parents in the Early Childhood stage may be interested to attend. There is always so much more to learn about ways we can navigate this formative period of our lives. Details are as follows:

6:30pm-8:00pm, Monday, 30th April and Monday, 7th, 14th, 21st, 28th May.
Meerilinga Family and Children Centre - 219 Winterfold Road, Coolbellup WA 6163.

As this course will begin soon, give me a call if you would like to know some more about it.

Best wishes for the coming Easter tide.

Jennifer Byne - Early Childhood Co-ordinator
FROM THE COORDINATOR

**Class 7 Camp** - This morning I received a lovely email message and photo (pictured to the right) from the 'landlubber' manager at the Albany Sailing club giving me a "mid-morning action report with exemplary students going really well in some solid conditions" as the caption!

We often get positive feedback when our classes go on camps and excursions and this camp down in Albany has certainly been no exception. Mary, who is the caretaker of the accommodation we use every year, greeted the teachers and children like family and called me to tell me that they had arrived!

**School tour** - One of the highlights of each term is the school tour that is organised by our enrolments officer Diane Smith. The chance to walk through the school and explain who we are and why we do what we do here at the Perth Waldorf School is really enlivening and reaffirming that I wouldn’t choose to be anywhere else. That is a statement that I hear often from colleagues too (less so on those challenging days admittedly!)

Each term when the school tour is advertised take note of the date. Its not just for new potential enrolments but a great opportunity to hear what is behind the daily class activities that happen in Kindy, Primary and High School.

Well done and thank you to all the Kindy parents who came along to understand what happens when their child goes into primary school.

Lisa Payne - Primary Co-ordinator

**EASTER FESTIVAL - NEXT WEEK**

**EASTER ROOSTERS**

On **Tuesday, 27th March** on Market day at 9:00am classes 1-7 will be participating in the Palm Easter walk through the school following our beloved Little Donkey. Each Cross needs a Rooster (the Easter Rooster symbolising new life and rebirth) and so each child will need to bring two roosters on the Tuesday morning (the second rooster is in case the first doesn’t sit properly).

You can cook these bread roosters on Palm Sunday (25th March) and keep them in an airtight tin if you wish to bring Easter into your home in an enjoyable way, otherwise cook on Monday night and send them in on Tuesday morning for the walk.

The following instructions give enough quantities to bake a **whole loaf**. As the roosters should only be about **fist size**, the extra piece may provide a celebratory snack for the whole family.

1) Mix the following ingredients and let the yeast rise in a warm spot for 15-20 minutes:
   - 3 teaspoons of dried yeast,
   - 4 tablespoons of butter,
   - 1 tablespoon of honey,
   - 1 pinch of salt,
   - 3 cups of warm water.

2) Add in 6-8 cups of a mix of wholemeal and atta (white flour) or enough flour until the dough is no longer sticky.

3) Knead the dough for 15 minutes and separate two fist sized pieces and form them into Rooster shapes. The extra can be made into a small loaf.

4) Let rise for 10 minutes then put them into a moderate oven until golden brown (approx 20 minutes - need to check occasionally).

5) Store Roosters in an airtight container so that they stay fresh.

*‘The Easter Story’ by Brian Wildsmith (see this book in our Library).*
Class 5 have been studying the myths of Ancient India. These myths express timeless values - of family love and faithfulness; of seeking truth and strength through learning, worship and action.

In these times an essential quality of life was ‘dharma’; to offer service as an expression of love, which calls for difficult choices. In the story of Ramayana, Rama, his brothers, Sita his wife, and the loyal Hanuman the monkey king all share this spirit of service. The sacrifice of freedom for the sake of duty arises often in the story.

Working with a shorter version of this 24,000 verse story, we created a shadow puppet theatre. There are many magical events which could be portrayed through this medium. For example, Hanuman’s gift of increasing in size to leap the ocean from India to Sri Lanka, or to leap to the Himalayas to bring a mountain peak of healing herbs to Lakshmana, wounded in battle with the demons was a gift bestowed by Vayu, his father, the wind god.

Many puppets were made, and the main characters arms were hinged at the shoulder and elbow which allowed gestures. This was particularly effective for the Kshatryias, the warriors with their bows. This gave a simple gracefulness to the movement.

The five puppeteers worked hard to co-ordinate the puppets with the narration; and keep track of the puppets back stage!

Indian music, composed by Paul Lawrence, and played with a wonderful array of instruments including the harmonium and a tamboora, immersed us in the mood of this culture and time.

The class worked together so well, each part supporting the other: the singing, music, sound effects, narration, and puppets.

The stage setting was beautiful, our thanks to Sarah Boyle, and Fran Rosenthal for the glorious silk screen.
REVISITING CLASS 7 (WARDONG) SAILING CAMP

SAILING WITH SIMPLE MACHINES IN THE SOUTHERN OCEAN
CLASS 7 (WARDONG) and Mechanics Main Lesson

It was challenging for every child venturing out for the first time at Princess Royal Sailing Club in winds of 18 knots. The boats were bigger, (G.P.14’s) than the yachts in Fremantle. However, with the resilience in this group, they worked together and despite being chilled by the freezing waters of the Southern Ocean, they managed to make it safely to shore!

On the second day the children, on arrival at the club, were greeted with white caps on the waves and once again a howling wind. It was discussed as to whether to abandon Sailing, 20 knots being the ‘cut off’ limit. But as it registered at 18, the boats were rigged by the students and using only a reefed sail (half) and no jib, they tackled the blue black water.

Once out of the harbour the water became choppy. As one boat tipped and then another leading to four capsizes, it was clear the wind had increased and grown wilder. It was now 25 knots but with skill and determination boats were ‘righted’ and all made it independently into harbour.

The children were exhausted and shivering but exhilarated after the tussle with Nature.

We continued other adventures after sailing each day. Having been to Frenchman’s Bay the afternoon before, we all headed to the ‘Gap’, once the boats were derigged and lunch eaten on the second day. From the raised platform above foaming water we viewed the swirling waters from a safe height. The Gap proved majestic in all its beauty and wonder.

On Day 3 we woke to heavy rain and a complete calm on the bay. Trying to rouse children, firmly swaddled in sleeping bags and heads buried out of bed, was difficult.......“Please, Please can I not go sailing today?” was the plea. However, by the time we reached the club the rain had cleared and the glassy appeal of the water assured us of no wind!

The stillness meant that the GP14’s were towed out to sea by the RIBs and then with a little wind present the boats were able to sail around the ship wreck. A pod of dolphins joined in the fun. Getting back to harbour proved a challenge with some children paddling in an effort to encourage movement.

It was the final day of sailing that left us all inspired by the exquisite coast line of Albany. Having rigged the boats early we set off in the direction of the town. Once there, in sight of the enormous silos, the boats tacked to the right and headed to a small beach in the distance. What a convoy.......six GP14’s, two RIBS (Rescue Boats) and the larger yacht, Gypsy Doctor, skippered by Josh and his beloved companion Rex the Kelpie!

At this point it is absolutely essential to mention Rex. He was an integral part of the sailing experience for both students and adults. Children, fearful of the dark blue Albany water were completely reassured by Rex’s antics on the water when chasing seagulls. They noted just how shallow it was in the harbour. Rex greeted the children every morning, much to their delight, and then proceeded to ‘herd’ them all day long, be it on land or sea.

He loved their pats and constant calling of his name. He was often the focal point of everyone’s attention especially seeing him in a ‘Titanic Pose’ at the bow of the Gypsy Doctor. There he paced back and forth noting the position of yachts skippered by children. Indeed a sight to behold!

After two and a half hours of sailing we landed on a beach where lunch and a swim awaited us. Refreshed, we rigged up and with the wind blowing a gale we realised it was going to be a mighty challenge to return to Princess Royal. We avoided capsizes despite the demand to keep ‘tacking’, switching from one side of the boat to the other, in order to retain balance. When a ‘boom’ collapsed and we nearly lost a sail in a high bluster and swirling waters, two boats had to be towed back to shore.

However, the remainder of the boats, with all crew working together, using a zig zag technique, managed to reach dry land after two hours of hard concentrated effort. There had been plenty of yelling and some tears of frustration out on the water but on reaching land the ‘sailors’ were thrilled and invigorated. An exhausted hungry bunch devoured muffins and bliss balls and long hot showers!

Indeed a week of transformation for everyone present, children and adults included. All take back a store of memories and some a determination to sail again soon, a new passion having been discovered.............

(Continued on next page...
(cont...)

Patricia Crook - Class 7 (Wardong) Teacher
REMINDERS FOR THIS WEEK

Thursday, 22 March - Class 12 will be having a Parent Teacher Meeting at 6:30pm. Parent Teacher Meetings are wonderful opportunities to discuss with your child’s teacher about how your child in progressing and behaving at School, as well as to better understand what they are currently learning in the classroom.

CLASS 12 PROJECTS

We are more than half way through the term and things are already heating up for our Class 12s and they are certainly rising up to meet the challenge! This year’s Class 12s are dynamic and determined. I am wondering if I will actually be able to keep up with them!

Coming up soon for the Class 12s is their 1000 word essay or report which eventually will become their final 3,500 to 4,000 work complete written work. This deadline is an excellent opportunity to get the students researching and to begin to plan the complete written piece.

Here are a few inspiring questions that are emerging just to wet your appetite (do keep in mind that these questions may evolve a little over the course of the year):

‘Are horses a throwaway item in Australia?’

‘What are the challenges that face Australian Muslim women in the 21st century and how do they deal with them?’

‘Is Australia an adrenalin culture?’

‘Sexual harassment and assault is rapidly rising in Australia. What are the consequences for women and what can we do to fight this cultural battle?’

‘How do designers use colour, imagery and iconography to summarise what a company does to influence and develop a brand identity?’

It looks to be yet another year where our community will be educated, inspired and impressed by an extraordinary group of young people.

Please keep our Class 12s in your minds and hearts as this is a big year for them on many levels. They are not only grappling with the Class 12 Project as well as working with their Main Lessons and Practice Lessons but they are also 17 and 18 year olds finding their way in life and looking forward into the unknown world that awaits them.

Penny Champ - Class 12 Project Coordinator
My name is Silvia and I am currently doing my Class 12 Project. My question is: "What influenced the development of traditional Colombian music?" For my Project to progress I am looking for a Mentor who can help me. I am wondering if anyone has or knows of someone who has a wide range of musical knowledge who could help me. I need help with understanding different rhythms and theories.

If you can help or do know of someone who could help you can contact me on my own email: tripilvi@gmail.com

Many thanks to the beautiful community!

Silvia - Class 12 Student

THE EASTER MARKET - NEXT WEEK
This year our Easter Market will be held in conjunction with the Primary Easter Donkey Walk on **Tuesday, 27th March**. The P&F would like each class to make three (3) cakes for the Easter Market Cake Stall. Please fill in an ingredients label to put with your cake (available on the back of this *Pābulum*). Please deliver to the table outside the canteen on the morning of the Easter Market.

If you have any questions regarding the Easter Market please contact Gabby (head of P&F) on **0439 919 926**. Thank you.

**The Easter Market**

Tuesday, 27th March from 8:30am to 1:30pm

Cake Stall, Easter Felt Creations, Bush Essences, Rocks & Plants, Tie Dye Clothing, Food Stalls, Wooden Creations, Jewellery, Beauty Products, Craft Stall and more!

**COLES SPORTS FOR SCHOOLS PROGRAM**
This year Perth Waldorf School will be participating in Coles Sports for Schools program that is currently running. Tickets can be dropped at The Carriage.
SAVETHEDATE

Hooray - the news you’ve all been waiting for...

the P&F Clothing Gala is on again!

Friday, 6th April in Williams Hall.

$10 per ticket with a complementary drink on entry.

PWS Teachers - half price (because we love you!).

more information in next week’s Pabulum - watch this space...!!

SAVE THE DATE

Hooray - the news you’ve all been waiting for...

the P&F Clothing Gala is on again!

Friday, 6th April in Williams Hall.

$10 per ticket with a complementary drink on entry.

PWS Teachers - half price (because we love you!).

more information in next week’s Pabulum - watch this space...!!

MAINTENANCE & GARDENING

We are a waste wise school!

We recycle what we use,
Separate things and you should too!
Glass, paper, plastic and tin,
Go in your RECYCLING BIN!
We must start now, we can’t wait,
Quick or it will be too late!

Please refrain from bringing any Aerosol products (eg deodorants) into school as they can be flammable, dangerous for people with asthma and not to mention bad for the environment. Alternative products can be used (eg roll on deodorants).

BUSY BEE
You are invited to join our gardening Busy Bee each Wednesday morning from 9:00am till 10:00am. This will count towards your family participation hours. Let’s make our gardens and grounds all the more beautiful for our children. We will meet in the Rainbow/Rose Room kindy garden after morning drop off at 9:00am. No gardening experience necessary, just bring your enthusiasm. Please contact Heidi on 0427 445 754 for more information.

COMMUNITY CLASSES

Groups/Classes

Participating in any of these activities goes towards Family Participation Hours.

Mondays, 8:50am-10:15am
Parents and Friends Study Group by Anne Williams (in the Library, no children please) 0424 771 217.

Mondays, 10:30am-12:00pm
Biodynamic Group with Heidi Halter (in the Playgroup garden).

(fortnightly) 12/03
Tuesdays 9:00am
Craft Group with Pixie Stott (outside the Canteen).

Tuesdays, 2:15pm-3:00pm
Eurythmy with Kristina Hamilton (in Williams Hall).

Wednesdays 9:00am
Adult Singing Come and join Claire Williamson and discover your inner voice (in the Music Office).

Fridays, 9:00am-9:45am
Listening Circle with Bruce Lee - the Administrator (in the Library).

Saturdays 1:00pm-4:00pm
Waldorf Wood Workers with Christian Geyer (meet in Plaza) 0409 267 178.

These groups for parents are run or led by teachers or parents. Members of the school community are encouraged to join any of the groups and enjoy the experience of personal growth and learning in this beautiful environment - a great inspiration for our children!
Parents and Friends Study Group - with Anne Williams.

Mondays, 8:50am-10:15am in the Library.

The Anthroposophical study group for parents and friends meets on Mondays from 8:50am to 10:15am in the Library. No children please. For further information contact Anne Williams, 0424 771 217.

Biodynamic Group - with Heidi Halter.
Next week - Monday, 26th March, 10:30am-12:00pm in the Playgroup garden.

Join us on Monday, 26th March for our Autumn seed sowing workshop. We will be making a seed raising soil mix and sowing a variety of organic seeds for use in the kindy's and for you to take home. Children are welcome, a $2 donation is appreciated. We start at 10:30am in the Playgroup garden.

Phone Heidi on 0427 445 754 if you have any queries.

Craft Group - with Pixie Stott.
Tuesdays, 9:00am outside the Canteen.

Come join our lively group of crafters and learn some new skills or polish up some old ones. All levels of ability are catered for. It will be run as "first you make you keep and then make one for the group to be sold". This will go towards completing your community hours. Children welcome but do need to be supervised. We are working with Easter Crafts this term so come make something for your child and help make something towards the Easter market stall. We look forward to seeing you next week.

Eurythmy - with Kristina Hamilton.
Tuesdays, 2:15pm-3:00pm in Williams Hall.

Rudolf Steiner's art of movement, EURYTHMY, helps to connect the spirit within each human being to the world at large. As well as being a much respected performance art, Eurythmy is recognized world-wide for its practical applications in education and therapy. At PWS Eurythmy is an essential component of the Waldorf Curriculum and is currently being offered from Kindy to Class 6. Each lesson is created anew to help the child meet the particular challenges of each stage of child-development.

In these free Eurythmy classes designed for adults, the aim is to share the life-affirming benefits of Eurythmy movements. After doing Eurythmy many people remark how they feel so much more relaxed, at one with the world, and ready to meet the challenges of life. Happy parents mean happy children, so do come and try this wonderful elixir! No experience is necessary, only a wish to enrich your soul in the joyful company of others.

A Journey of Becoming
Understanding human physiology as an inner pathway to Waldorf Pedagogy.

A wonderful opportunity as Dr. Lakshmi Prasanna and
Curative Eurythmist Patries Orange join forces.

How are the development of the human organs relevant to the Waldorf curriculum?

Experience the wholeness of the human organism, practice mobility of thought and understanding. Explore form and metamorphosis through eurythmy and become involved in the themes of ‘Unbornness’, embryology and the developmental stages of body, soul and spirit.

WHEN: Monday, 16th July - Friday, 20th July.
WHERE: PWS, Gwilliam Drive, Bibra Lake, Perth
COST: $625
CONTACT: Jenny Hill jennyhill@iinet.net.au / 0432 735 744

For more information see the Rudolf Steiner College website www.rudolfsheinercollege.com.au
Please book early as numbers will be limited.
SCHOOL NOTICES

School notices are strictly for members of the school only and may consist of: Lost and found items, items for sale (student/school related), and classes/lessons within the school, etc. Please restrict your notice to two lines (this is free of charge). School notices will appear in this section for **two weeks**. If you would like the ad to appear for longer, please contact the Fabulum on 9417 3658 each week. Thank you.

**BABYSITTING** - Avalon of last year’s Class 12 is available for babysitting. Avalon is experienced, caring and brings some Waldorf magic to her work. Please phone or text 042 698 7630.

**ENGLISH TUTORING** - My name is Kerewin (ex PWS), I recently graduated university with a BA in English and offer tutoring, from reading support to essay structure, for students of any level. If interested, please email me at kerewindy@gmail.com.

**RIDE SHARING FROM/TO NORTH PERTH** - We are joining PWS in Term 2 in Class 4. We live between Carr, Vincent and Charles St’s. Can do morning drop offs and Fri pick ups but need help for Mon, Tues and Wed pick up. Please ph Molly on 0400 366 559.

**BABYSITTING** - available from Jena Payne. I attended PWS from Kindy to Year 12 and just recently graduated. I live locally and am available if you need a childminder for school drops or pickups. Please give me a call on 0450 123 272.

**LOST** - one high school calculator (name in texta on side and back) left in maths room above upper school kitchen. Please call Hunter on 0435 755 658 if you have found it.

COMMUNITY NOTICES

Community Notices are for members of the school’s community only and may consist of: business adverts, producers, services, items for sale (non-school related), etc. keeping in mind that they need to be consistent within our schools’ ethos. Please restrict your notice to two lines (this is free of charge). All Community Notices will appear in this section for **two weeks only**. If you would like a ¼ page advert, a $10 fee is required and will only appear in Week 2 and Week 8.

**BIKE FOR SALE** - Kids BYK 450 Ergonomic bike for sale. Lightweight 1.2 kg, SRAM i motion internal gears and alloy wheels. Suit ages 5-9 years. If interested please phone 0407 312 470.


**BUDS N BLOOMS** - intergenerational gardening group meets every Wed from 9:30am-11:30am at Hilton Harvest Community Garden. FREE. Gardening for all ages, wild play, nature craft and sustainability workshops. Ph Sarah on 0418 794 414 for info.

**HILTON HARVEST TWILIGHT CONCERT** - Sat, 24th March 4:00pm-9:00pm at Hilton Harvest Community Garden. Fundraiser to celebrate Earth Hour. Music, Food, Kids activities - Circus WA, Fairies and more. Visit [www.hiltonharvest.weebly.com](http://www.hiltonharvest.weebly.com) for info.

**FOR RENT** - 3x1 home for rent in a quiet, safe and friendly street in Coolbellup overlooking the Hills, in walking distance to PWS. Raised veggie beds, fruit trees, lots of play space - too many great features to list. Please call 0404 108 047 for more information.

Need a Ceremony or help with one?

Registered Marriage, Funeral Celebrant, Death Walker and Reiki Master.

For Rites of Passage from Womb to Heaven - call Penny Champ on 0414 654 212.

pennychamp@bigpond.com

Happy also to give advice if you wish to create your own ceremony.

PWS Librarian/Class12 Project Coordinator
Perth Goju Karate teaches karate classes in your local area by a school parent.
A special offer for the Perth Waldorf students - 4 WEEKS FREE beginners karate lessons!
Classes are held after school and are a great way for children of all ages to learn self-defense in a fun and safe environment.
We also teach classes for teens and adults in the local area at night and they are fantastic for fitness, wellbeing and of course, self-defense.
Classes continue over the school holidays (with a short break over the Christmas period) which makes it perfect for the kids who are looking to try something on the holidays.
Karate has many benefits which include confidence, respect, discipline and fitness.
Call now to take advantage of this 4 week trial.
Sensei Johnny Moran - 0402 830 402.

CREATIVE SEWING
CLASSES

GIVE YOURSELF OR YOUR CHILD THE JOY OF LEARNING TO SEW IN A RELAXED AND NURTURING ENVIRONMENT

- CHILDREN’S AFTER SCHOOL CLASSES
- CHILDREN’S SCHOOL HOLIDAY CLASSES
- ADULT WEEKDAY MORNING CLASSES
- WEEKEND CLASSES & ONE-ON-ONE CLASSES BY APPOINTMENT

CLASSES CONDUCTED IN HOME STUDIO, BICTON

Please contact Louise for details on: 0424 131 415
Email: louiseback@iinet.net.au
Website: louisemarieback.com.au
PIXIE STOTT CANTEEN

Canteen Open times:
- Mon and Fri: 8:10am-2:00pm.
- Tues and Wed: 8:10am-2:00pm. After school: 3:00pm-3:15pm.
- Thurs: 8:10am-1:30pm. After school: 2:10pm-2:30pm.

All Primary school students must order before school for morning tea and lunch.

**Menu for Term 1**

**Daily specials (must be ordered):**

<table>
<thead>
<tr>
<th>Day</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Vegetable chilli served with rice, corn chips, natural yoghurt and cheese.</td>
<td>$5.00</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Chicken and vegetable pie, vegetable pie, chicken korma pie, or chunky beef and vegetable pie.</td>
<td>$5.00</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Sushi hand rolls (gf &amp; egg free)- tuna and cucumber or avocado and mixed vegetables.</td>
<td>$4.00</td>
</tr>
<tr>
<td></td>
<td>Miso Soup.</td>
<td>$4.00</td>
</tr>
<tr>
<td>Thursday</td>
<td>Whole meal rolls - egg and salad, cheese and salad or ham and salad.</td>
<td>$4.50</td>
</tr>
<tr>
<td>Friday</td>
<td>Beef burger with salad or tempeh burger with salad.</td>
<td>$6.00</td>
</tr>
</tbody>
</table>

**Available everyday (items with a ★ must be ordered):**

**Savoury:**

- ★Veggie roll (gf). [$5.00]
- ★Beef pie (gf). [$5.50]
- Rice paper rolls. [$5.00]
- Spinach and ricotta rolls. [$4.50]
- Cheese and tomato toasties. [$2.50]
- ★Toasties (gf). [$3.00]
- ★Ham, cheese and tomato toasted sandwiches. [$3.50]
- ★Ham, cheese and tomato toasted sandwiches (gf). [$4.50]
- ★Pizza - vegetable or meat. [$3.00]
- Salad bowls. [$4.00]
- Boiled egg. [$1.00]
- Popcorn. [$0.50]

**Sweet:**

- Cakes (assorted variety) [$3.00]
- Bliss balls from [$1.00]
- Cookies from [$0.50]
- Fresh fruit from [$50c]
- Smooze (primary only after school) [$1.50]
- New Icy Poles (primary only after school) [$2.00]

**Drinks:**

*(Bring your own take away cup for 50c discount)*

<table>
<thead>
<tr>
<th>Item</th>
<th>Sm</th>
<th>Lg</th>
<th>Take away</th>
</tr>
</thead>
<tbody>
<tr>
<td>Slushies’ refund of 50c on return of small cup</td>
<td>$2.50</td>
<td>$4.00</td>
<td></td>
</tr>
<tr>
<td>Large juices</td>
<td></td>
<td>$3.50</td>
<td></td>
</tr>
<tr>
<td>Small juices</td>
<td></td>
<td>$2.50</td>
<td></td>
</tr>
<tr>
<td>Coconut water</td>
<td>Sm</td>
<td>$3.00</td>
<td>$4.00</td>
</tr>
<tr>
<td>Fresh coconuts</td>
<td></td>
<td></td>
<td>$4.50</td>
</tr>
<tr>
<td>Hot Chocolate</td>
<td></td>
<td></td>
<td>Sm $3.00 /  Mug $3.50 / Take away $4.50</td>
</tr>
<tr>
<td>Ice Chocolate</td>
<td></td>
<td></td>
<td>Mug $3.50 / Take away $4.50</td>
</tr>
<tr>
<td>Coffee</td>
<td></td>
<td></td>
<td>Mug $3.50 / Take away $4.50</td>
</tr>
<tr>
<td>Long Black</td>
<td></td>
<td></td>
<td>Mug $3.00 / Take away $4.00</td>
</tr>
<tr>
<td>Tea</td>
<td></td>
<td></td>
<td>Mug $2.00 / Take away $3.00</td>
</tr>
<tr>
<td>Herbal Tea</td>
<td></td>
<td></td>
<td>Mug $2.50 / Take away $3.50</td>
</tr>
</tbody>
</table>

*Almond or coconut milk extra $1.00*
Notice of Annual General Meeting and
Call for Nominations

The Annual General Meeting of
The Perth Waldorf School Association Incorporated
is to be held on Monday, 30th April, 2018 at 7:00pm
in the Williams Hall at the Perth Waldorf School.

AGENDA:

1. Welcome.
2. Acknowledgement of Traditional Owners.
3. Opening Verse.
4. Apologies.
5. Confirmation of Minutes of Annual General Meeting held on 29th April, 2017 *
6. Reports:
   a. Chair Report - Kewan Bond.
   b. Treasurer’s Report .
   c. Financial statements of the Association for year ended 31st December, 2017 *.
   d. Auditor’s Report *.
   e. Reports from the sub-committees of the Council - including the College of Teachers.
7. Adoption, or otherwise, of the Auditor’s report.
8. Determination of the number of Councillors to be elected and/or appointed at the AGM.
9. Election of Councillors:
   a. Chairperson;
   b. Vice-Chairperson;
   c. Election of Secretary;
   d. Treasurer; and
   e. at least two other members of the Council.

   [Note: See further information below. The new Council is invited to gather together briefly at the end of the meeting.]

10. The appointment of two College Councillors pursuant to decisions made by those members of the Association who are also members of the College of Teachers.
12. Proposed amendments to the Constitution

   [Note: See further information below.]

13. Any other special business brought forward to the AGM by the outgoing Council.
14. Setting the date for the 2019 Annual General Meeting.
15. Closing Verse.

* Copies of these documents will be available at the AGM, at the school office, and on the school website (www.pws.wa.edu.au) one week before the AGM by clicking on School Information, AGM 2018.
CALL FOR NOMINATIONS FOR COUNCIL POSITIONS (ITEM 9 IN THE AGENDA)

The Perth Waldorf School Association Incorporated ("PWS") object is to provide for and conduct the education of children in accordance with the principles, practices and methods indicated by Rudolf Steiner. The Council of PWS is responsible for the governance of the Association, and the management of the business and affairs of the Association. Councillors are made up of the following:

- not less than six (6) and not more than twelve (12) Councillors;
- shall include two (2) College Councillors (appointed by College of Teachers);
- shall include at least four (4) Parent Members; and
- in any event will not include more Teachers (who may be College Councillors, other College Members of Teaching faculty Members) than are equal to one third of the total number of Councillors at any time.

Expectations of councillors

Councillors are expected to:

- be strong supporters of the school and its approach to education;
- be committed to attendance of Council meetings (currently, these meetings are generally held about once per month);
- be prepared to participate on various sub-committees that are set up by the Council from time to time;
- be prepared for each Council meeting by reading the reports for each meeting;
- have an ability to understand issues and a willingness to be involved in the decision-making processes in respect of the role of Council;
- provide a Police Clearance at their own expense; and
- confirm that they have not been declared Bankrupt.

At the Annual General Meeting, all Councillors retire from office at each Annual General Meeting and are eligible for re-election. Members of the Association are invited to nominate Members to serve on Council as Councillors. Councillors do not need to have a long history with the school, or a deep understanding of Anthroposophy.

Elections are then held for the positions of Chairperson, Vice Chairperson, Secretary, Treasurer and at least two other Members of Council (known as "ordinary councillors") are to be elected from amongst the nominated Candidates. Members have the opportunity to elect up to ten (10) Councillors. Any Member of the PWS Association, including parents and teaching staff, can be nominated to serve as a Councillor. If you would like more information about joining council, then please contact the School Office.

The existing Councillors are Kewan Bond, Laila Hinsman, Peter Finlay, Zacharia Leithhead, Mark Phillips, David Rosling, Paul Shanahan and Peter Franklyn.

School management staff often attend and participate in Council meetings when invited, but are not entitled to vote.

A Member cannot be elected to Council without their express consent.

Nominations for the election of a Member to Council must also be seconded by another Member.

Nominations and seconds for the election of a Member to Council may be given by Members who are present at the AGM. A Member may also consent to being a candidate for election at the AGM. However, Members who will not be present at the AGM but who wish to:

a) stand as candidates for election at the AGM;
b) nominate another Member for election to Council at the AGM; or
c) second another Member for election for Council at the AGM,

in absentia, should ensure that a nomination form for the election of that Member to Council has been completed and lodged with the Secretary of the Association before the commencement of the AGM.

Nomination forms are available from the school office and on the school website.

(Continued on next page...)
Members who wish to submit a nomination form are requested to submit the completed form to the Secretary by post or email by **4:00 pm on Tuesday, 24th April, 2018.**

Nomination forms can be emailed to **jray@pws.wa.edu.au** or posted to:

The School Council Secretary  
PO Box 1247  
BIBRA LAKE  WA  6965

and should be clearly marked 'Council nomination'.

**PROPOSED AMENDMENTS TO THE CONSTITUTION (ITEM 12 IN THE AGENDA)**

A copy of the proposed amended constitution, which has been 'marked up' to show the proposed amendments to the current constitution, (the "Proposal") can be viewed on the school's website at:


Copies of the Proposal can also be requested from the School's Office, and will also be available at the AGM. However, Members who are interested in the proposed amendments to the Constitution:

   a) are requested to give careful consideration to the Proposal in advance of the AGM; and  
   b) are also invited to provide the Council with their comments on the Proposal, by:

- emailing those comments to Paul Shanahan (a member of Council) at 'pshanahan@claytonutz.com' before the next Council meeting Tuesday, 20th March, 2018 or by
- meeting with members of the Council's working group on the Constitution at Seeker's Place at 6:30pm Tuesday, 20th March, 2018 which will be immediately before that Council meeting.
These labels are a requirement from the Department of Health for parents baking and donating cakes for the Easter Market.

Please fill out a label below with all ingredients used, cut your label out and attach to your donated cake. Ensure you include: flour, shortening, eggs and nuts. Don’t forget to label your plates, dishes, etc and collect them at the end of the day.

Your cakes may be dropped off at the Canteen on the day.

If you have any questions regarding the Easter Market please contact Gabby on 0439 919 926.

Thank you!

<table>
<thead>
<tr>
<th>Ingredients:</th>
<th>Ingredients:</th>
<th>Ingredients:</th>
<th>Ingredients:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ingredients:</th>
<th>Ingredients:</th>
<th>Ingredients:</th>
<th>Ingredients:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ingredients:</th>
<th>Ingredients:</th>
<th>Ingredients:</th>
<th>Ingredients:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Ingredients:</th>
<th>Ingredients:</th>
<th>Ingredients:</th>
<th>Ingredients:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>